Café Pullover

ReSolve

Designed by Therese Chynoweth

Knitting Pattern DK764 - Intermediate

Sizes:

XS (S, M, L, XL, 2XL, 3XL)

With 4-6” of positive ease.

Materials:

- Cascade Yarns® ReSolve: 68% Recycled Nylon, 32% Recycled Alpaca; 100 g (3.5 oz) / 246 yds (225 m); 5 (5, 6, 6, 7, 7, 8) Skeins color #18 Blue Fog
- US 6 (4 mm) circular needles, 16” (40 cm) and 32” (80 cm) long or size to obtain gauge
- US 6 (4 mm) double pointed needles or size to obtain gauge
- Cable needle
- Stitch markers
- Stitch holders
- Yarn needle

Finished Measurements:

Bust: 35¼ (38½, 41½, 44¾, 51¼, 54½, 57½)”/89.5 (98, 105.5, 113.5, 130, 138.5, 146) cm

Length: 23½ (24, 24½, 25, 25½, 26, 26½)”/59.5 (61, 62, 63.5, 65, 66, 67.5) cm

Gauges:

20 sts x 25 rows/rounds = 4” (10 cm) blocked, in stockinette stitch;

25 sts x 29 rounds = 4” (10 cm) blocked, in cable pattern

Special Stitches:

Cable Pattern: (multiple of 20 sts)

Rnds 1, 3, 5, 7, 9, 11, 13, and 15: *P3, k8, p3, k6; rep from * to end of rnd.

Abbreviations:

BO = bind off
cn = cable needle
CO = cast on
cont = continue
cn = cable needle
dec = decrease(d)
dpn = double pointed needles
DS = double stitch
k = knit
p = purl
patt = pattern
pm = place marker
rem = remain
rep = repeat
rnd(s) = round(s)
RS = right side
st(s) = stitch(es)
St st = stockinette stitch
WS = wrong side

Thank you for downloading our free pattern. Find us online at https://www.cascadeyarns.com or on social:

All images, text and illustration(s) © Cascade Yarns® 2023

Rnd 2: *P3, 2/2 RC, 2/2 LC, p3, 2/2 LC, k2; rep from * to end of rnd.

Rnd 4: *P3, k8, p3, k2, 2/2 LC; rep from * to end of rnd.

Rnd 6: Repeat Rnd 2.

Rnd 8: Repeat Rnd 4.

Rnd 10: *P3, 2/2 LC, 2/2 RC, p3, 2/2 LC, k2; rep from * to end of rnd.

Rnd 12: Repeat Rnd 4.

Rnd 14: Repeat Rnd 10.

Rnd 16: Repeat Rnd 4.

Repeat Rnds 1 – 16 for Cable Pattern.

Note: See pattern instructions for setting up the cable pattern on the body and sleeves for your size.

2/2 LC: Slip 2 sts to cn and hold in front, k2, then k2 from cn.

2/2 RC: Slip 2 sts to cn and hold in back, k2, then k2 from cn.

M1L: Insert left needle under strand between stitches, from front to back, then knit through the back loop.

M1R: Insert left needle under strand between stitches, from back to front, then knit through the front loop.

Special Techniques:

German Short-Rows: Work to the spot where the work is to be turned, then turn. With the yarn in front, lip the first stitch purlwise, lift the yarn over the top of the needle to the back and pull tight to bring both legs of the slipped stitch over the top of the needle to create a double stitch (DS). If the next stitch is a knit stitch, leave the yarn in back and knit the next stitch; if the next stitch is a purl stitch, bring the yarn under the needle to the front and purl the next stitch. When working over each DS on following rows, on RS rows knit both legs of the DS together as if to k2tog, or on WS rows purl both legs of the DS together as if to p2tog. Each DS counts as one stitch.

