Cabled Vest

Eco+

Designed by Deborah Newton

Knitting Pattern A434 – Intermediate

Sizes:

XSmall (Small, Medium, Large, X-Large, 2X-Large), to fit bust 31-33 (34-37, 38-41, 42-45, 46-48, 49-52)”

Choose your size based on how much ease you prefer, at least 6-8” beyond your body measurements.

Sample in size Small, second size.

Materials:

Cascade Yarns® ECO+ – 100% Peruvian Highland Wool, 250 g (8.82 oz), 478 yds (437 m)

Color:

#3189 Wisteria - 2 (2, 3, 3, 4, 4) skeins

Tools:

- US 10 (6 mm) knitting needles or size to obtain gauge
- US 9 (5.5 mm) circular knitting needle, 24” long, or size to obtain gauge
- Yarn needle
- 4 stitch markers
- Cable needle (cn)

Finished Measurements:

Finished bust at underarm, after seaming: 38 (42, 48, 53, 58, 64)”

Length from outer shoulder 21.5 (22, 22.5, 23, 23.5, 24)”

Total length from Back neck 23.5(24, 24.5, 25, 25.5, 26)”

Gauge:

17 sts x 21 rows = 4” (10 cm) Blocked in Textured Pattern with size 10 (6 mm) needles.

Abbreviations:

BO - Bind off
Cn - Cable needle
Circ - Circular
CO - Cast on
K - Knit
Keep - Keeping
K2tog - Knit 2 stitches together
P - Purl
P2tog - Purl 2 stitches together
PM - Place marker
RS - Right side
St(s) - Stitch(es)
WS - Wrong side

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16 sts x 21 rows = 4” (10 cm) Blocked in Reverse Stockinette stitch with size 10(6 mm) needles.

Cable panel, blocked, over 43 sts should equal 8.5” wide.

To save time, take time to check gauge.

PATTERNS:

Stockinette Stitch (St st): over any number of sts.

K RS rows, P WS rows.

Reverse Stockinette Stitch (Rev St st): over any number of sts.

P RS rows, K WS rows.

Charts:

See charts on pages 4 and 5.

See Keys for symbols for Textured pattern and Cable Panel.

Read odd-numbered RS chart rows from right to left. Read even-numbered WS chart rows from left to right.

Textured pattern (see chart on page 4): multiple of 7 sts plus 4

Cable panel (see chart on page 5): over 43 sts.

Notes: Front and Back are worked separately and seamed at shoulders. Armhole rib is worked back and forth next; then sides are seamed. Neckline ribbing is worked last, in the round.

VEST

Back:

With smaller size 9 needle, cast on 89 (99, 111, 121, 131, 143) sts with longtail method.

Next row (WS): P2, K2, P1, * K1, p1; rep from * to last 4 sts, end K2, P2.

Next row (RS): K2, P2, K1, * p1, k1; rep from * to last 4 sts, end P2, K2.

Rep the last 2 rows until piece measures 2”, end with a RS row.

Next row (WS): P, dec 7(7, 5, 6, 5, 5) sts evenly spaced – 82(92, 106, 115, 126, 138) sts.

Change to larger size 10 needle.

Set up pattern:

Next row (RS): K2 (edge sts: keep in St st), PM,

P 2(0, 0, 1, 3, 2) sts in Rev St st, PM,

work in Textured pat over center 74(88, 102, 109, 116, 130) sts, PM,

P 2(0, 0, 1, 3, 2) in Rev St st, PM, end K2 (edge sts: keep in St st) – 82(92, 106, 115, 126, 138) sts.

Work even in pats as est until piece measures 12” total, 10” above ribbing, end with a WS row.

Armhole shaping:

Keep in pat, BO 9(9, 9, 11, 10, 10) sts at beg of next 2 rows – 64(74, 88, 93, 106, 118) sts.

Work even until Armhole depth measures 9.5(10, 10.5, 11, 11.5, 12)”, end with a WS row.

Shoulder shaping:

Bind off 3(4, 5, 5, 7, 8) sts at the beg of the next 8 rows, then BO 4(4, 6, 7, 5, 6) on the next 2 rows – 32(34, 36, 39, 40, 42) sts. BO on next RS row.

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Front:

With smaller size 9 needle, cast on 89 (99, 111, 121, 131, 145) sts with longtail method.

