DK230

220 Superwash® Sport

Graceful Cabled Tunic

Designed by

Fiona Ellis

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220 Superwash® Sport
Graceful Cabled Tunic

By Fiona Ellis

FINISHED MEASUREMENTS:

Bust:

31½ (35½, 39½, 43½, 47½, 51½)" /
80 (90, 100.5, 110.5, 120.5, 131) cm.

Length:

24½ (25, 25½, 26½, 26½, 27½)" /
62 (63.5, 65, 67, 67, 70) cm.

MATERIALS

220 Superwash® Sport
100% Superwash Wool
50 g (1.75 oz) / 136.5 yds / 125 m
M/C shade # 1946: 8 (9, 11, 11, 12, 14) skeins
C/C shade # 1913: 1 skein all sizes
US 6 (4 mm) knitting needles,
US 6 /16" circular knitting needle for neckline
Cable needle
1 stitch holder

GAUGE:
24 sts x 26 rows = 4" (10 cm) over St st.
To save time and to ensure accurate sizing, check gauge.

STITCH GLOSSARY

Seed Stitch - even number of sts:
Row 1: [K1, p1] to end.
Row 2: [P1, k1] to end.

ABBREVIATIONS / KEY TO CHART

Knit on RS rows, Purl on WS rows

Purl on RS rows, Knit on WS rows

C2B: Slip next st onto CN, hold at back of work, k1 from left needle, then k1 from CN.

C2F: Slip next st onto CN, hold at front of work, k1 from left needle, then k1 from CN.

T2B: Slip next st onto CN, hold at back of work, k1 from left needle, then p1 from CN.

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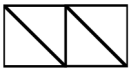
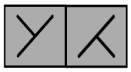
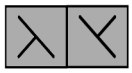
 **T2F:** Slip next st onto CN, hold at front of work, p1 from left needle, then k1 from CN.

NOTE: When working cable crosses on WS rows:

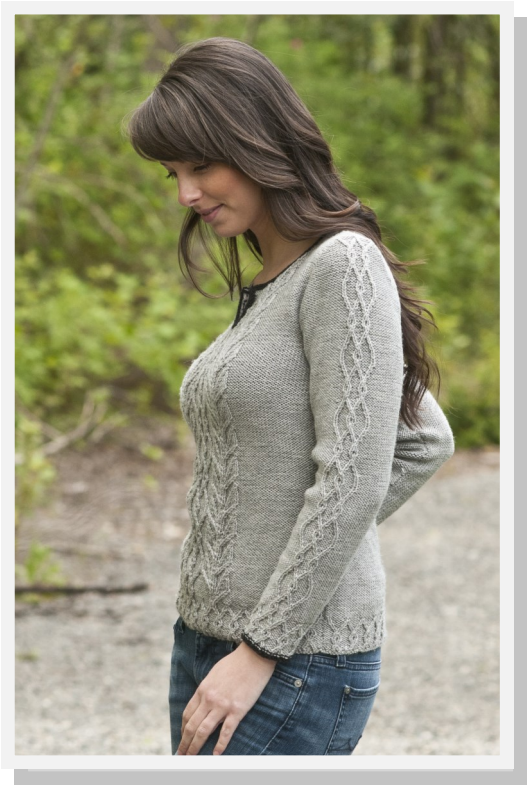
Sts held at the front = towards you as you work not the public side of the work.

Sts held at the back = away from you as you work not the non-public side of the work.

 **C2Bp**: Slip next st onto CN, hold at back of work, p1 from left needle, then p1, from CN.

 **C2Fp:** Slip next st onto CN, hold at front of work, p1 from left needle, then p1, from CN.

K	= Knit
P	= Purl
RS	= Right Side
WS	= Wrong Side
St/Sts	= Stitch/Stitches
CN	= Cable Needle
St st	= Stockinette Stitch
Dec	= Decrease
Inc	= Increase
M/C	= Main Color
C/C	= Contrasting Color
CF	= Center Front
k2togtbl	= Knit 2 stitches together through the back loop
P2tog	= Purl 2 stitches together
K2tog	= Knit 2 stitches together



BACK

Using M/C and size 6 US / 4 mm needles and M/C cast on 94 (106, 118, 130, 142, 154) sts, work 2 rows in seed st.

