DK261

Cascade 220® Sport

Nordic Set

Designed by

Lisa Ellis

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Skill Level:

Intermediate

Sizes:

Hat: S (M, L) 17" (18”, 19”) circumference x 7½" (8”, 8½)” high
Scarf: 4¾" W x 64" L
Gloves: S (M) 7¼" (8 ¼”) wrist circumference x 7½" (7 ½”) L

Materials:

Cascade Yarns® Cascade 220® Sport
100% Peruvian Highland Wool
50 g (1.75 oz) / 164 yds (150 m)
Hat:
(A) 1 skein (all sizes) of color #9448 (Olive Heather)
(B) Approx. 20 yds of color #9566 (Olive Oil)
(C) Approx. 20 yds, #2452 (Turtle)

Scarf:
(A) 3 skeins of color #9448 (Olive Heather)
(B) approx 45 yds of color #9566 (Olive Oil)
(C) approx 45 yds of color #2452 (Turtle)
Fingerless gloves:
(A) 1 skein (all sizes) of color #9448 (Olive Heather)
(B) approx 20 yds of color #9566 (Olive Oil)
(C) approx 20 yds of color #2452 (Turtle)
US 6 (4.0 mm) circular and DPN knitting needles
US 5 (3.75 mm) circular and DPN knitting needles
US 4 (3.5 mm) circular and DPN knitting needles
Stitch Marker
Yarn Needle

Gauge:

6 sts and 8 ½ rows = 1 inch on size 4 needles in St st (24 sts and 34 rows = 10cm)
To save time, take time to check gauge.

Abbreviations:

BO	= Bind Off
CO	= Cast On
K	= Knit
K2tog	= Knit 2 stitches together
K1tbl	= Knit 1 stitch through the back loop
M	= Marker
M1L	= With left needle, pick up horizontal bar between 1st and 2nd st from the front of the bar back.
M1R	= With left needle, pick up horizontal bar between last 2 sts from the back of the bar & knit through the front.

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P = Purl
PM = Place Marker
RS = Right Side
Rnd(s) = Round(s)
Sl = Slip
St(s) = Stitch(es)
WS = Wrong Side
WYIB = With yarn in back
WYIF = With yarn in front

Note: *Scarf and fingerless gloves are knit in the rnd. Scarf and fingerless gloves may be knit using DPNs.*

Stitch Pattern:
Twisted Rib:
All Rnds: *[K1tbl, P1]; repeat from* to end of rnd.

Elastic BO pattern (for fingerless gloves):
*[Slip next st-purlwise, WYIF, sl st back to left hand needle, WYIB, knit the wrapped st]; repeat with next st. BO st. Repeat from * to end and BO all sts.

3-Needle BO (for scarf end):
Place 30 sts on 1 needle and 30 sts onto a 2nd needle. With needles parallel, insert a 3rd needle into the 1st st on both needles and knit these together as 1 st. There will be one st on the right needle. Repeat with the next st off of each needle. BO the 2nd st on the right needle so that there is only 1 st left on the right needle. Continue until there is only 1 st left on the right needle. Cut yarn and secure the last st by pulling the yarn tail through it.

Hat:
Note: *Cut B and C after each stripe.*

With A and US 4 needles, CO 102(108, 114) sts. Being careful not to twist your sts, join in the rnd. PM
Work Twisted Rib pattern for 5 rnds.
Change to US 6 needles and K 1 rnd.
Work rnds 1 - 9 of Fair Isle Chart, 1 time.
Change to US 4 needles and with color A, K 3 rnds.
Attach color B and K 1 rnd.
With color A, K 3 rnds.
Attach color C and K 2 rnds.
With color A, K until hat measures 6 (6½, 7)" from CO edge.

Crown Shaping:
Work 1 more rnd, decrease evenly 3 (0, 6) sts to 99 (108, 108) sts.
Rnd 1: *[K7, K2tog]; repeat from * to end of rnd.
Rnd 2: K all sts.
Rnd 3: *[K6, K2tog]; repeat from * to end of rnd.
Rnd 4: K all sts.
Rnd 5: *[K5, K2tog]; repeat from * to end of rnd.
Rnd 6: K all sts.
Rnd 7: *[K4, K2tog]; repeat from * to end of rnd.
Rnd 8: K all sts.
Rnd 9: *[K3, K2tog]; repeat from * to end of rnd.
Rnd 10: K all sts.
Rnd 11: *[K2, K2tog]; repeat from * to end of rnd.