Next row (WS): P2, K2, P1, * K1, p1; rep from * to last 4 sts, end K2, P2.

Next row (RS): K2, P2, K1, * p1, k1; rep from * to last 4 sts, end P2, K2.

Rep the last 2 rows until piece measures 2", end with a RS row.

Next row (WS): P89 (99, 111, 121, 131, 145) sts.

Change to larger size 10 needle.

Next row (RS): K2 (edge sts: keep in St st), PM,

P 2(0, 0, 3, 2, 2) sts in Rev St st, PM, work in Textured pat over 18(25, 32, 32, 39, 46) sts, PM,

P 1(1, 0, 2, 1, 1) sts in Rev St st, PM, work Row 1 of Cable chart over 43 sts, PM,

P 1(1, 0, 2, 1, 1) sts in Rev St st, PM,

work in Textured pat over 18(25, 32, 32, 39, 46) sts, PM,

P 2(0, 0, 3, 2, 2) sts in Rev St st, PM, end K2 (edge st: keep in St st) – 89(99, 111, 121, 131, 145) sts.

Work even in pats as est until piece measures 10" above ribbing, 12" total, same as Back to Armhole, end with a WS row.

Armhole shaping:

Keeping in pat, BO 9(9, 9, 11, 10, 10) sts at the beg of the next 2 rows – 71(81, 93, 99, 111, 125 sts.

Work even until Armhole depth measures 6.5(7, 7.5, 8, 8.5, 9)", end with a WS row.

Front neck shaping:

Mark center 11(13, 13, 17, 17, 21) sts.

Next row (RS): work as est to center marked sts and join a second ball of yarn, BO center 11(13, 13, 17, 23, 21) sts, work to end.

Working both sides at same time with separate balls, BO 3 sts from each neckline edge 2 times, then 2 sts 4 times – 16(20, 26, 27, 30, 38) sts.

Work even until Armhole depth measures 9.5(10, 10.5, 11, 11.5, 12, 12.5)", same as Back to shoulder, end with a WS row –16(20, 26, 27, 33, 38) sts.

Shoulder shaping:

From each shoulder, BO 3(4, 5, 5, 7, 8) sts at the beg of the next 4 rows, then BO rem 4(4, 6, 7, 5, 6) sts on last row.

FINISHING

Steam pieces lightly, holding iron above fabric surface. Do not apply pressure.

Sew Front to Back at shoulders: note that pat may not match exactly where Front and Back meet.

Right Armhole ribbing:

With RS of Right Front facing and size 9 needle, beg at BO along armhole edge, PU 91(97, 103, 109, 115, 121) sts along entire armhole edge to Back BO sts.

Next row (WS): P2, K1, * P1, K1; rep from * to last 2 sts, end p2.

Next row (WS): P2, K1, * P1, K1; rep from * to last 2 sts, end p2.

Rep the last 2 rows until rib measures 2(2, 2, 2.75, 2.5, 2.5)". BO in rib.

Rep on Left armhole.

Sew side seams; sew side edges of ribbing to BO sections at lower armhole.

Neckline ribbing:

With RS of Back facing, beg at Right shoulder and size 8 circ needle, PU 35(37, 37, 41, 41, 45) sts along back neck to Left Shoulder, then PU 61(65, 65, 69, 69, 77) sts to beg – 96(102, 102, 110, 110, 122) sts.

Work in rnds of K1, P1 rib until rib measures 1.25".

BO in rib.

Weave in all ends.

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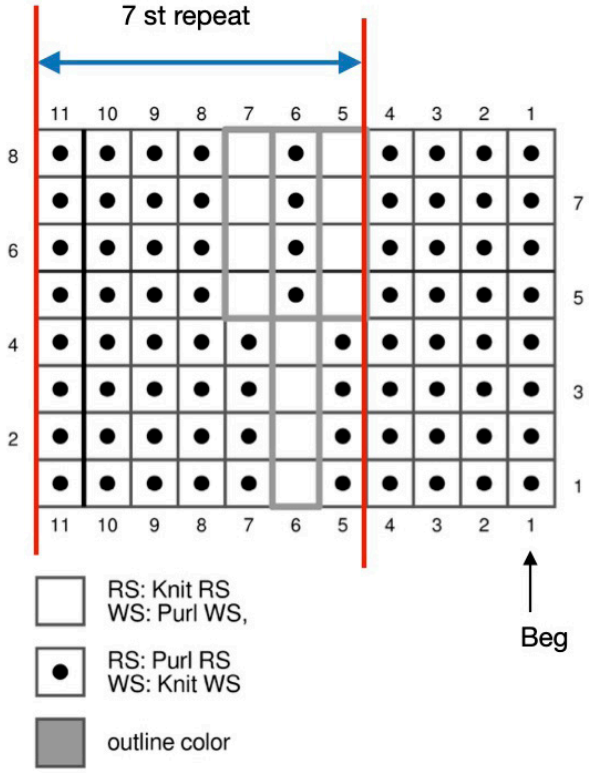
Textured Pattern Chart