Set-up row 1 (RS): P3, [k1, p2] to last 4 sts, k1, p3.

Set-up row 2: K3, p1, [k2, p1] to last 3 sts k3.

Establish border pattern:

Row 1 (RS): Following row 1 Chart A, p2, work 6 st pattern repeat 15 (17, 19, 21, 23, 25) times, p2.

Row 2: Following row 2 Chart A, k2, work 6 st pattern repeat 15 (17, 19, 21, 23, 25) times, k2.

Continue working rows 3-14 in sequence.

Establish main pattern:

Row 1 (RS): P2, k1, [p4, C2B] 4 (5 6, 7, 8, 9) times, p4, k2, p4, C2B, work row 1 Chart C over next 16 sts, C2B, p4, k2, [p4, C2B] 4 (5, 6, 7, 8, 9) times, p4, k1, p2.

Row 2: Following row 2 for all charts, k25 (31, 37, 43, 49, 55), work Chart D over next 14 sts, work Chart C over next 16 sts, work Chart B over next 14 sts, k25 (31, 37, 43, 49, 55).

Row 3: Following row 3 for all charts, p25 (31, 37, 43, 49, 55), work Chart B (14 sts), then Chart C (16 sts), followed by Chart D (14 sts), p25 (31, 37, 43, 49, 55).

Row 4: Following row 4 for both charts, k25 (31, 37, 43, 49, 55), work Chart D, then Chart C, followed by Chart B, k25 (31, 37, 43, 49, 55).

Continue working chart rows in sequence until row 10 for Charts B & D have been completed.

Then, continue working rows in sequence for Chart C as established and working rows 11-22 (12 row rep) only

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for Charts B & D until Back measures 4¾ (5¼, 5¼, 5¾, 5¾, 6¼)" / 12 (13.5, 13.5, 14.5, 14.5, 16) cm from beg, end with a RS row facing for next row.

Shape waist:

Dec row: Continue in pattern as set dec 1 st at each end of row. 92 (104, 116, 128, 140, 152) sts remain.

Work 5 rows even in pattern.

Rep the last 6 rows 3 more times, plus dec row once more. 84 (96, 108, 120, 132, 144) sts remain.

Work 5 rows even in pattern.

Inc row: Continue in pattern inc 1 st at each end of row. 86 (98, 110, 122, 134, 146) sts.

Work 5 rows even in pattern.

Repeat the last 6 rows, 3 more times, plus inc row once more. 94 (106, 118, 130, 142, 154) sts.

Work even in pattern until Back measures 16 (16½, 16½,17, 17, 17½)" / 40.5 (42, 42,43, 43,44.5) cm from beginning, ending with a RS row facing for next row.

Shape armholes:

Continue in pattern bind off 3 sts at beginning of next 4 rows, and 2 sts at beginning of following 2 rows, 78 (90, 102, 114, 126, 138) sts remains. Then dec 1 st at each end of next row and following 2 RS rows, 72 (84, 96, 108, 120, 132) sts remains.

Work even in pattern until Back measures 7½ (7½, 8, 8½, 8½, 9)" / 19 (19, 20.5, 21.5, 21.5, 23) cm from beg of armhole shaping, ending with a RS row facing for next row.

Shape shoulders:

Continue in pattern bind off 5 (6, 7, 9, 10, 11) sts at beginning of next 4 rows, then bind off 5 (6, 8, 9, 10, 11) sts at beginning of following 2 rows. Bind off remaining 42 (48, 52, 54, 60, 66) sts.

FRONT

Work as Back until armhole shaping is complete. 72 (84, 96, 108, 120, 132) sts remains. Work WS row even.

Divide for CF neckline opening:

Work in pattern over 36 (42, 48, 54, 60, 66) sts, turn, (leave rem 36 (42, 48, 54, 60, 66) sts on spare needle for right side. Continue working even in pattern until Front measures 2½" / 6.5 cm from beginning of CF divide, end with a WS facing for next row.

Shape left front neck:

Next row (WS): Bind of 4 sts at beginning of row, work in pattern to end.

Next row: Work in pattern to last 3 sts, p2tog, p1.

Repeat last 2 rows once more. 26 (32, 38, 44, 50, 56) sts remain.