Three-Needle Bind-Off: Place stitches for front and back of same shoulder on double pointed needles. Holding both needles in left hand with RS together (WS of both pieces face out), and third needle in right hand, knit together first stitch on both needles, *knit together the next 2 stitches on left needle, lift first st over second st and off right needle to bind off 1 stitch; repeat from * until 1 stitch remains on right needle. Cut yarn and pull through remaining stitch.

Notes: The body of this sweater is worked in the round from the bottom up, then divided at the armholes. The sleeves are worked in the round from the cuff up, then after binding off at the beginning of the armhole, the cap is worked back and forth.

Begin Pattern:

Body:

With longer circular needle, CO 220 (240, 260, 280, 320, 340, 360) sts. Pm and join to work in the rnd, being careful not to twist sts.

Sizes S (L, XL, 3XL) only

Rnd 1: *K4, p3, k6, p3, k4; rep from * to end of rnd.

Rnd 2: *2/2 LC, p3, 2/2 LC, k2, p3, 2/2 RC; rep from * to end of rnd.

Rnd 3: Repeat Rnd 1.

Rnd 4: *K4, p3, k2, 2/2 LC, p3, k4; rep from * to end of rnd.

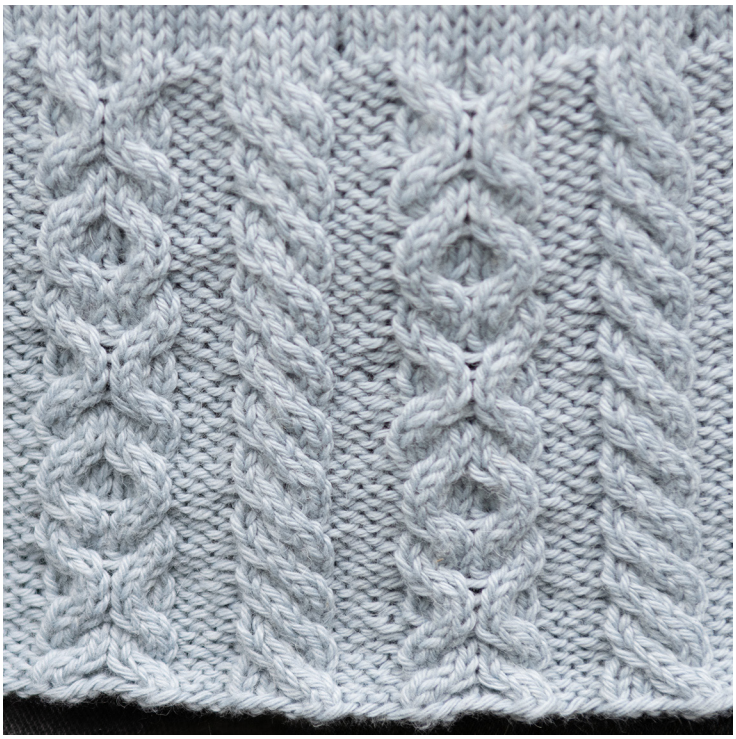
Sizes XS (M, 2XL) only

Rnd 1: *p3, k6, p3, k8; rep from * to end of rnd.

Rnd 2: *P3, 2/2 LC, k2, p3, 2/2 RC, 2/2 LC; rep from * to end of rnd.

Rnd 3: Repeat Rnd 1.

Rnd 4: *P3, k2, 2/2 LC, p3, k8; rep from * to end of rnd.



All images, text and illustration(s) © Cascade Yarns® 2023

All sizes:

Cont with Rnd 5, work in established cable patt until piece measures 6”/15 cm from beginning, ending with Rnd 3, 7, 11 or 15 of Cable Pattern.

Dec rnd: Knit and dec 44 (48, 52, 56, 64, 68, 72) sts around (2 sts over each cable) – 176 (192, 208, 224, 256, 272, 288) sts rem. Note: decreases look best if worked near where cables cross.

Pm after 88 (96, 104, 112, 128, 136, 144) sts.

Cont in St st until piece measures 16”/40.5 cm from beginning, ending last rnd 4 (5, 6, 7, 11, 12, 14) sts before end of rnd.