Multiple of 7 plus 4

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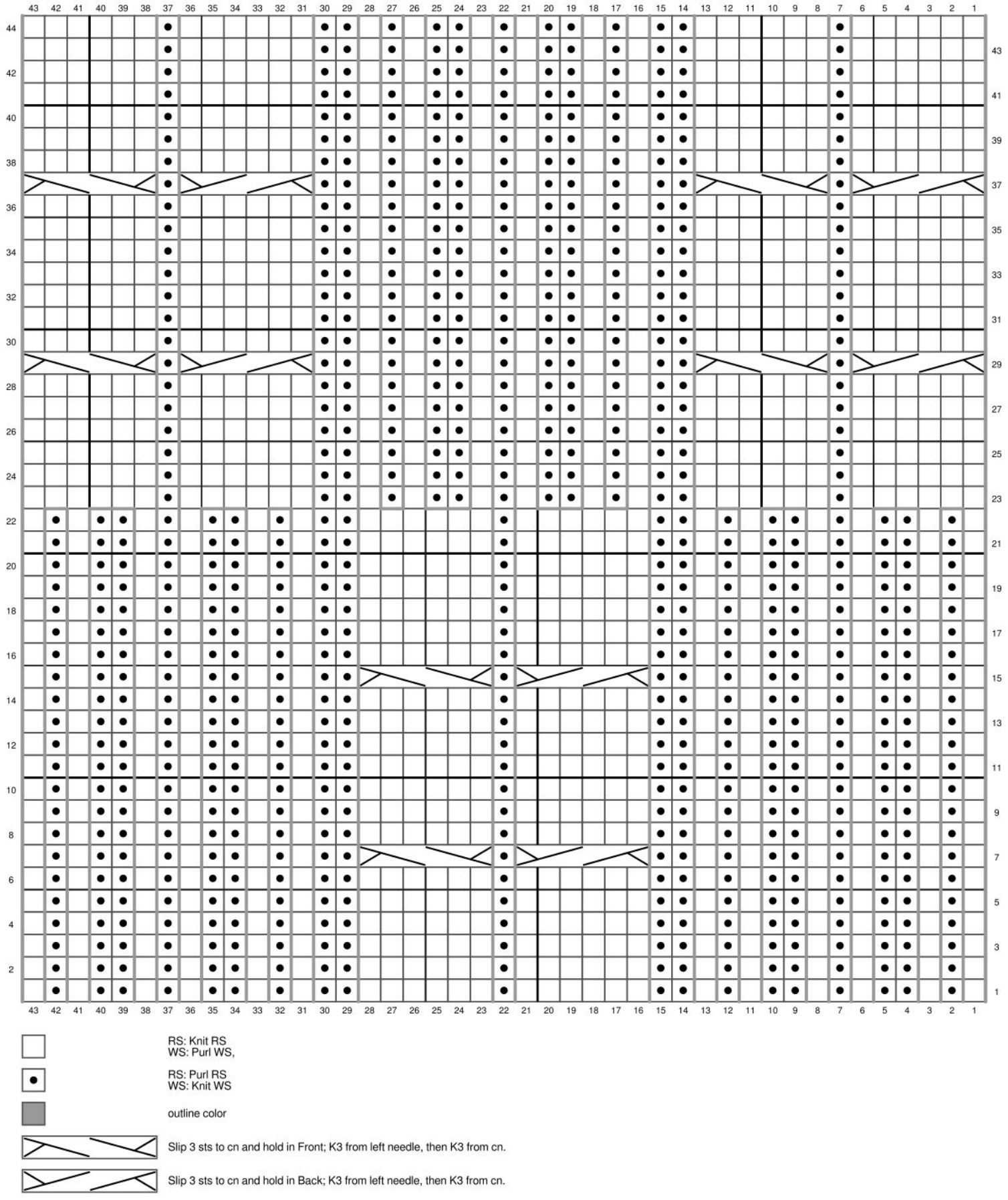
Cable Panel Chart



