Category: Accessories/Knitted Scarves/Mobius/Cowls

Friday Harbor
Wide Rib With Spiral Cowl

Designed by Linda Medina

Skill Level:

INTERMEDIATE

Size:
One adult size

Finished Measurements:
9" wide x 30" circumference

Materials:

- Cascade Yarns®
  Friday Harbor
  80% Merino Wool /
  20% Silk
  100 g (3.5 oz) /
  219 yd (200 m)
- 1 skein of color
  #06 (Blue Indigo)
- US 7 (4.5 mm)
  24” circular knitting
  needles or size
  to obtain gauge
- Stitch marker
- Yarn needle

Gauge:
19 sts x 26 rows = 4” (10 cm) Blocked, in Stitch Pattern

Abbreviations:

BO	= Bind off	P	= Purl
CO	= Cast on	St(s)	= Stitch(es)
K	= Knit	xs	= Times

All images, text and illustration(s)© Cascade Yarns® 2020

CASCADE YARNS
DISTRIBUTOR OF FINE YARN

Pattern Stitch: Multiples of 7 sts
Round 1: (RS) *P3, k4; repeat from * around.
Round 2: *P4, k3; repeat from * around.
Round 3: *P2, k1, p2, k2; repeat from * around.
Round 4: *P2, k2, p2, k1; repeat from * around.
Round 5: *P2, k3, p2; repeat from * around.
Round 6: *P2, k4, p1; repeat from * around.
Round 7: *P2, k5; repeat from * around.
Round 8: *P2, k5; repeat from * around.
Repeat Rounds 1 - 8 for stitch pattern.

Begin Pattern:
CO 140 sts using the Long-tail Cast-on. Place marker. Join, taking care not to twist stitches. Slip marker at the end of each Round.

Bottom Garter Stitch Edge:
Round 1: Purl
Round 2: Knit
Repeat Rounds 1 & 2 three xs.

Cowl:
Work Stitch Pattern (Rows 1 - 8) six xs.

Top Garter Stitch Edge:
Round 1: Purl
Round 2: Knit
Repeat Rounds 1 & 2 three xs.

BO loosely, using purl stitch bind-off.

Weave in tails. Block lightly to measurements.

Thank you for downloading our free pattern. For more ideas and inspiration, visit us online at http://www.cascadeyarns.com and blog http://cascadeyarns.blogspot.com/

Find Cascade Yarns on social:

All images, text and illustration(s)© Cascade Yarns® 2020

CASCADE YARNS
DISTRIBUTOR OF FINE YARN