Continue in pattern dec 1 st at neckline edge on following 11 (14, 16, 17, 20, 23) rows. 15 (18, 22, 27, 30, 33) sts remain.

Work even in pattern until Front measures the same as the Back before the shoulder shaping, end with a RS row facing for next row.

Shape shoulder:

Bind off 5 (6, 7, 9, 10, 11) sts at beginning of next row, work in pattern to end.

Work WS row even in pattern.

Rep the last 2 rows.

Bind of remaining 5 (6, 8, 9, 10, 11) sts.

Shape right front neck:

Return to sts on spare needle, rejoin yarn, work in pattern to end.

Continue working even in pattern until Front measures 2½" / 6.5 cm from beg of CF divide, end with a RS facing for next row bind of 4 sts at beginning of row, work in pattern to end.

Next row: Work in pattern to last 3 sts, k2togtbl, k1.

Repeat last 2 rows once more. 26 (32, 38, 44, 50, 56) sts remain.

Continue in pattern dec 1 st at neckline edge on following 11 (14, 16, 17, 20, 23) rows, 15 (18, 22, 27, 30, 33) sts remains.

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Work even in pattern until Front measures the same as the Back before the shoulder shaping, end with a WS row facing for next row.

Shape shoulder:

Bind off 5 (6, 7, 9, 10, 11) sts at beginning of next row, work in pattern to end.

Work RS row even in pattern.

Repeat the last 2 rows.

Bind of remaining 5 (6, 8, 9, 10, 11) sts.

SLEEVE (make 2 alike)

Using C/C and size 6 US / 4 mm needles and M/C cast on 54 sts, work 2 row in seed st. Change to M/C and knit 1 row.

Set-up row 1 (RS): P1, [k1, p2] to last 2 sts, k1, p1.

Set-up row 2: K1, p1, [k2, p1] to last st k1.

Establish border pattern:

Row 1 (RS): Following row 1 Chart A, work 6 st pattern repeat 9 times across row.

Row 2: Following row 2 Chart A, work 6 st pattern repeat 9 times, across row.

Continue working rows 3 - 14 in sequence.

Establish main pattern:

Row 1 (RS): K1, m1, [p4, C2B] 3 times, work row 1 Chart C over next 16 sts, [C2B, p4] 3 times, m1, k1. 56 sts.

Row 2: K20, work row 2 Chart C over next 16 sts, K20.

Row 3: P20, work row 3 Chart C, P20.

Continue working chart rows in sequence AT THE SAME TIME inc 1 st at each end of row 5 (5, 3, 3, 3, 3) and every following 6 (6, 4, 4, 4, 4)th row, 8 (6, 1, 8, 7, 17) times, 74 (70, 60, 74, 72, 92) sts, then every 8 (8, 6, 6, 6, 6)th row 4 (6, 14, 10, 11, 5) times, 82 (82, 88, 94, 94, 102) sts, work all inc sts in Reverse St st.

Work even in pattern until Sleeve measures 17 (17½, 17¾, 18 18½, 19)" / 43 (44.5, 45, 46, 47, 48) cm from beginning, end with a RS row facing for next row.

Shape cap:

Continue in pattern as set. Bind off 3 sts at beginning of next 4 rows, and 2 sts at beginning of following 2 rows, 66 (66, 72, 78, 78, 86) sts remain. Then dec 1 st at each end of RS rows, 6 (6, 7, 5, 8, 4) times, 54 (54, 58, 68, 62, 78) sts remains. Then, dec 1 st at each end of every row 18 (18, 20, 24, 20, 28) times.

Bind off remaining 18 (18, 18, 18, 22, 22) sts.

FINISHING

Weave in ends and block pieces to given dimensions. Join both shoulder seams.

Using circular US 6 (4 mm) needle and C/C, begin at upper left side of center front opening with RS facing, pick up and knit 15 sts down left side of opening, 1 st at bottom of opening and a further 15 sts up right side of opening. 31 sts. Knit 1 row. Bind off all sts.

Using circular US 6 (4 mm) needle and C/C, beginning at upper right side of center front opening with RS facing, pick up and knit 31 (31, 36, 36, 36, 41) sts up right front neck, 33 (37, 41, 43, 49, 55) sts across back neck and 31 (31, 36, 36, 36, 41) sts own left front neck. 95 (99, 113, 115, 121, 137) sts. Working back and forth knit 1 row. Bind off all sts loosely.

