DK220

220 Superwash Sport

Weekender

Designed by Nancy Rieck

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FINISHED MEASUREMENTS
Chest: 32(36, 40, 44, 48, 52) inches. Options given to customize size.
Length: 15 (15, 16, 16, 17, 17) inches
Neck is 16 inches for all sizes.

MATERIALS
Sport weight Yarn * 1367(11820, 2100, 2400, 2800, 3200) Yards
16, 24, 32 (40+) inch circular needles size 3 U.S./3.25mm
Or to gauge. Plus 2 sizes larger needle for binding off.

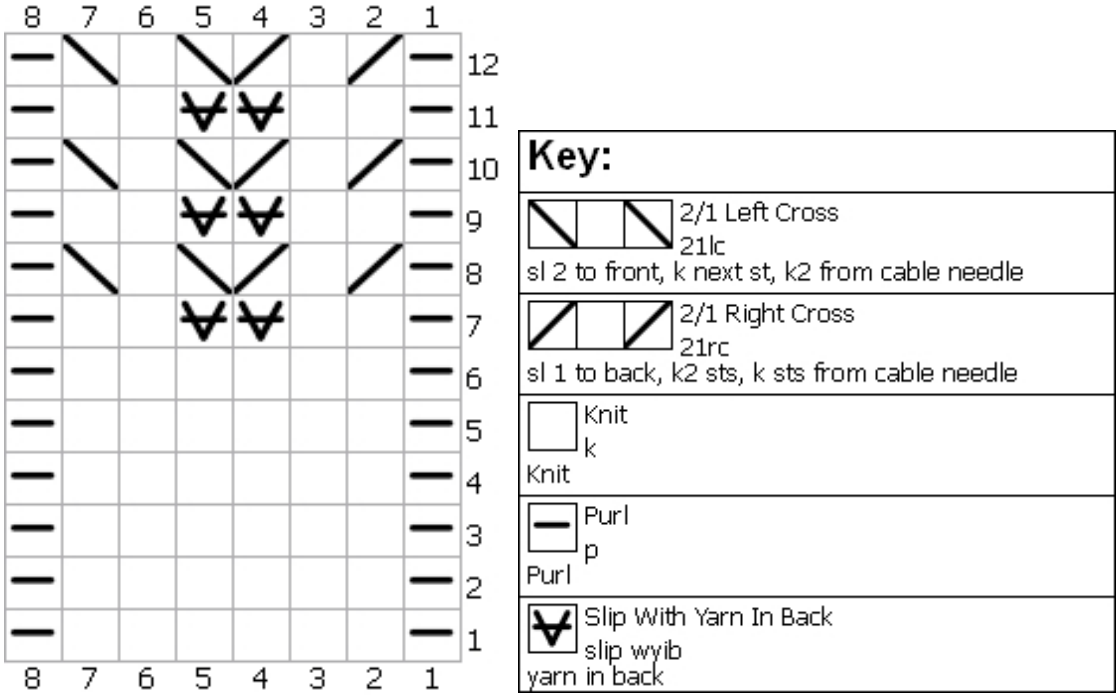
Notions Required: waste yarn or cable holders, markers, cable needle, tapestry needle.

* Yarn shown: Cascade Yarn, 220 Sport Superwash Paints

GAUGE
26 sts x 32 rows = 4 inches in Stockinette (size 3 U.S./3.25mm)
Adjust needle size if necessary to obtain the correct gauge.

ABBREVIATIONS
M: Marker, **PM**: Place Marker, **SM**: Slip Marker, **RT**: Right Twist, **C8**: Work Cable Chart, **M1**:(Make One) lift st below up to LH needle and k into it.
Repeat patterns in between **

PATTERN STITCHES
Right Twist
K2tog leaving sts on needle, k first st, sl both sts from needle.



Cable Chart

PATTERN

CO 120 sts. Being careful not to twist, PM and join in the round.
Row 1: *K1, p1, k2, p1*.
Row 2: *K1, p1, RT, p1*.
Work rows 1 and 2 for 1.5 inches.

