Category: Knitted Sweaters and Tops\Knitted Cardigans

Cascade BFL Mock Aran Poncho

Designed by Sherril Steele-Carlin

Skill Level:

INTERMEDIATE

Size:
One adult size

Finished Measurements:

Appx. 8” x 20 ½” x 33”

Materials:

- Cascade Yarns® Cascade BFL; 100% Blue Faced Leicester Wool; 100 g (3.5 oz) / 262 yds (240 m)
- 6 skeins #13 (Desert Sage)
- US 6 (4.0 mm) 16” and 47” circular knitting needles
- 50+ Stitch markers
- Yarn needle

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Cascade BFL

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Gauge

22 sts = 4 inches unblocked, in stockinette stitch

Abbreviations

B/O	= Bind off
C/O	= Cast on
K	= Knit
K-tbl	= Knit through back loop
M1	= Make one
P	= Purl
PM	= Place marker
RS	= Right side
2CB	= 2 Cable Back
2CF	= 2 Cable Front
MC	= Mock Cable
T2B	= Twist 2 Back
T2F	= Twist 2 Front
Sl St	= Slip stitch
Sm	= Slip marker
S(ts)	= Stitches
WS	= Wrong side

Special Stitches:

2CB = 2 Cable Back (Knit into front of 2nd stitch on needle, then knit 1st stitch, slipping both stitches off needle at the same time.)

2CF = 2 Cable Front (Knit into back of 2nd stitch on needle, then knit 1st stitch, slipping both stitches off needle at the same time.)

MC = Mock Cable (Knit into 4th stitch on LH needle, then into 3rd stitch, then into 2nd stitch, then into 1st stitch, then slip all stitches off needle at the same time.)

T2B = Twist 2 Back (Knit into front of 2nd stitch on needle, then purl 1st stitch, slipping both stitches off needle at the same time.)

T2F = Twist 2 Front (Purl into back of 2nd stitch on needle, then knit 1st stitch, slipping both stitches off needle at the same time.

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Stitch Patterns:

Pattern One: Mock Aran Stitch

(Multiple of 17 stitches)

Rounds 1-2 (RS): K1, p6, k3, p6, k1 (17 sts).
Rounds 3-4: K1, p5, k5, p5, k1 (17 sts).
Rounds 5-6: K1, p4, [k3, p1] twice, p3, k1 (17 sts).
Rounds 7-8: K1, p3, k3, [p1, k1] twice, k2, p3, k1 (17 sts).
Rounds 9-10: K1, p2, k3, [p1, k1] 3 times, k2, p2, k1 (17 sts).
Rounds 11-12: K1, p1, k3, [p1, k1] 4 times, k2, p1, k1 (17 sts).
Rounds 13-14: K4, [p1, k1] 5 times, k3 (17 sts).
Rounds 15-16: K1, p1, k3, [p1, k1] 4 times, k2, p1, k1 (17 sts).
Rounds 17-18: K1, p2, k3, [p1, k1] 3 times, k2, p2, k1 (17 sts).
Rounds 19-20: K1, p3, k3, [p1, k1] twice, k2, p3, k1 (17 sts).
Rounds 21-22: K1, p4, [k3, p1] twice, p3, k1 (17 sts).
Rounds 23-24: K1, p5, k5, p5, k1 (17 sts).

Pattern Two: Diamonds Stitch

(Multiple of 14 stitches)

Round 1 (RS): S1, p5, 2CB, p5, s1 (14 sts).
Round 2: [K1, p5, k1] twice (14 sts).
Round 3: S1, p4, 2CB, C2F, p4, s1 (14 sts).
Round 4: K1, p4, k4, p4, k1 (14 sts).
Round 5: S1, p3, 2CB, k2, C2F, p3, s1 (14 sts).
Round 6: K1, p3, k6, p3, k1 (14 sts).
Round 7: S1, p2, 2CB, k4, C2F, p2, s1 (14 sts).
Round 8: K1, p2, k8, p2, k1 (14 sts).
Round 9: S1, k1, 2CB, k6, 2CB, k1, s1 (14 sts).
Round 10: K14 (14 sts).
Round 11: S1, p2, T2F, k4, T2B, p2, s1 (14 sts).
Round 12: K1, p2, k8, p2, k1 (14 sts).
Round 13: S1, p3, T2F, k2, T2B, p3, s1 (14 sts).
Round 14: K1, p3, k6, p3, k1 (14 sts).
Round 15: S1, p4, T2F, T2B, p4, s1 (14 sts).
Round 16: K1, p4, k4, p4, k1 (14 sts).