Divide Front and Back:

Next rnd: BO 8 (10, 12, 14, 22, 24, 28) sts, knit to 4 (5, 6, 7, 11, 12, 14) sts before next marker, BO 8 (10, 12, 14, 22, 24, 28) sts, then knit to end of rnd – 80 (86, 92, 98, 106, 112, 116) sts rem each for front and back. Place front sts on holder.

Back:

Working back and forth, cont St st and BO 3 sts at beginning of next 2 rows, then 2 sts at beginning of next 2 (2, 2, 2, 4, 4, 4) rows, then dec 1 st each end of every RS row 2 (3, 4, 5, 5, 6, 6) times – 66 (70, 74, 78, 82, 86, 90) sts rem.

Cont even until armholes measure 6¼ (6¾, 7¼, 7¾, 8¼, 8¾, 9¼)”/16 (17, 18.5, 19.5, 21, 22, 23.5) cm, ending with a WS row.

Pm each side of center 28 (30, 30, 32, 32, 34, 34) sts

Shape Neck and Shoulders:

Short-row 1 (RS): Knit to last 3 (4, 4, 4, 5, 5, 6) sts, turn.

Short-row 2 (WS): DS, purl to marker, join a second ball of yarn and BO 28 (30, 30, 32, 32, 34, 34) sts, then purl to last 3 (4, 4, 4, 5, 5, 6) sts, turn.

Short-row 3: DS, knit to neck; other side, BO 3 sts, then knit to 4 (4, 4, 5, 5, 5, 6) sts before last turn, then turn.

Short-row 4: DS, purl to neck; other side, BO 3 sts, then purl to 4 (4, 4, 5, 5, 5, 6) sts before last turn, then turn.

Short-row 5: DS, knit to 2 sts before neck, k2tog; other side, ssk, knit to 4 (4, 5, 5, 5, 6, 6) sts before last turn, then turn.

Short-row 6: DS, purl to neck; other side, purl to 4 (4, 5, 5, 5, 6, 6) sts before last turn, then turn.

Short-row 7: DS, knit to neck; other side, knit to end of row and knit both legs of each DS together, then place these 15 (16, 18, 19, 21, 22, 24) sts on holder.

Next row: Purl to end of row and purl both legs of each DS together, then place these 15 (16, 18, 19, 21, 22, 24) sts on holder.

Front:

Return held front sts to longer circular needle. Join yarn to beg with a WS row.

Shape armholes same as back, then work even until armholes measure 4 (4¼, 4¾, 4¾, 5¼, 5½, 6)”/10 (11, 12, 12, 13.5, 14, 15) cm, ending with a WS row – 66 (70, 74, 78, 82, 86, 90) sts rem.

Pm each side of center 14 (14, 14, 16, 16, 18, 18) sts.

Shape Neck:

Next row (RS): Knit to marker, join a second ball of yarn and BO 14 (14, 14, 16, 16, 18, 18) sts, then knit to end of row – 26 (28, 30, 31, 3, 34, 36) sts rem for each side.

Working both sides at the same time with separate balls of yarn, BO at each neck edge 3 sts once, 2 sts twice, then dec 1 st at each neck edge every RS row 4 (5, 5, 5, 5, 5, 5) times – 15 (16, 18, 19, 21, 22, 24) sts rem for each side.

AT THE SAME TIME, when armholes measure 6¼ (6¾, 7¼, 7¾, 8¼, 8¾, 9¼)”/16 (17, 18.5, 19.5, 21, 22, 23.5) cm, shape shoulders same as for back.

Sleeves:

With dpn, CO 52 (52, 54, 54, 56, 56, 58) sts. Pm and join to work in the rnd, being careful not to twist sts.

Sizes XS (S, M, L) only

Rnd 1: P2 (2, 3, 3), *k8, p3, k6, p3; rep from * once more, k8, p2 (2, 3, 3).