Set in sleeves to armholes. Sew side and sleeve seams.

Block lightly.

BELT

Using M/C and US 6 (4 mm) needles cast on 9 sts. Work in seed st throughout until belt measures 50 (52, 54, 56, 60, 62)"/ 127 (132,137, 142, 152. 157.5) cm.

Bind off all sts.

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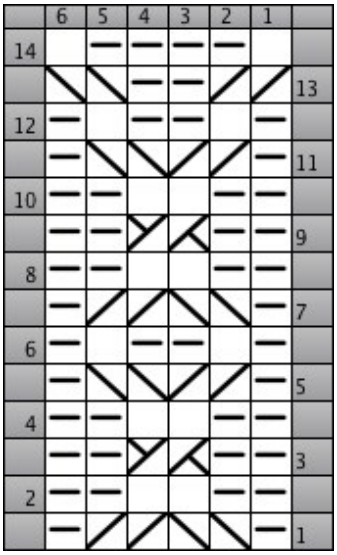

CHART A (6 st rep)

Row 1 (RS): P1, T2F, T2B, P1.
Row 2: K2, P2, K2.
Row 3: P2, C2B, P2.
Row 4: Rep row 2.
Row 5: P1, T2B, T2F, P1.
Row 6: K1, P1, K2, P1, K1.
Rows 7-12: Rep rows 1 - 6 once more.
Row 13: T2B, P2, T2F.
Row 14: P1, K4, P1.

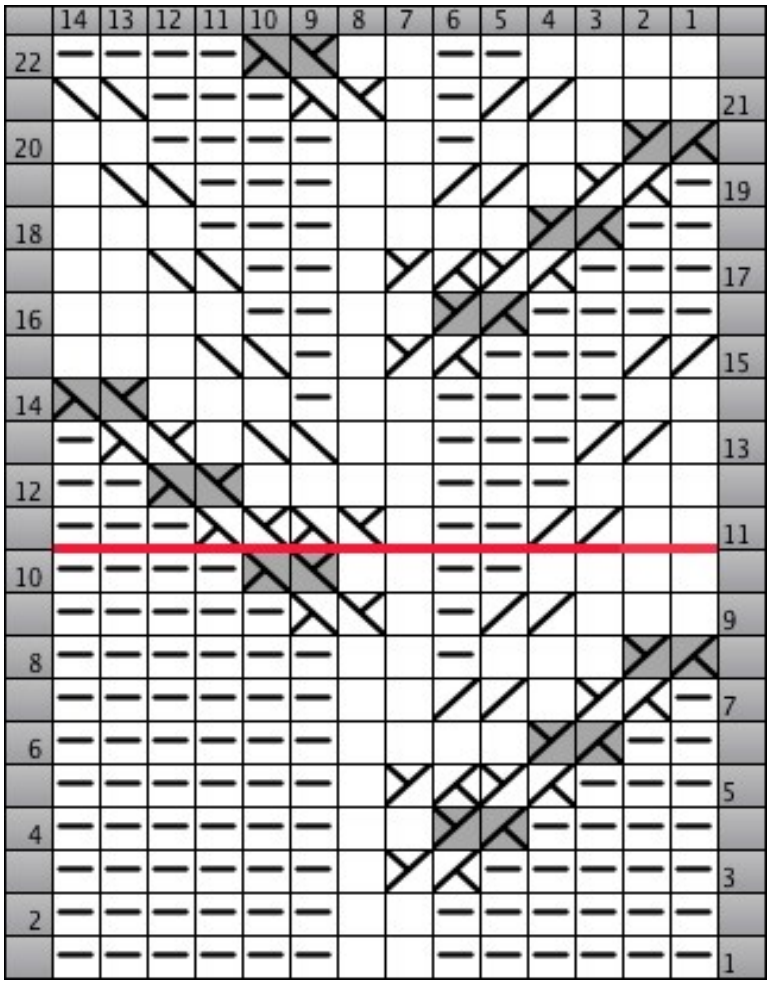

CHART B (14 st panel)