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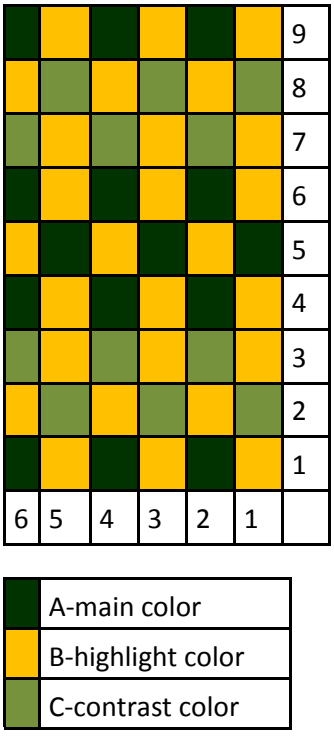
Rnd 12: K all sts.
Rnd 13: *[K1, K2tog]; repeat from * to end of rnd.
Rnd 14 : *[K2tog]; repeat from * to end of rnd. 11 (12,12) sts remain.

Finishing:
Cut yarn, leaving an 8" tail.
With a tapestry needle fasten off remain sts, pull tight to close, weave in all end ends.

Scarf:
Note: *Cut colors B and C after each stripe.*

With color A and US 6 needles CO 60 sts. Being careful not to twist your sts, join in the rnd. PM
Knit 1 rnd.
Work rnds 1 - 9 of Fair Isle Chart, 2 times.
Cut colors B and C, change to US 5 needles and with color A, K 11 rnds.
Attach color B, K 1 rnd.
With color A, K 6 rnds.
Attach color C, K 2 rnds.
With color A, K 22 rnds.
Attach color C, K 2 rnds.
With color A, K 6 rnds.
Attach color B, K 1 rnd.
*[With color A, K 22 rnds.
With color B, K 1 rnd.
With color A, K 6 rnds.
With color C, K 2 rnds.
With color A, K 22 rnds.
With color C, K 2 rnds.
With color A, K 6 rnds.
With color B, K 1 rnd.
With color A, K 22 rnds.
With color B, K 1 rnd.
With color A, K 6 rnds.
With color C, K 2 rnds.
With color A, K 22 rnds.
With color C, K 2 rnds.
With color A, K 6 rnds.
With color B, K 1 rnd]; repeat from * 2 more times.
With color A, K 11 rnds.
Work rnds 1 - 9 of Fair Isle Chart, 2 times.
Cut colors B and C.
With color A, K 1 rnd.

Nordic Chart:



Finishing:
With 3-Needle BO method, BO all sts.
Pull scarf inside out and weave in ends.
Pull scarf back to RS showing and with yarn needle, seam scarf at CO edge to close.
Block scarf to size.

Fingerless Gloves (make 2):
Note: *Cut color B and C after each stripe.*

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With color A and US 4 needles, CO 42 (48) sts.
Work Twisted Rib pattern for 5 rnds.
Change to US 6 needles and color A, K 1 rnd.
Work rnds 1 - 9 of Fair Isle Chart, 1 time.
Change to US 4 needles and color A, K 12 rnds, increase 1 st at end of last rnd to 43(49) sts.

Thumb Gusset:
K21(24) sts, PM, M1L, K1, M1R (3 thumb sts), PM, K to end.
K 2 rnds.
Rnd 1: K to 1st M, SM, M1L, K to next M, M1R, SM, K to end (5 thumb sts).
Rnds 2 & 3: K all sts.
Repeat rnds 1 - 3 until there are 17 (17) thumb sts.
Next rnd: K to 1st M, place thumb gusset sts onto waste yarn, removing markers, CO2 over gap, K to end. 44 (50) sts.
K all sts until glove measures 7 (7)" from CO edge.
Optional: *In lieu of working individual fingers, work 2 rnds of Twisted Rib pattern and BO all sts loosely.*

Little finger:
K5 (6) sts onto a DPNs, place next 34 (38) sts onto waste yarn, CO2 sts over gap, rejoin and knit remaining 5 (6) sts, 12 (14) sts.
K 1 rnd.
Work 2 rnds of Twisted Rib pattern, BO as instructed below.
Place 34 (38) sts back onto needles, rejoin and pick up and K2 sts at base of little finger.--36(40) sts.
K 4 rnds and BO using Elastic BO.

Ring finger:
K6 (6) sts, place next 24 (28) sts onto waste yarn, CO2 over gap, k last 6 (6) sts. 14(14) sts.
K 1 rnd.
Work 2 rnds of Twisted Rib pattern, BO using Elastic BO.

Middle finger:
Place 1st and last 6 (7) sts from waste yarn back onto DPNs.
Pick up and K2 sts over gap. 14 (16) sts.
Rejoin and K 1 rnd.
Work 2 rnds of Twisted Rib pattern, BO using Elastic BO.

Index finger:
Place remaining 12 (14) sts onto DPNs.
Pick up and K2 sts over gap. 14 (16) sts.
Rejoin and K 1 rnd.
Work 2 rnds of Twisted Rib pattern, BO using Elastic BO.

Thumb:
Place 17 (17) thumb sts back onto DPNs.
Pick up and K1 st over gap. 18 (18) sts.
Rejoin and K 1 rnd.
Work 2 rnds of Twisted Rib pattern, BO using Elastic BO.

Finishing:
Weave in loose ends, using the ends to clean up around the base of each finger. Block.

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