Pattern Three: Mock Cable

(Multiple of 8 stitches)

Rounds 1-4 (RS): P2, k4, p2 (8 sts).
Round 5: P2, MC, p2 (8 sts).
Round 6: P2, k4, p2 (8 sts).

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Pattern Four: Rice Stitch

(Multiple of 3 stitches)

Round 1 (RS): P1, k-tbl, p1 (3 sts).
Round 2: P3 (3 sts.)

Pattern Note: I used a backward loop increase instead of a M1. I find it easier to do, and it seems to "nestle" into the pattern better, and not leave so much of a gap as other increases. You can find many instructions online on how to do the backward loop, but you can use any type of increase you'd like, that will fit with the pattern.

Needle Note: Since you're not using a cable needle, one important note is that a really pointy needle is a necessity for this pattern. You need that nice, thin point to pick up the yarn for the twists, and a thicker needle just will frustrate you. A needle designed for lace would be perfect here

Instructions:

With 16-inch needle, cast on 150 stitches. Join to work in the round, being careful not to twist, pm. Work in K2, p2 rib for 4 inches, or appx 28 rows.

Begin pattern as follows:

Row 1: Rice Stitch 7 stitches, pm (make sure this marker stands out from the other Rice Stitch marker, as you will be using this marker for the increase rows.) Rice Stitch 7 stitches, pm, Mock Cable, 8 stitches, pm, Diamonds, 14 stitches, pm, Mock Aran, 17 stitches, pm, Diamonds, 14 stitches, pm, Mock Cable, 8 stitches, pm, Rice Stitch, 7 stitches, pm, (make sure it stands out) Rice Stitch, 7 stitches, pm, Mock Cable, 8 stitches, pm, Diamonds, 14 stitches, Mock Aran, 17 stitches, pm, Diamonds, 14 stitches, pm, Mock Cable, 8 stitches. (150 stitches)

Row 2: Rice Stitch, Purl to 1 stitch before marker, M1, p1, sm, p1, m1, Purl to marker, for total of 16 stitches, sm, Mock Cable, 8 Stitches, sm, Diamonds, 14 stitches, sm, Mock Aran, 17 stitches, sm, Diamonds, 14 stitches sm, Mock cable, 8 stitches, sm, Rice Stitch, Purl to 1 stitch before marker, M1, p1, sm, p1, m1, Purl to marker, for total of 16 stitches, sm, Mock Cable, 8 stitches, sm, Diamonds, 14 stitches, sm, Mock Aran, 17 stitches, sm, Diamonds, 14 stitches, sm, Mock Cable, 8 stitches, sm. (154 stitches)

Note: Every second row you will increase during the Rice Stitch, at either side of the center stand-out marker. This will become the shoulders of the poncho. Repeat this row of the Rice Stitch, increasing 4 stitches every second row, throughout the pattern. Increase to the larger 47-inch circular needle when necessary.

Continue following the 4 different patterns, until you have repeated the Mock Aran Pattern 8 times, with a total of 530 stitches. You should have a total of 32 Cable repeats and 12 full Diamond repeats. Do not increase stitches on the last row of the pattern before you begin the ribbing.

