Category: Knitted Sweaters and Tops\
Knitted Cardigans

Ecological Wool® Cable & Check Poncho

Designed by Sherril Steele-Carlin

Skill Level:

EASY

INTERMEDIATE

Size:
Fits most

Finished Measurements:

Two panels, each
appx. 19 ½" x 29 ½"

Materials:

- Cascade Yarns® Ecological Wool®; 100% Natural Peruvian Wool; 250 g (8.82 oz)/ 478 yds (437 m)
- 2 skeins color #8063 (Latte)
- US 10 (6.0 mm) circular knitting needles, or size to obtain gauge
- Cable needle
- 12 Stitch markers
- Yarn needle

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Ecological Wool®

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Gauge:

Appx. 21 stitches x 21 row = 4 inches, unblocked, in check pattern.

Abbreviations:

B/O	=Bind off
C/O	=Cast on
K	=Knit
P	=Purl
PM	=Place marker
RS	=Right side
Sl St	=Slip stitch
Sm	=Slip marker
S(ts)	=Stitches
WS	=Wrong side

Special Stitches:

2/2 RC (2 over 2 right cross cable) Slip 2 stitches to cn, hold to back, k2, k2 from cn.

2/2 LC (2 over 2 left cross cable) Slip 2 stitches to cn, hold to front, k2, k2 from cn.

2/2 RPC (2 over 2 right purl cross) Slip 2 stitches to cn, hold to back, k2, p2 from cn.

2/2 LPC (2 over 2 left purl cross) Slip 2 stitches to cn, hold to front, p2, k2 from cn.

If Using the Chart:

Blank lines on chart: Follow the written instructions for knitting and purling the stitches facing you when there are blank lines on the chart.

Pattern One:

(Multiple of 8 stitches)

Row 1,2,3, & 4: *K4, p4, repeat from * to end.

Row 5,6,7 & 8: *P4, k4, repeat from * to end.

Repeat 8 rows for pattern.

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Pattern Two:

(Multiple of 16 stitches)

2/2 RC (2 over 2 right cross cable) Slip 2 stitches to cn, hold to back, k2, k2 from cn.

2/2 LC (2 over 2 left cross cable) Slip 2 stitches to cn, hold to front, k2, k2 from cn.

2/2 RPC (2 over 2 right purl cross) Slip 2 stitches to cn, hold to back, k2, p2 from cn.

2/2 LPC (2 over 2 left purl cross) Slip 2 stitches to cn, hold to front, p2, k2 from cn.

Set up row (do not count as part of 36 rows of pattern stitch): Knit across row. Begin pattern with a RS row.

Row 1: (WS) P2, k4, p4, k4, p2.

Row 2: (RS) K2, p4, 2/2 RC, p4, k2.

Row 3 and all remaining WS rows: Knit the knit stitches and purl the purl stitches as they face you. (so knit the knit stitches that are facing you, and purl the purl stitches that are facing you.)

Row 4: (2/2 LPC, 2/2 RPC) twice.

Row 6: (P2, 2/2 LC, p2) twice.

Row 8: Repeat Row 3.

Row 10: Repeat Row 6.

Row 12: P2, k2, 2/2 LC, 2/2 RC, k2, p2.

Row 14: P2, 2/2 LPC, 2/2 RC, 2/2 RPC, p2.

Row 16: P4, (2/2 LC) twice, p4.

Row 18: P2, (2/2 RC) twice, 2/2 LC, p2.

Row 20: P2, k2, 2/2 RPC, 2/2 LPC, k2, p2.

Row 22: Repeat Row 6.

Row 24: Repeat Row 3.

Row 26: Repeat Row 6.

Row 28: (2/2 RPC, 2/2 LPC) twice.

Row 30: Repeat Row 2.

Row 32: K2, p2, 2/2 RPC, 2/2 LPC, p2, k2.

Row 34: Repeat Row 3.

Row 36: K2, p2, 2/2 LPC, 2/2 RPC, p2, k2.

Repeat 36 rows for pattern.

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Instructions:

C/O 102 stitches. Throughout pattern slip first stitch of each row as if to purl for a clean finished look on the edge of your poncho.

Row 1: Sl1, K2, pm, Follow Row 1 of Pattern One for 40 stitches, pm, k 16 stitches of Pattern Two, pm, Continue Row 1 of Pattern One for 40 stitches, pm, k3.

