W408

Eco Alpaca®

Cabled Wristers

Designed by

Tanis Gray

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Eco Alpaca®
Cabled Wristers

By Tanis Gray

Skill Level:

Intermediate

Size:

One Size Fits All Adult Female 8” Circumference

Materials:

Cascade Yarns® Eco Alpaca®
100% Undyed Baby Alpaca
100 g (3.5 oz) / 220 yds (200 m)
1 skein of color #1517
US 5 (3.5 mm) DPN knitting needles
Yarn Needle
Cable Needle

Gauge:

22 sts x 31 rows = 4” in Stockinette Stitch

Abbreviations:

BO	= Bind Off
CN	= Cable Needle
CO	= Cast On
C3B	= Sl 3 sts to CN, hold to back, K3, then K3 from CN.
C3F	= Sl 3 sts to CN, hold to front, K3, then k3 from CN.
KFB	= Knit into the front and back of a stitch
M1	= Make 1 stitch
PM	= Place Marker
Rnd(s)	= Round(s)
SM	= Slip Marker
SSK	= Slip 1 st, slip 1 st, knit the 2 slipped stitches together
St(s)	= Stitch(es)

Begin Pattern:

Left Wrister

With DPNs, CO 40 sts, evenly distributing the stitches on needles. Being careful not to twist your sts, join into rnd.
Work in [K2, P2] rib pattern for 3”.

Begin Body of Wrister:

Rnd 1: *[K2, P2]; repeat from * to last st, KFB. (41 sts)
Rnd 2: K20, PM, M1, K1, M1, PM, K5, work rnd 6 of chart across next 15 sts.
Rnd 3: K20, SM, K3, SM, K5, work rnd 1 of chart across next 15 sts.

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Rnd 4: K20, SM, K3, SM, K5, work rnd 2 of chart across next 15 sts.
Rnd 5: K20, SM, M1, K3, M1, SM, K5, work rnd 3 of chart across next 15 sts.
Rnd 6: K20, SM, K5, SM, K5, work rnd 4 of chart across next 15 sts.
Rnd 7: K20, SM, K5, SM, K5, work rnd 5 of chart across next 15 sts.
Rnd 8: K20, SM, M1, K5, M1, SM, K5, work rnd 6 of chart across next 15 sts.

Repeat Rnds 3 – 8, making 2 sts between markers as above on increase rnds until there are 15 gusset sts.
Next Rnd: Work across rnd, placing 15 gusset sts on scrap yarn, increase 1 st over gap, work to end of rnd. (41 sts)
Work even until piece measures 7.5” from CO edge or until desired length is reached, ending chart on rnd 6.

Next Rnd: K2tog, K1, P2, *[K2, P2]; repeat from * to end of rnd. (40 sts)
Next 3 Rnds: [K2, P2] rib pattern.
BO in rib pattern.
Transfer 15 gusset sts to DPNs, picking up 1 st where thumb and body of mitt meet. (16 sts)
Work in [K2, P2] rib pattern for 4 rnds.
BO in rib pattern.
Weave in all loose ends and block as is necessary.

Right Wrister:

With DPNs, CO 40 sts, evenly distributing the stitches on needles. Being careful not to twist your sts, join into rnd.
Work in [K2, P2] rib pattern for 3”.

Begin Body of Wrister:
Rnd 1: KFB, *[K2, P2]; repeat from * to end of rnd. (41 sts)
Rnd 2: Work rnd 6 of chart across 15 sts, K5, PM, M1, K1, M1, PM, K20 sts.
Rnd 3: Work rnd 1 of chart across 15 sts, K5, SM, K3, PM, K20 sts.
Rnd 4: Work rnd 2 of chart across 15 sts, K5, SM, K3, PM, K20 sts.
Rnd 5: Work rnd 3 of chart across 15 sts, K5, SM, M1, K3, M1, SM, K20 sts.
Rnd 6: Work rnd 4 of chart across 15 sts, K5, SM, K5, SM, K20 sts.
Rnd 7: Work rnd 5 of chart across 15 sts, K5, SM, K5, SM, K20 sts.
Rnd 8: Work rnd 6 of chart across 15 sts, K5, SM, M1, K5, M1, SM, K20 sts.

Repeat Rnds 3 – 8, making 2 sts between markers as above on increase rnds until there are 15 gusset sts.
Next Rnd: Work across rnd, placing 15 gusset sts on scrap yarn, increase 1 st over gap, work to end of rnd. (41 sts)
Work even until piece measures 7.5” from CO edge or until desired length is reached, ending chart on rnd 6.

Next Rnd:*[K2, P2]; repeat from * to 4 sts before the end of rnd, K1, P2, SSK. (40 sts)
Next 3 Rnds: [K2, P2] rib pattern.
BO in rib pattern.
Transfer 15 gusset sts to DPNs, picking up 1 st where thumb and body of mitt meet. (16 sts)
Work in [K2, P2] rib pattern for 4 rnds.
BO in rib pattern.
Weave in all loose ends and block as is necessary.

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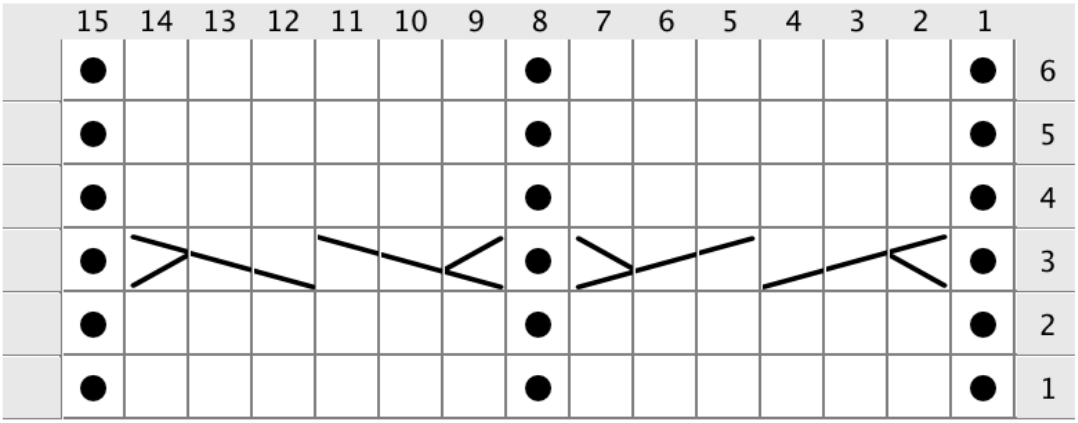

Legend:

●	**purl** purl stitch
□	**knit** knit stitch
	c3 over 3 right sl3 to CN, hold in back. k3, then k3 from CN
	c3 over 3 left sl3 to CN, hold in front. k3, k3 from CN

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