FW218

Heritage Wave

Winding Roads Socks

Designed by

Susie Bonell

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Skill Level:

Intermediate

Size:

S/M (L)
S/M: 8” diameter at instep (L: 9” at instep)

Materials:

Cascade Yarns® Heritage Wave
75% Superwash Merino Wool / 25% Nylon
100 g, (3.5 oz) / 437 yds
1 skein color # 508 (Tropical)
US 1 & 2 DPN knitting needles (Set of 5) or size necessary to obtain gauge
Cable Needle
Stitch Marker
Yarn needle

Gauge:

28 sts x 36 rows = 4” (10 cm) in Stockinette Stitch

Abbreviations:

CO	= Cast On
C2B	= Cable 2 stitches back
K	= Knit
K2tog	= Knit 2 stitches together
P	= Purl
P2tog	= Purl 2 stitches together
PM	= Place Marker
Rnd(s)	= Round(s)
RS	= Right Side
Sl	= Slip
SSK	= Slip 1, slip 1, Knit 2 stitches together
St(s)	= Stitch(es)

Special Pattern Stitches:

C2B (Cable 2 Back):
Knit into the back of the 2nd st on needle, then knit into the 1st st, slipping both sts off the needle at the same time.

Begin Pattern:

CO 64 (72) sts.
Distribute evenly (16 (18) sts per needle). Being careful not to twist sts, join in the rnd. PM.
Work in [K1, P1] ribbing, for 1½”.

Mock Wavy Cable Rib Pattern:

Rnd 1: *[K2, P2]; repeat from * to end of rnd.
Rnd 2: *[K2, P2]; repeat from * to end of rnd.
Rnd 3: *[C2B, P2]; repeat from * to end of rnd.

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Rnd 4: *[K2, P2]; repeat from * to end of rnd.
Rnd 5: *[K2, P2]; repeat from * to end of rnd.
Rnd 6: *[K2, P2]; repeat from * to end of rnd.
Rnd 7: *[K2tog, but do not slip off needle, then insert right needle between these 2 sts and knit the 1st st again, slipping both sts off needle, P2]; repeat from * to end of rnd.
Rnd 8: *[K2, P2]; repeat from * to end of rnd.
Repeat rnds 1-8 for pattern until you have reached 6½" or desired length to top of heel.

Heel:

Place the sts from the first 2 needles onto 1 needle (32 (36)) sts. Working back and forth over these sts work heel as follow:
Row 1: (RS) *[Sl1, K1]; repeat from * to end of row.
Row 2: Sl1, Purl to end of row.
Repeat these 2 rows until you have worked row 1, 15 times and row 2, 14 times.

Turn heel:

Row 1: Sl1, P 18 (20) sts, P2tog, P1, Turn.
Row 2: Sl1, K7, SSK, K1, Turn.
Row 3: Sl1, P8, P2tog, P1, Turn.
Continue in this manner working to 1 st before the "gap" and SSK, K1 on the k side, or P2tog, P1 on the purl side until all the sts are used.

Gusset:

Sl half of the sts just worked on a spare needle and pick up and knit 15 sts down side of heel flap.
(This is needle #1) knit across needle #2 and #3 maintaining pattern, then pick up and knit 15 sts up the side of the heel flap and knit the other half of the sts from the flap.
Knit 1 rnd.

Instep decreases:

Rnd 1: Knit to the last 3 sts on needle #1, K2tog, K1, knit needle 2 & 3 maintaining pattern, on needle 4, K1, SSK, K to end.
Rnd 2: Knit all sts.
Repeat rnds 1 & 2 until there are 16, 18 sts on needles 1 and 4.

Note: *You should be back to original count.*
Work in Stockinette st until 2½" (3½") from desired length, maintaining pattern on top of sock.

Toe decreases:

Rnd 1: *[K6, (K7), K2tog], repeat from * to end of rnd.
Work 6 (7) rnds even.
Next Rnd: *[K5 (K6), K2tog]; repeat from * to end of rnd.
Work 5 (6) rnds even.
Next Rnd: *[K4 (K5) K2tog]; repeat from * to end of rnd.
Work 4 (5) rnds even.
Next Rnd: *[K3 (K4), K2tog]; repeat from * to end of rnd.
Work 3 (4) rnds even.
Next Rnd: *[K2 (K3), K2tog]; repeat from * to end of rnd.
Work 2 (3) rnds even.
Next Rnd: *[K1 (K2), K2tog]; repeat from * to end of rnd.
Work 1 (2) rnds even.
Next Rnd: *[K0 (K1), K2tog]; repeat from * to end of rnd.
Larger Size Only: Work 1 rnd even.

Finishing:

Last Rnd: *[K2tog]; repeat from * to end of rnd.
Break off yarn and run with a needle through remaining sts. Weave in ends.

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