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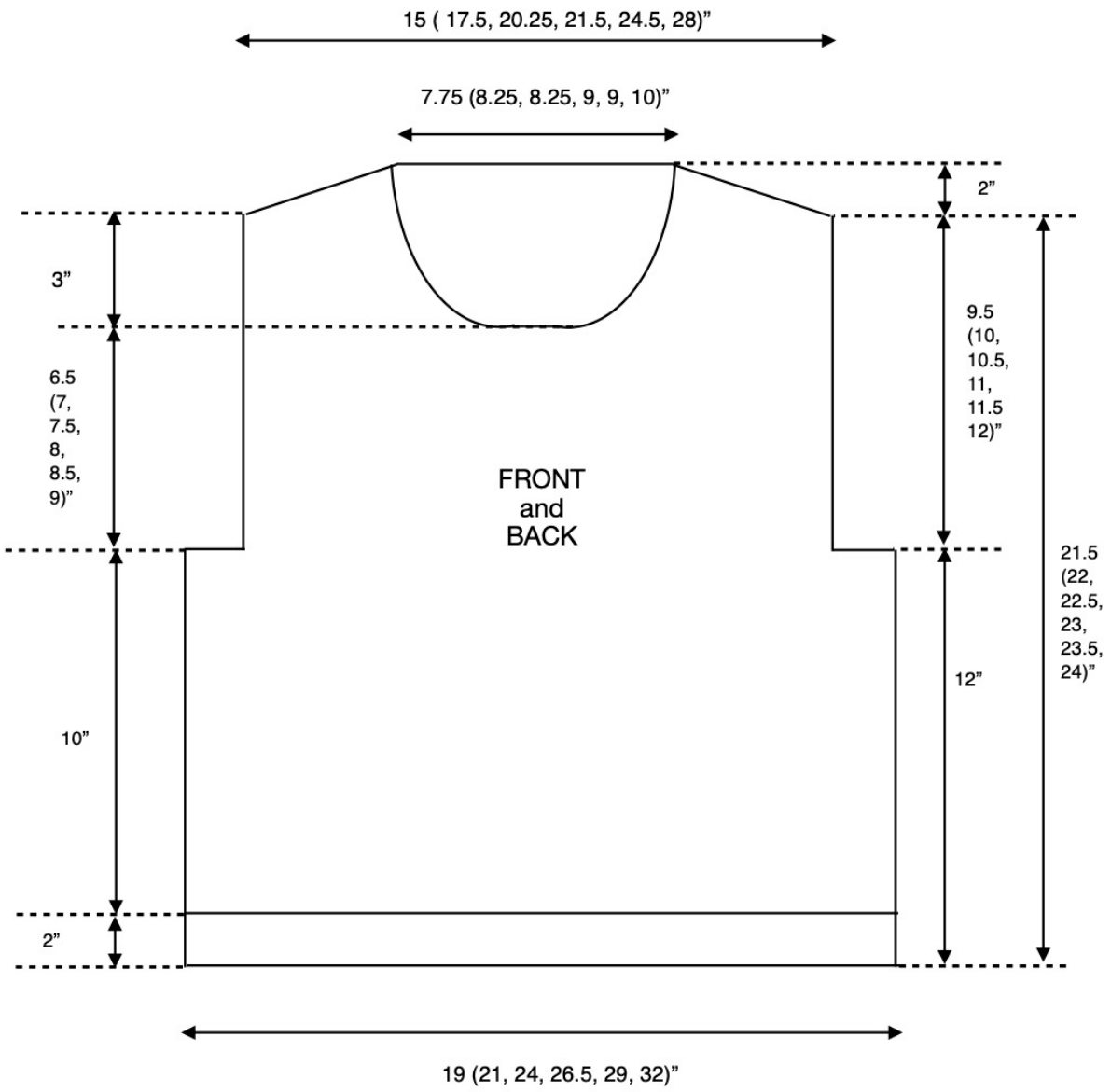
Schematic



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