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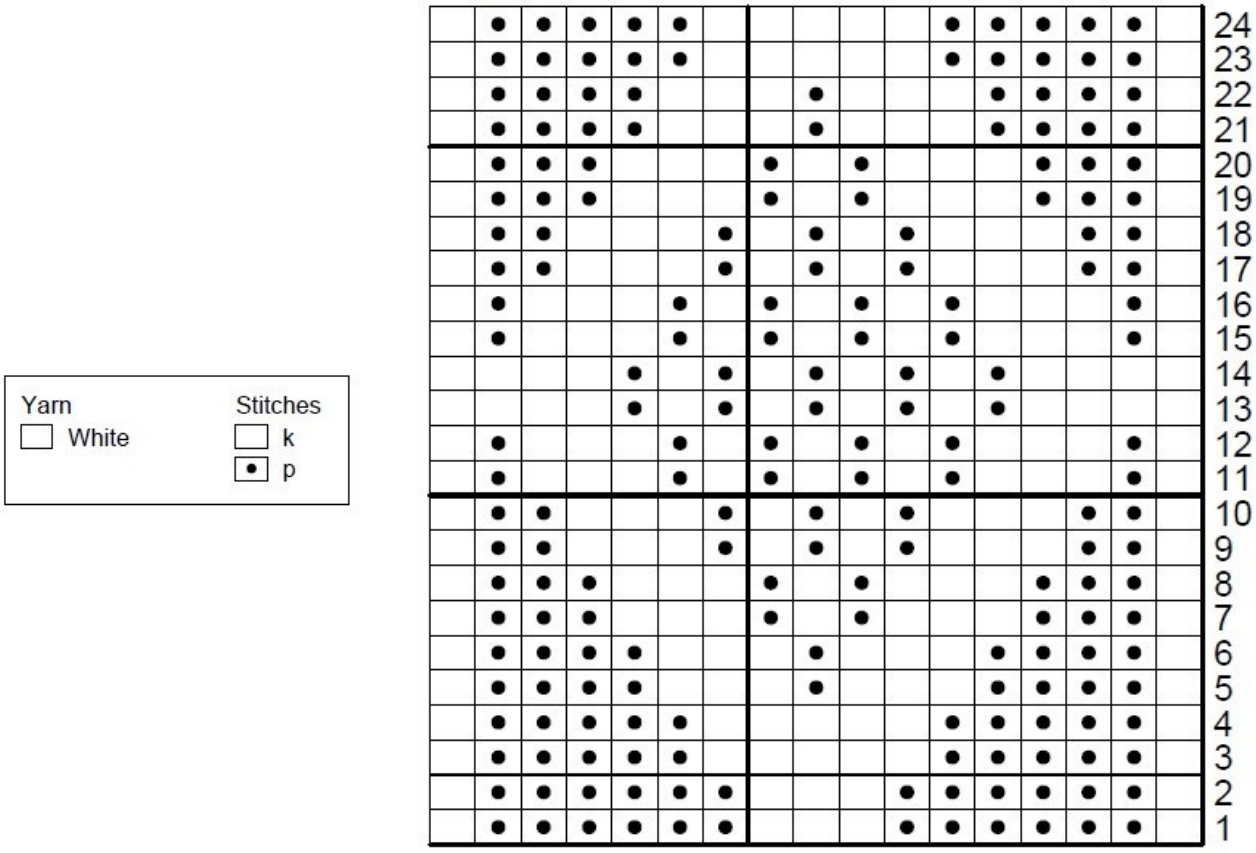
To finish, K2, P2 rib for 12 rows, or appx. 1 3/4 inches. (If you have to adjust your stitches at this point to accommodate the k2, p2 rib, K or p2 together at the end of the first ribbing row to get the rib to come out right.)

Bind off in a stretchy bind off. Weave in ends.