Row 1: P6, K2, P6.
Row 2: K6, P2, K6.
Row 3:P5, C2B, K1, P6.
Row 4: K6, P2, C2Bp, K4
Row 5: P3, [C2B] twice, K1, P6.
Row 6: K6, P4, C2Bp, K2.
Row 7: P1, C2B, K1, T2B, K2, P6.
Row 8: K6, P2, K1, P3, C2Bp.
Row 9: K3, T2B, P1, K1, C2F, P5.
Row 10: K4, C2Fp, P2, K2, P4.
Rows 1 - 10 work once only.
Row 11: K2, T2B, P2, K1 [C2F] twice, P3.
Row 12: K2, C2Fp, P4, K3, P3.
Row 13: K1, T2B, P3, K2, T2F, K1, C2F, P1.
Row 14: C2Fp, P3, K1, P2, K4, P2.
Row 15: T2B, P3, C2B, K1, P1, T2F, K3.
Row 16: P4, K2, P2, C2Bp, K4.
Row 17: P3, [C2B] twice, K1, P2, T2F, K2.
Row 18: P3, K3, P4, C2Bp, K2.
Row 19: P1, C2B, K1, T2B, K2, P3, T2F, K1.
Row 20: P2, K4, P2, K1, P3, C2Bp.
Row 21: K3, T2B, P1, K1, C2F, P3, T2F.
Row 22: K4, C2Fp, P2, K2, P4.
Rep rows 11-22 only for pattern.

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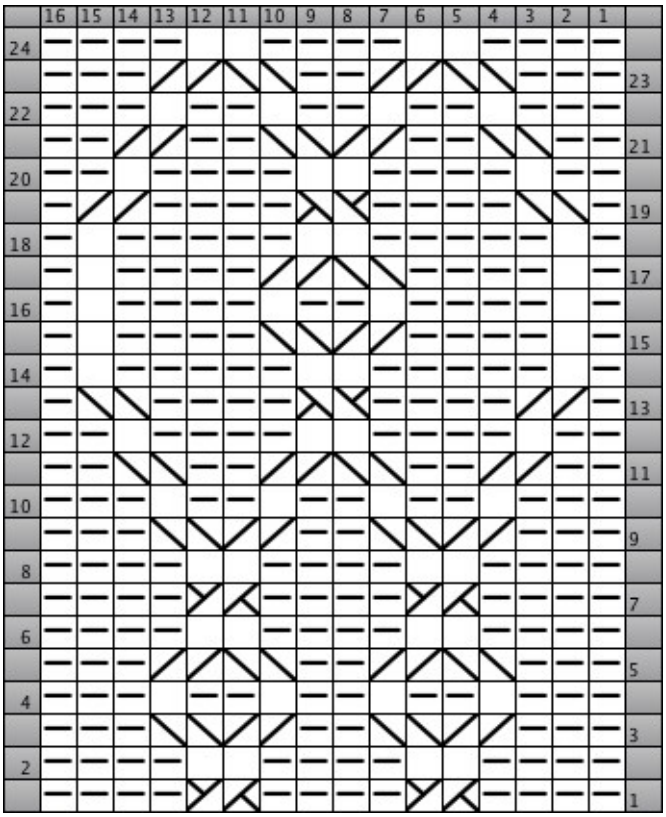
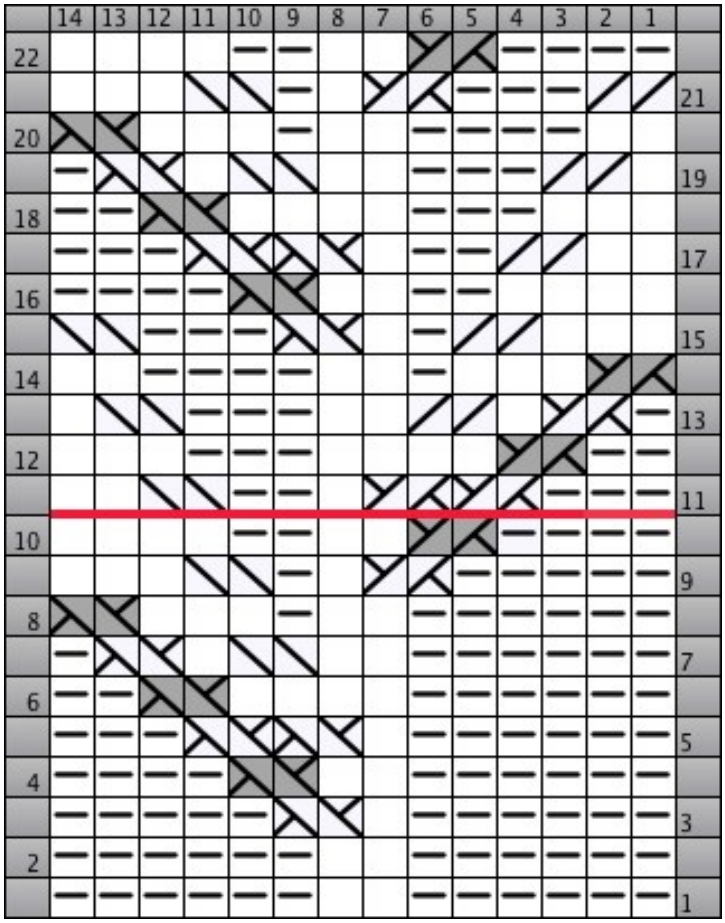
CHART C (16 st panel)



