Category: Knitted Sock Patterns

Skill Level:

INTERMEDIATE

Heritage Prints Simple Lace Socks

Designed by Cascade Yarns Design Team

Size:

One size fits most adults

Finished Measurements:

Stretches to fit up a 9” circumference ankle. Customizable to fit up to a women’s size 12 / men’s size 14.

Materials:

- Cascade Yarns® ; Heritage Prints; 75% Superwash Merino Wool / 25% Nylon; 100 g (3.5 oz) / 437 yds (399.6 m)
- 1 skein color #72 (Raspberry Smoke Stripe)
- US 2 (2.75 mm) set of 5 double pointed knitting needles
- Stitch markers
- Yarn needle

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Gauge:
28 sts x 42 rows = 4” (10 cm) in stockinette stitch

Abbreviations:

K	= Knit
K2tog	= Knit 2 stitches together
P	= Purl
P2tog	= Purl 2 stitches together
SKP	= slip on stitch knitwise, knit the next stitch, pass the slipped stich over the knit stich (decreases one stitch)
SSK	= Slip, Slip, knit 2 slipped stitches together

Lace Wings Pattern (Mult 7)
Row 1 & 3: Knit
Row 2: *K1, K2tog, YO, K1, YO, skp, K1* rep between *’s.
Row 4: *K2tog, YO, K3, YO, skp * rep between *’s.
Repeat rows 1-4 for pattern.

Begin Pattern:
Cast on 64 sts Join, being careful not to twist stitches and work in K1, P1 ribbing for 1” decreasing 1 st on last row. (63 sts)

Begin working Lace Wings Pattern.
For ease in working pattern place sts on needles in multiples of 7 as follows: Needles 1,2 & 3 place 14 sts, Needle 4 will have 21 sts. Work until sock measures 6” or desired length to top of heel.

Arrange stitches to prepare for heel as follows:
K5 and place these sts on needle #4 just worked with a marker separating, *Sl 1, K1* rep between *’s for 32 sts for heel, place remaining 5 sts on other end of previous #4 needle separated by marker. That needle will now have 5 sts, a marker, 21 sts, a marker, and 5 sts. With an empty needle from the right side, slip 5 sts, marker, and 7 sts on to it. You now have 32 sts on needle #1 for heel, Needle #2 has 5 sts, marker, and 7 sts. Needle #3 has 14 sts, marker, 5 sts. (63 sts)

The 21 sts will be a continuation of pattern, the remainder will be in st st.

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Heel
Working over the 32 sts only work as follows starting with row 2 below:
Row 1: *Sl 1, K1* rep between *'s
Row 2: Sl 1, Purl 31.
Repeat rows 1 & 2 until you have worked Row 1 15 times including the row on the needle.

Turn Heel:
Row 1: Sl 1, P18, P2tog, P1, TURN.
Row 2: Sl 1, K7, ssk, K1, TURN.
Row 3: Sl, P8, P2tog, P1, TURN.

Continue in this manner working to 1 st before the "gap" and ssk, K1, on the k side or P2 tog, P1 on the P side until all stitches are used. There should be 20 sts left on the needle with the right side facing you.

Sl the last 10 sts just worked onto an empty needle (needle #1) and with this same needle, pick up and knit 15 sts along heel. With another needle, work across needle #2 working st st for the first 5 sts, sl marker, pattern for 7 sts. With another needle work needle #3: pattern for 14 sts, sl marker, st st for 5 sts. With needle #4 pick up and knit 15 sts along other side of heel and the 10 remaining.

Instep Decreases:
Rnd 1: Knit

Rnd 2: Needle #1 knit to last 3 sts, K2tog, K1; Needle #2 and 3 work as established; Needle #4, K1, ssk, K to end.
Repeat these 2 rows until there are 64 sts total by omitting the last ssk on needle 4.

Continue working as established until sock measures 2 ½" less than foot length.

Toe Decreases
K6, K 2 tog, around row. Work 6 rows even.
K5, K 2 tog, around row. Work 5 rows even.
K4, K2 tog, around row. Work 4 rows even.
K3, K2 tog, around row. Work 3 rows even.
K2, K2 tog, around row. Work 2 rows even.
K1, K2 tog, around row. Work 1 rows even.
K2 tog, around row

Leaving a long tail cut yarn and with yarn needle work through remaining stitches, secure and weave in end.

Weave in all ends

Thank you for downloading our free pattern. For more ideas and inspiration, visit us online at http://www.cascadeyarns.com and blog http://cascadeyarns.blogspot.com/

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