FW117

Heritage Pink Purple Socks

Designed by Nenah Galati

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This fun sock is easy to knit using two circular needles and a slip stitch technique.

Materials Recommended:

Two contrasting colors of Cascade Heritage Sock Yarn

Two Size 1 or 2, 20" Circular Needles

2 Stitch Markers as well as a tapestry needle

Terms:

Sl 1 - Slip 1 Stitch as if to purl; SSK -K 2 Sts together using back loop

Cast On:

Small to Medium - 64 Stitches; Medium to Large - 72 Stitches

With Main Color, which we will call Color A:

Loosely CO _____ Sts to 1 Circular Needle

Slide all of these Sts to the other end of this needle.

Transfer one-half of these Sts to the other circular needle (purlwise).

Slide Sts on both needles to other end of needles.

Make sure all Sts are not twisted – Switch 2 end Sts.

Ribbing: For 2 inches (or whatever you prefer) *K1, P1* all Stitches both needles.

(I recommend that you try the sock on after you have knit the ribbing and maybe 1 or 2 inches).

Slip Stitch Leg Pattern:

With contrasting color, which we call Color B:

Round 1: K all Stitches

Round 2: K all Stitches

With Color A:

Round 3: *Sl 1, K3*

Round 4: *Sl 1, K3*

With Color B:

Round 5: K all Stitches

Round 6: K All Stitches

With Color A:

Round 7: *K3, Sl 1*

Round 8: *K3, Sl 1*

Repeat these 8 Rounds for desired length of leg portion of sock

HEEL FLAP:

USING ONE NEEDLE ONLY, TURNING WORK, the other circular needle remains relaxed for the next 2-1/2 ins.

Row 1: *Slip 1, Knit 1* repeat between * end with knit St, now turn work

Row 2: Slip 1, Purl **ALL** Sts to end, now turn work

Repeat Row 1 & 2 for 2-1/2" measured from needle down

BE SURE AND END THIS PART WITH A PURL ROW

TURNING THE HEEL: (This procedure can be confusing as you will have Sts on both ends of the same needle.)

Always count slip Sts as 1st stitch)

Row 1: Slip 1, Knit to 2 Sts past middle (count slip St as 1) SSK, K1, turn

Row 2: Slip 1, Purl ½ Sts (from knit Sts in row 1), P2 together, P1 turn

There will now be a gap on both the knit side and the purl side.

Row 3: Slip 1, knit to St before gap, SSK St before and after gap together,

K1, turn

Row 4: Slip 1, purl to St before gap, Purl St before and after gap together,

P1, turn

Repeat Rows 3 and 4 until all Sts are on one side of this needle. If one end has more Sts just continue to work until all are on one side of needle.

End after a knit row, (Row 3.) **IMPORTANT: PLEASE COUNT AND WRITE DOWN # OF STS ON HEEL FLAP**

PICKING UP THE GUSSET:

Slide Sts to end where point of needle, drop other end of this circular needle and begin to pick up the Sts along the left side. You will go under two loops, and then knit St onto needle and do so until you reach V, (almost to the other circular) and then you will go down one row and in the center of the St to avoid a hole and pick up that last St. At this point you will place a marker, and now using the other circular needle (this is the first time you will be knitting with both circular needles instead of just one) knit half of the stitches from that needle, then relax that needle.

Using the other circular needle, knit those remaining Sts onto the other end of that needle, place marker, and pick up Sts along the other side, coming to the V stitch first. When you get to the heel flap, you will for the second time use both needles and knit ½ of the Sts from the heel flap,)getting number you wrote down from instructions above,) onto that needle and then relax both needles. Take a deep breath, congratulations – hardest part is over!

GUSSET DECREASES: These decreases are done ONLY on the heel side of each marker.

Always start and end at the heel. This will mark the beginning of a round.

Start at heel and knit one round straight

1a indicates left side needle using heel as starting point

1b indicates next needle which will end at the heel

Needle 1a: K to within 3 Sts of marker, K2 tog, K1, transfer marker, K to end of that needle, now relax that needle.

Needle 1b: K to marker, transfer marker, K1, SSK, K to end, now relax that needle.

Now *knit even* (all Sts) both 1a and 1b needles.

You will be doing one complete round of decreases and then one complete round of knitting even until you have the same number of stitches on both side of the marker.

Once you have the same number of Sts on both side of the marker you will knit straight for ____ inches, using the chart below. Continue to transfer markers.

SHOE SIZE	KNIT TO INCHES
5 – 5-1/2	6-1/4 inches
6 – 6-1/2	6-3/4 inches
7 – 7-1/2	7 inches
8 – 8-1/2	7-1/4 inches
9 – 9-1/2	7-3/4 inches
10-10-1/2	8 inches

Using the above chart, you can knit a perfect-fitting sock. It is recommended that you use yarn that is specifically for socks, which generally contains mostly wool with some nylon for strength, and keeps toes warm in winter and cool in summer! There is also available cotton sock yarn with spandex.

TOE DECREASES**: **If desired you make change to Color B here:

These decreases are done on both sides of the marker, whereas the gusset decreases were done only on the heel side. You will decrease one full round, (both circular needles) and then a knit even full round (all Sts) using both circular needles.

Needle 1a: K to within 4 Sts of marker, K2 tog, K2, transfer marker, K2,
SSK, K to end, now relax needle

Needle 1b: K to within 4 Sts of marker, K2 tog, K2, transfer marker, K2,
SSK, K to end, now relax needle

Knit even (all Sts) on both needles 1a and 1b

Repeat decrease round, knit even round, until there are 4 Sts on each side of each marker, total of 16 stitches.

TOE GRAFTING: (DP – double point)

Place sock on table with working yarn on front left-hand side. Now place the 4 Sts from the back needle, right hand side on DP needle and remove marker, now go to front needle and place 4 Sts onto same DP needle and remove that marker. Using another DP needle place 4 Sts (where working yarn is) and now knit the last 4 Sts onto that DP Cut 12" tail, thread tapestry needle, arrange so working yarn is on back needle, bring the yarn to front and:

(IT IS BEST TO NOT BE INTERRUPTED WHEN DOING THE NEXT PART!)

Take tapestry needle from the back and place in front St as if to purl. Leave that St on, and now to go the back and place tapestry needle as if to knit through St, leave St on, and go to front and begin: (Kitchener stitch)

FRONT: FIRST ST ON NEEDLE, AS IF TO K SLIP ST OFF NEEDLE

FRONT: NEXT ST ON NEEDLE, AS IF TO P, LEAVE IT ON

Now go to the back needle

BACK: FIRST ST ON BACK NEEDLE, AS IF TO P, SLIP ST OFF NEEDLE

BACK: NEXT ST ON BACK NEEDLE, AS IF TO K, LEAVE IT ON

Now go to the front needle

Repeat this process until all Sts are worked, tuck in rabbit ear, weave tail to inside of sock and weave in. Now go to top of sock and weave in tail.