Row 1 (RS): [P4, C2B] twice, P4.
Row 2: [K4, P2] twice, K4.
Row 3: P3, T2B, T2F, P2, T2B, T2F, P3.
Row 4: K3, P1, [K2, P1] 3 times, K3.
Row 5: P3, T2F, T2B, P2, T2F, T2B, P3.
Row 6: Rep row 2.
Rows 7-10: Rep rows 1 - 4 once more.
Row 11: P2, T2B, P2, T2F, T2B, P2, T2F, P2.
Row 12: K2, P1, K4, P2, K4, P1, K2.
Row 13: P1, T2B, P4, C2F, P4, T2F, P1.
Row 14: K1, P1, K5, P2, K5, P1, K1.
Row 15: P1, K1, P4, T2B, T2F, P4, K1, P1.
Row 16: K1, P1, K4, P1, K2, P1, K4, P1, K1.
Row 17: P1, K1, P4, T2F, T2B, P4, K1, P1.
Row 18: K1, P1, K5, P2, K5, P1, K1.
Row 19: P1, T2F, P4, C2F, P4, T2B, P1.
Row 20: K2, P1, K4, P2, K4, P1, K2.
Row 21: P2, T2F, P2, T2B, T2F, P2, T2B, P2.
Row 22: K3, P1, K2, P1, K2, P1, K2, P1, K3.
Row 23: P3, T2F, T2B, P2, T2F, T2B, P3.
Row 24: K4, P2, K3, P3, K4.

CHART D (14 st panel)



Row 1: P6, K2, P6.
Row 2: K6, P2, K6./
Row 3: P6, K1, C2F, P5.
Row 4: K4, C2Fp, P2, K6.
Row 5: P6, K1, [C2F] twice, P3.
Row 6: K2, C2Fp, P4, K6.
Row 7: P6, K2, T2F, K1, C2F, P1.
Row 8: C2Fp, P3, K1, P2, K6.
Row 9: P5, C2B, K1, P1, T2F, K3.
Row 10: P4, K2, P2, C2Bp, K4.
Rows 1 - 10 work once only.
Row 11: P3, [C2B] twice, K1, P2, T2F, K2.
Row 12: P3, K3, P4, C2Bp, K2.
Row 13: P1, C2B, K1, T2B, K2, P3, T2F, K1.
Row 14: P2, K4, P2, K1, P3, C2Bp.
Row 15: K3, T2B, P1, K1, C2F, P3, T2F.
Row 16: K4, C2Fp, P2, K2, P4.
Row 17: K2, T2B, P2, K1, [C2F] twice, P3.
Row 18: K2, C2Fp, P4, K3, P3.
Row 19: K1, T2B, P3, K2, T2F, K1, C2F, P1.
Row 20: C2Fp, P3, K1, P2, K4, P2.
Row 21: T2B, P3, C2B, K1, P1, T2F, K3.
Row 22: P4, K2, P2, C2Bp, K4.
Rep rows 11-22 only for pattern.

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