Category: Knitted Sweaters and Tops\
Knitted Cardigans

220 Superwash® Sport Slip Stitch Hoodie

Designed by Joan Horton

Skill Level:

ADVANCED

Size:
Womens Small (Medium, Large, 1X, 2X), Instructions are for smallest size, with changes for other sizes in parentheses

Finished Measurements:

Chest: 35 (39, 43.5, 48, 52)”

Length: 25.5 (26, 27.5, 28, 28.25)”

Materials:

- Cascade Yarns®
  220 Superwash Sport; 100% Superwash Merino Wool;
  50 grams (1.75 oz) /
  136.5 yds (125 m)
- 8 (8, 9, 9, 10) skeins Main Color (MC) # 204 (Smoke Blue)
- 5 (5, 5, 5, 6) skeins Contrasting Color 1 (CC1) # 255 (Iron)
- 5 (5, 5, 5, 6) skeins Contrasting Color 2 (CC2) # 875 (Feather Grey)
- US 5 (3.75 mm) and US 5 (3.75 mm) 24” and 60” circular needles or size to obtain gauge
- Additional Materials needed to complete project:
- 4 Stitch Holders
- 2 Stitch Markers
- Yarn Needle
- 22” or 24” Separating zipper (optional)

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Gauge:

23 sts x 48 rows = 4” (10 cm) in Slip-Stitch Pattern

To save time, take time to check gauge by knitting and blocking a 6”x 6” swatch

Abbreviations:

Approx	= Approximately
Beg	= Beginning
Btwn	= Between
BO	= Bind Off
CO	= Cast On
Cont	= Continue
Decr	= Decrease(s)(ed)(ing)
Ea	= Each
Estb	= Established
EOR	= Every other row
Incr	= Increase(s)(ed)(ing)
K	= Knit
K2tog	= Knit next 2 stitches together
M1	= Make 1 as follows: Insert tip of left needle from front to back under strand of yarn between both needles and knit into the back loop of stitch
Nxt	= Next
Patt	= Pattern
PU	= Pick Up
P	= Purl
Rem	= Remaining
Rpt	= Repeat
RS	= Right Side
R(s)	= Row(s)
SSK	= Slip 1 stitch as if to knit, slip next stitch as if to knit, replace to left needle, knit 2 stitches together through the back loops
St(s)	= Stitch(es)
ST ST	= Stockinette Stitch
Tog	= Together
x	= Times
WS	= Wrong Side

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Note: Selvage sts: 2 selvage sts, (1 ea side), have been worked into the patt and are maintained in Garter St (K into the first and last st of ea row). The purpose is to make seaming easier, and create a neater seam on the WS

Pattern Stitches:

Stockinette Stitch

(RS) Row 1: K
(WS) Row 2: K1, P to last st, K1

1x1 Rib Stitch on odd number of sts

(WS) Row 1: K1, *P1, K1* rpt btwn* to end
(RS) Row 2: P1, *K1, P1* rpt btwn * to end

Slip-Stitch Pattern

(RS) Row 1: With MC, K
(WS) Row 2: With MC, K
Row 3: With CC1, *K1, SL 1* rpt btwn* end K1
Row 4: With CC1, *K1, YF, SL1, YB* rpt btwn* end K1
Row 5 & 6: With CC2, K
Row 7: With MC, *K2, SL1* rpt btwn* end K2
Row 8: With MC, K2, *YF, SL1, YB, K1* rpt btwn* end K2
Rpt 8 row pattern changing colors every 2 rows in the same order (MC, CC1, CC2), for example:
with CC1, work R1 and R2

Note: When making a color change, hold old color to back of left needle tip. Lift the new color from two rows below, K the first st with even tension letting the new color lay against the side. Do not pull up too tight or too loose as this will contort the tension of the first few sts of the row

Back

CO 103 (113, 127, 141, 151) sts

Begin Rolled Trim

(RS) R1: K
(WS) R2: Slip 1 knitwise, P to end
R3: Slip 1 knitwise, K to end
Rpt R2 and R3 to approx 2 (2, 2.5, 2.5, 3)" end WS

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Begin Slip-Stitch Pattern

Work patt to approx 15.75 (16, 17, 17, 17)" from *beg of Pattern stitch*

Armhole Shaping

BO 8 (10, 12, 12, 12) sts at the beg of nxt 2 rows

Maintaining patt as estb, cont until Back measures approx 24.25 (24.75, 26.5, 26.5, 26.75)" *from CO with trim rolled naturally*, end WS

Neck Shaping

Work patt over nxt 26 (29, 33, 40, 43) sts, place worked sts on holder, BO nxt 35 (35, 37, 37, 37) sts, work patt over rem sts to 26 (29, 33, 40, 43) sts total on needle

Beg decr left side of neck only (as RS faces you)

Maintaining patt, work nxt WS row

Nxt RS row: (Decr) SSK, work patt to end

Rpt decr EOR to 23 (25, 29, 35, 38) sts

Cont even if necessary to approx 25.5 (26, 27.5, 28, 28.25)" *from CO with trim rolled naturally,* end on a K row (1, 2, 5, or 6)

Place shoulder sts on holder, leaving long tail of yarn to work 3-needle BO for joining shoulders

Beg decr right side of neck only (as RS faces you)