Row 2: Sl1, k2, sm, Follow Row 2 of Pattern One for 40 stitches, sm, Follow Row 1 of Pattern Two for 16 stitches, sm, Follow Row 2 of Pattern One for 40 stitches, sm, k3.

Continue to follow Pattern One and Two, until you have
22 repeats of the Check Pattern, and 5 repeats of the Cable Pattern, or until you are close to running out if yarn.

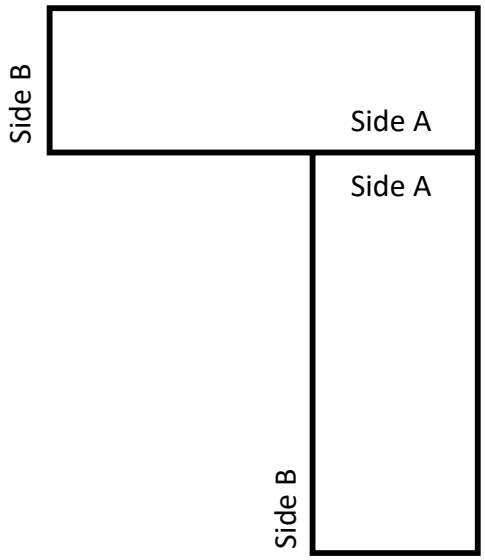
B/O, weave in ends.

To Finish:

Sew the poncho together at the ends, so the oblongs form right angles with each other, according to the diagram.

Note: You may block the poncho to a larger size if you desire, just remember the neck size will increase if you make the pieces longer.

Schematic



Wrong Sides
Together

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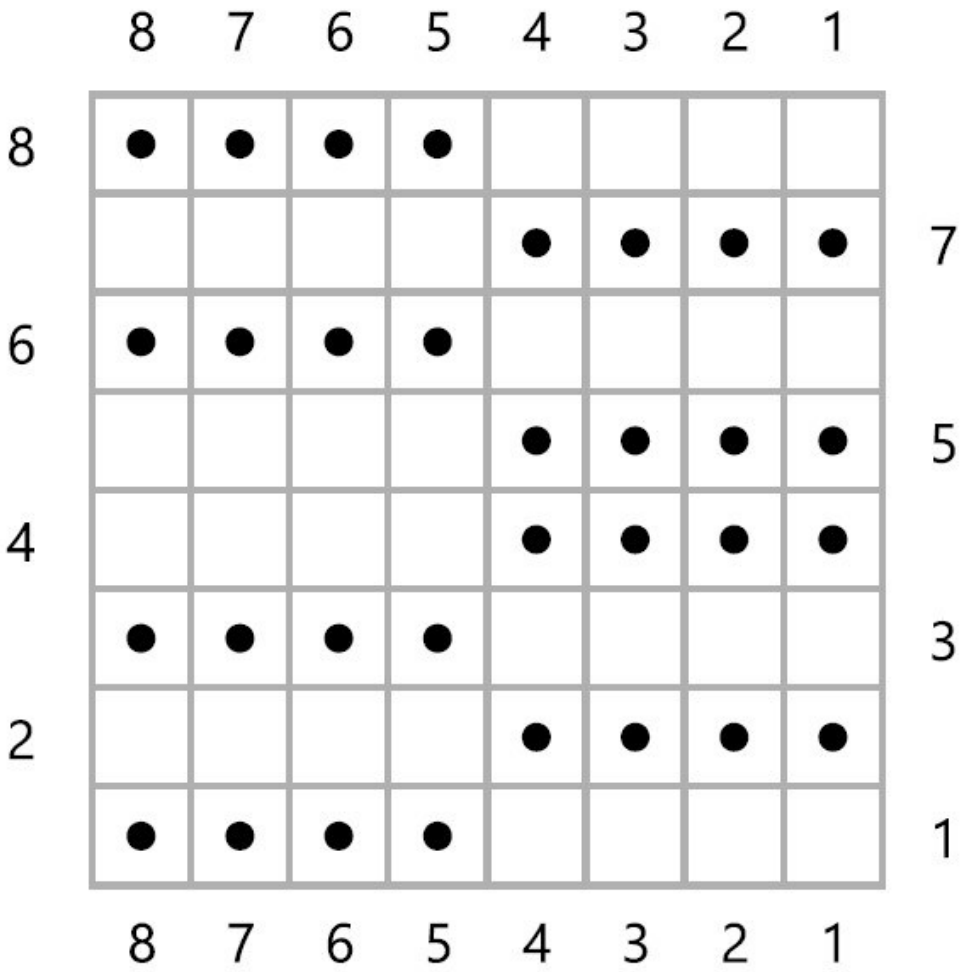
Pattern One Chart