Rnd 2: P2 (2, 3, 3), *2/2 RC, 2/2 LC, p3, 2/2 LC, k2, p3; rep from * once more, 2/2 RC, 2/2 LC, p2 (2, 3, 3).

Rnd 3: Repeat Rnd 1.

Rnd 4: P2 (2, 3, 3), *k8, p3, k2, 2/2 LC, p3; rep from * once more, k8, p2 (2, 3, 3).

Sizes XL (2XL, 3XL) only

Rnd 1: K1 (1, 2), *p3, k8, p3, k6; rep from * once more, p3, k8, p3, k1 (1, 2).

Rnd 2: K1 (1, 2), *p3, 2/2 RC, 2/2 LC, p3, 2/2 LC, k2; rep from * once more, p3, 2/2 RC, 2/2 LC, p3, k1 (1, 2).

All images, text and illustration(s) © Cascade Yarns® 2023

Rnd 3: Repeat Rnd 1.

Rnd 4: K1 (1, 2), *p3, k8, p3, k2, 2/2 LC; rep from * once more, p3, k8, p3, k1 (1, 2).

All sizes:

Cont with Rnd 5, work in established cable patt until piece measures 6”/15 cm from beginning, ending with Rnd 3, 7, 11 or 15 of Cable Pattern.

Dec rnd: Knit and dec 5 sts (1 st over each cable) around – 47 (47, 49, 49, 51, 51, 53) sts rem.

Cont in St st and work 7 (5, 3, 3, 3, 1, 1) rnd(s) even.

Inc rnd: K1, M1L, knit to last st, M1R, k1 – 2 sts inc.

Repeat the Inc Rnd every 8 (6, 4, 4, 4, 2, 2) rnds 6 (2, 2, 5, 15, 9, 12) more times, then every 0 (8, 6, 6, 0, 4, 4) rnds 0 (6, 8, 7, 0, 11, 10) times – 61 (65, 71, 75, 83, 93, 99) sts.

Note: Change to shorter circular needle when there are too many sts to work on dpn.

Work even until piece measures 16½ (17, 17, 17½, 17½, 18)”/42 (43, 43, 44.5, 44.5, 45.5) cm from beginning, ending last rnd 4 (5, 6, 7, 11, 12, 14) sts before end of rnd.

Shape Cap:

BO 8 (10, 12, 14, 22, 24, 28) sts, then knit to end of rnd – 53 (55, 59, 61, 61, 69, 71) sts rem.

Working back and forth, BO 3 sts at beginning of next 2 rows, then 2 sts at beginning of next 4 (4, 4, 4, 4, 6, 6) rows – 39 (41, 45, 47, 47, 51, 53) sts rem.

Dec 1 st each end of every RS row 8 (8, 10, 11, 13, 12, 14) times – 23 (25, 25, 25, 21, 27, 25) sts rem.

BO 2 sts at beginning of next 2 (2, 2, 2, 4, 2, 2) rows, then 3 sts at beginning of next 2 (2, 2, 2, 0, 2, 2) rows – 13 (15, 15, 15, 13, 17, 15) sts rem.

BO rem sts.

Finishing:

Weave in ends. Block pieces to measurements.

Join shoulders using Three-Needle Bind-Off.

Neckband:

With shorter circular needle and RS facing, pick up and knit 50 (54, 54, 58, 58, 62, 62) sts along front neck edge, then 44 (46, 46, 48, 48, 50, 50) sts along back neck edge – 94 (100, 100, 106, 106, 112, 112) sts. Pm and join for working in the rnd.