Replace sts on holder to needle ready to work WS row

Attach yarn to right side of neck edge

Maintaining patt, work nxt WS row

Nxt RS row: (Decr) Work patt to last 2 sts, K2tog

Rpt decr EOR to 23 (25, 29, 35, 38) sts

Cont even if necessary to approx 25.5 (26, 27.5, 28, 28.5)" end *same row as left shoulder*

Place shoulder sts on holder, leaving long tail of yarn to work 3-needle BO for joining shoulders

Left Front

CO 53 (57, 65, 71, 77) sts

Work same as Back to armhole shaping, end RS and *same measurement as Back*

Nxt WS row: BO 8 (10, 12, 12, 12) sts at beg of row

Maintaining patt as estb, cont even until Front measures approx 22 (22.25, 24, 24, 24)" from *beg of Pattern stitch*, end WS

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Neck Shaping

Nxt RS row: BO 10 (10, 12, 12, 15) sts, maintaining patt as estb work to end

Work WS row

Nxt RS row: (Decr) SSK, work patt to end

Rpt decr EOR to 23 (25, 29, 35, 38) sts

Cont even if necessary to approx 25.5 (26, 27.5, 28, 28.25)" end *same K row as Back shoulder*

Place shoulder sts on holder, leaving long tail of yarn to work 3-needle BO for joining shoulders

Right Front

CO 53 (57, 65, 71, 77) sts

Work same as Back to armhole shaping, end WS and *same measurement as Left Front*

Nxt WS row: BO 8 (10, 12, 12, 12) sts at beg of row

Maintaining patt as estb, cont until Front measures approx 22 (22.25, 24, 24, 24)" from *beg of Pattern stitch*, end RS

Neck Shaping

Nxt WS row: BO 10 (10, 12, 12, 15) sts, maintaining patt as estb work to end

Nxt RS row: (Decr) SSK, work patt to last 2 sts, K2tog

Rpt decr EOR to 23 (25, 29, 35, 38) sts

Cont even if necessary to approx 25.5 (26, 27.5, 28, 28.25)" end *same K row as Back shoulder*

Place shoulder sts on holder, leaving long tail of yarn to work 3-needle BO for joining shoulders

Sleeves

CO 51 (53, 57, 57, 57) sts

Work Rolled Trim same as Back

Work Slip-Stitch patt for 6 rows as follows:

(RS) Row 1: K2 , work Slip-Stitch patt to last 2 sts, K2

(WS) Row 2: K1, P1, work Slip-Stitch patt to last 2 sts, P1, K1

Rpt R1 and R2, 2 times more

Cont in patt maintaining the first and last 2 sts as estb

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Nxt RS Row: (Incr) K2, M1, patt to last 2 sts, M1, K2

Rpt incr row every 6 rows, 7 (9, 11, 15, 15)x

Then rpt incr row every 8 rows, 20 (19, 17, 15, 15) x to 105 (109, 113, 117, 117) sts

Cont even in patt to approx 20.5 (20.5, 20.75, 20.75, 20.75)" from *beg of Pattern stitch,* end RS, K row

BO all sts on WS in K

Finishing

Joining Shoulders

Work 3-Needle BO as follows:

Place shoulders sts on both needles with RS tog, needle tips in same direction, and working yarn at one tip. Use a 3rd needle of same size or one size larger, K the 1st st from each needle tog, rpt for nxt st, pass 1st st on right needle over
the 2nd st, binding off 1 st. Rpt until all sts are BO

Hood and Facing

With 24" circular needle, RS facing, skip first 3 BO sts,
PU and K7 (7, 9, 9, 12) sts from neck shaping BO, PU and K24 (25, 23, 25, 25) sts along neck shaping, PU and K 34
(34, 36, 36, 36) sts from Back Neck BO sts, PU and K24
(25, 23, 25, 25) sts along neck shaping, PU and K7 (7, 9, 9, 12) sts from neck shaping BO, leaving 3 BO sts not PU,
turn to work WS row–96 (98, 100, 104, 110) sts total

Cont ST ST, to approx 1" end on a RS row

(WS) row: Place a marker on either side of the center 2 sts as you work across

Nxt RS row: (Incr) K to marker, M1, SM, K2, SM, M1, K to end

Rpt incr row every 6 rows 8x more – 114 (116, 118, 122, 128) sts total

Cont even in ST ST to approx 12" from PU row

Join two halves of hood at top with 3-needle BO

With 24" circular needle and RS facing PU and K94 sts to hood seam, PU and K95 sts to bottom of hood – 189 sts total

Beg WS, work 1x1 Rib for 3 rows, LEAVE STS ON NEEDLE

With 60" circular, beginning at start of Slip-Stitch patt, PU and K1 st for ea color change (every 2 rows) to Rib sts, with same 60" circular, work RS row of 1x1 Rib sts, cont with 60" circular needle PU and K1 st for ea color change (every 2 rows) to last row of Slip-Stitch patt, turn

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WS row: K to hood, work 1x1 Rib as estb, K to end

Work ST ST and 1x1 Rib, beg on RS for 3 rows, end RS

BO all sts in K on WS

Set in Sleeves

Sew side seams

Sew Sleeve seams

Sew in zipper to 3 row facing (if desired)

Sew 3 sts skipped btwn neck and hood tog

Lightly steam seams to flatten

Lightly steam hood if necessary

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