Key

RS: knit
WS: purl

RS: purl
WS: knit

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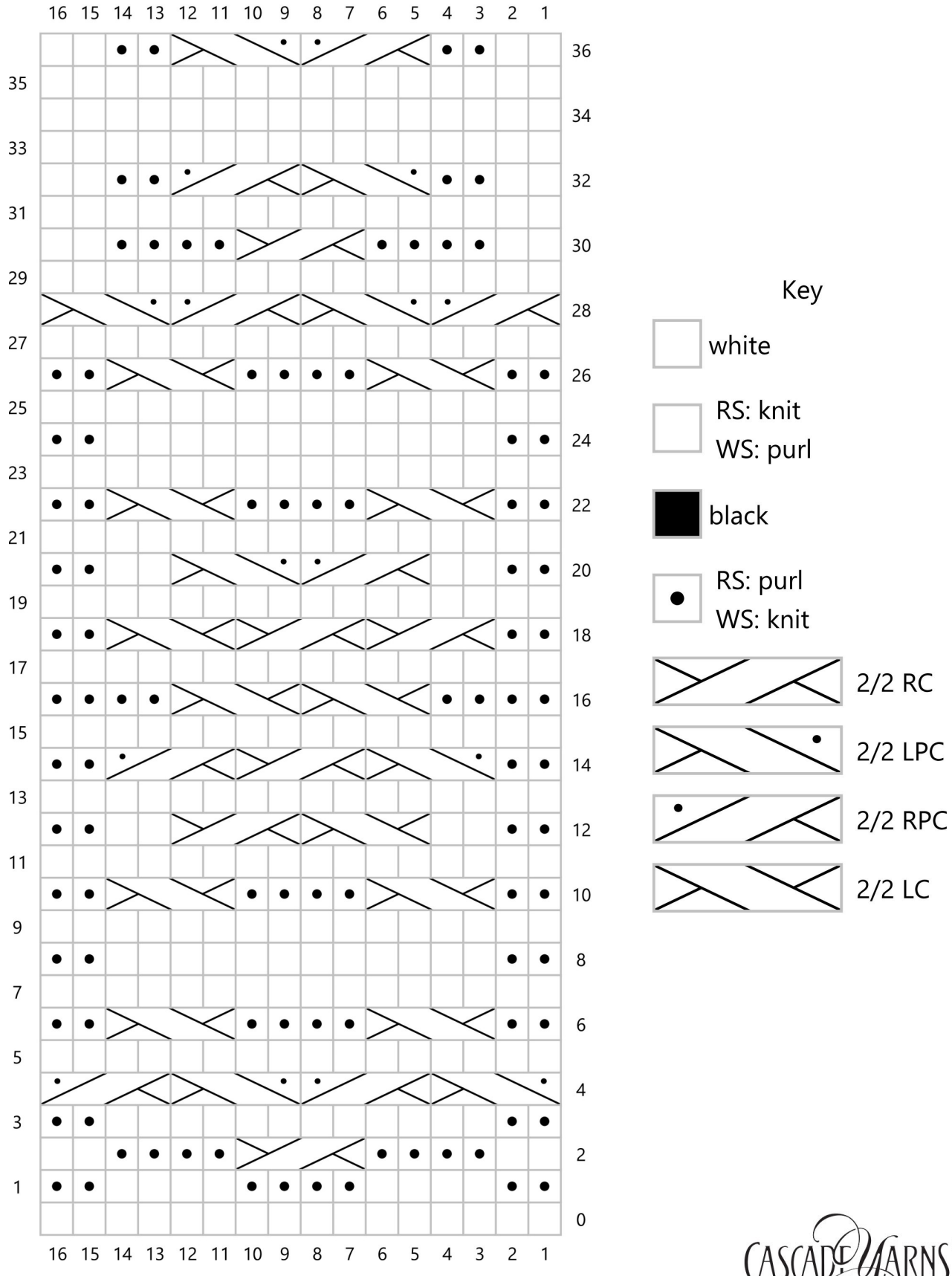
Pattern Two Chart



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