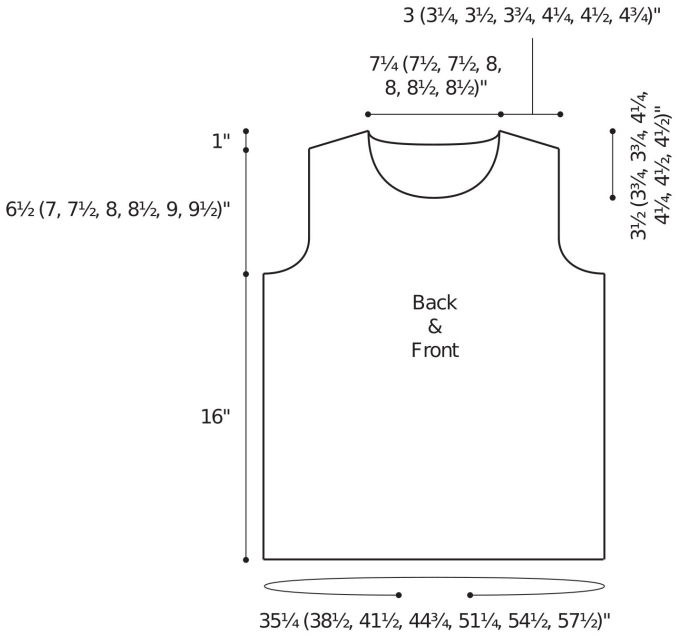
Rnd 1: *K1, p1; rep from * to end of rnd.

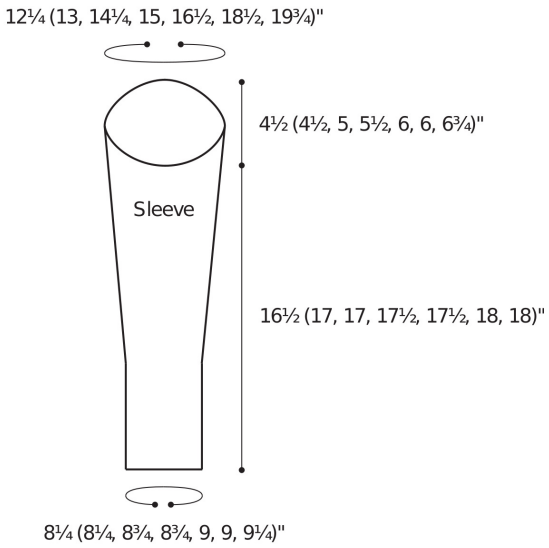
Repeat last rnd 5 more times.

BO loosely in rib.

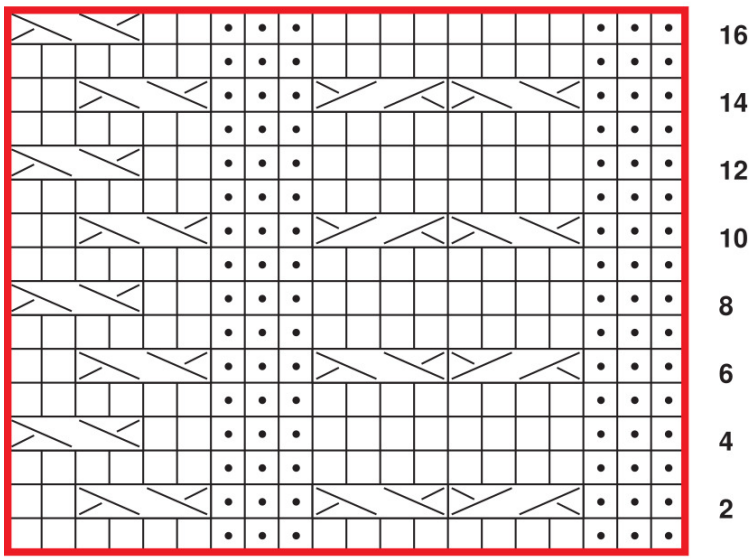
Sew in sleeves.

All images, text and illustration(s) © Cascade Yarns® 2023





Cable Pattern



Knit on RS, purl on WS

Purl on RS, knit on WS

2/2 LC

2/2 RC

Repeat

Note: see pattern for beginning the body and cuffs for each size

All images, text and illustration(s) © Cascade Yarns® 2023