Mock Aran Chart



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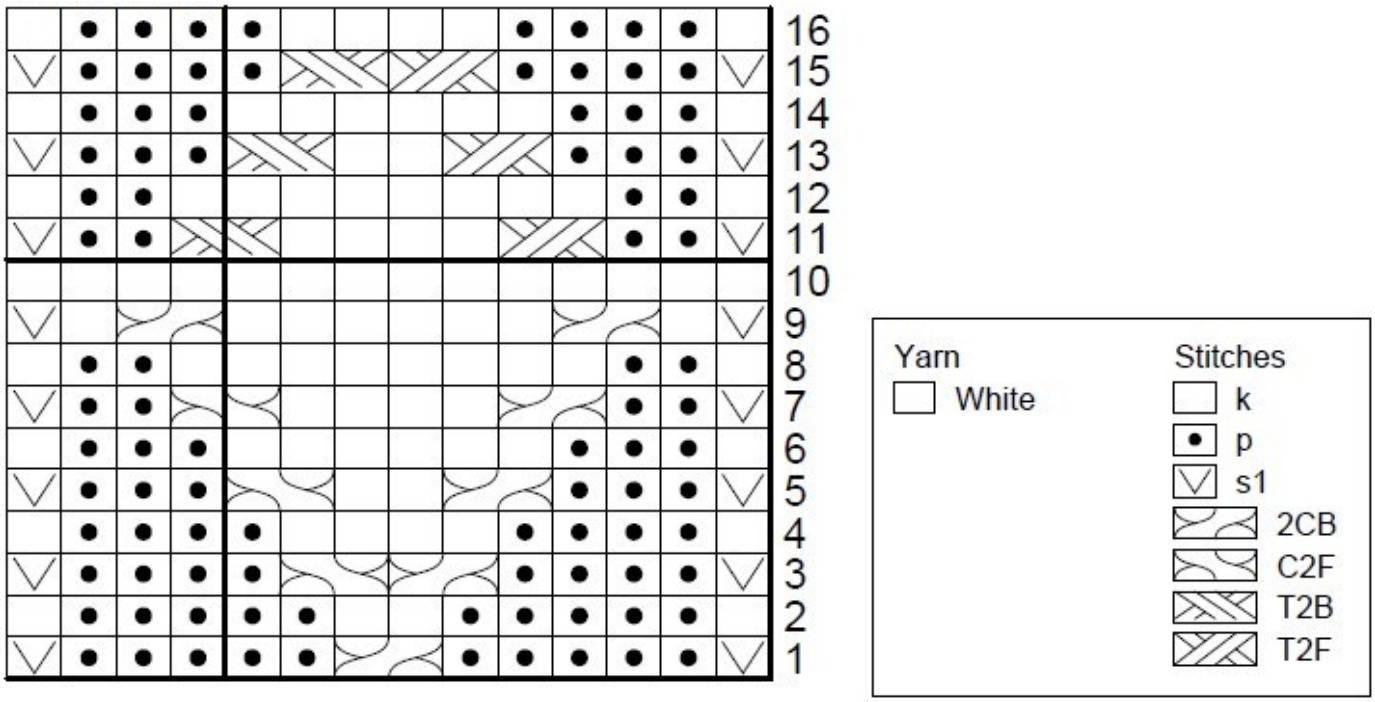
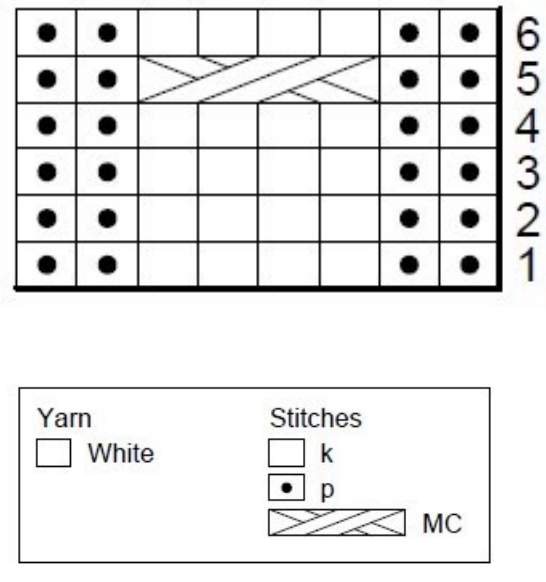
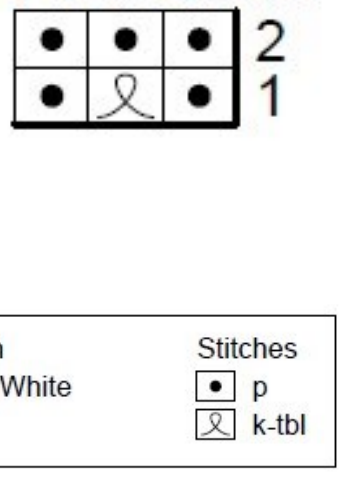
Diamonds Chart



Mock Cable Chart



Rich Stitch Chart



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