Increases

Row 1: *K1, p1, k2, C8, k2, p1, k1, p1, k2, p1*.
Row 2: *K1, p1, RT, C8, RT, p1, k1, p1, RT, p1*.
Row 3: *M1, k1, p1, k2, C8, k2, p1, k1, p1, k2, p1*. (126 sts)
Row 4: *K2, p1, RT, C8, RT, p1, k1, p1, RT, p1*.
Row 5: *K2, p1, k2, C8, k2, p1, M1, k1, p1, k2, p1*. (132 sts)
Row 6: *K2, p1, RT, C8, RT, p1, k2, p1, RT, p1*.
Row 7: *K1, M1, k1, p1, k2, C8, k2, p1, k1, M1, k1, p1, k2, p1*. (138 sts)
Row 8: *K3, p1, RT, C8, RT, p1, k3, p1, RT, p1*.
Row 9: *K2, M1, k1, p1, k2, C8, k2, p1, k3, p1, k2, p1*. (144 sts)
Row 10: *K4, p1, RT, C8, RT, p1, k3, p1, RT, p1*.
Row 11: *K4, p1, k2, C8, k2, p1, k2, M1, k1, p1, k2, p1*. (150 sts)
Row 12: *K4, p1, RT, C8, RT, p1, k4, p1, RT, p1*.
Row 13: *K3, M1, k1, p1, k2, C8, k2, p1, k3, M1, k1, p1, k2, p1*. (162 sts)
Row 14: *K5, p1, RT, C8, RT, p1, k5, p1, RT, p1*.
Row 15: *K4, M1, k1, p1, k2, C8, k2, p1, k5, p1, k2, p1*. (168 sts)
Row 16: *K6, p1, RT, C8, RT, p1, k5, p1, RT, p1*.
Row 17: *K6, p1, k2, C8, k2, p1, k4, M1, k1, p1, k2, p1*. (174 sts)
Row 18: *K6, p1, RT, C8, RT, p1, k6, p1, RT, p1*.

Place Markers

Row 1: SM, (Front) K6, Pattern Section **A1**: [p1, k2, C8, k2, p1, k16, p1, k2, C8, k2, p1], k6, PM, (Sleeve) k10, Pattern Section **B1**: [p1, k2, C8, k2, p1], k10, PM, (Back) k6, Pattern Section **A1**: [p1, k2, C8, k2, p1, k16, p1, k2, C8, k2, p1], k6, PM, (Sleeve) k10, Pattern Section **B1**: [p1, k2, C8, k2, p1], k10.
Row 2: K6, Pattern Section **A2**: [p1, RT, C8, RT, p1, k16, p1, RT, C8, RT, p1], k6, SM, k10, Pattern Section **B2**: [p1, RT, C8, RT, p1], k10, SM, k6, Pattern Section **A2**: [p1, RT, C8, RT, p1, k16, p1, RT, C8, RT, p1], k6, SM, k10, Pattern Section **B2**: [p1, RT, C8, RT, p1], k10.
Repeat these two rows increasing the knit sts around your markers and repeating the pattern sections in between as follows.

Increases Around Markers

Every odd row you will increase 1 st on each side of your markers. 8 sts each increase round.
Row 1:* K1, M1, k to Pattern Section A1, work A1, k to 1 st before M, M1, k1, SM, k1, M1, k to Pattern Section B1, work B1, k to 1 st before M, M1, k1, SM*.
Row 2, 4, 6, 8, & 10: *K to Pattern Section A2, work A2, k to M, SM, K to Pattern Section B2, work B2, k to M, SM*.
Row 3:* K2, M1, k to Pattern Section A1, work A1, k to 2 sts before M, M1, k2, SM, k2, M1, k to Pattern Section B1, work B1, k to 2 sts before M, M1, k2, SM*.
Row 5:* K3, M1, k to Pattern Section A1, work A1, k to 3 sts before M, M1, k3, SM, k2, M1, k to Pattern Section B1, work B1, k to 3 sts before M, M1, k3, SM*.
Row 7:* K4, M1, k to Pattern Section A1, work A1, k to 4 sts before M, M1, k4, SM, k4, M1, k to Pattern Section B1, work B1, k to 4 sts before M, M1, k4, SM*.
Row 9:* K5, M1, k to Pattern Section A1, work A1, k to 5 sts before M, M1, k5, SM, k5, M1, k to Pattern Section B1, work B1, k to 5 sts before M, M1, k5, SM*.

Repeat these 10 rows until you have your st count needed for each section.

CUSTOM FIT NOTES

The size of your sweater depends on how long you repeat the Increase Set of 10 Rows. (Change to larger circulars when needed.) Try your sweater on to see how long your increases need to be.

Place your stitches on a piece or waste yarn long enough to give you plenty of ease. Put the sweater on and check. You can modify and check to see if you need more or less sts, more or less rows before the underarm join. You will be casting on extra sts at your body join and sleeve area, so account for this. The sleeves join several inches below your arm pit.

If you have the sts you need but want it longer, stop the increases and make it longer.

Option: Customize your sweater and choose a body and arm size that suits your body.

Here are your stitch guides before your join:
Body (each section): 92 sts = 30", 98 sts = 32", 104 sts = 34", 112 sts = 36", 118 sts = 38", 124 sts = 40", 130 sts = 42", 138 sts = 44", 144 sts = 46", 150 sts = 48", 156 sts = 50", 162 sts = 52".

Arms (total sts each section): 70 sts = 11", 76 sts = 12", 82 sts = 13", 88 sts = 14", 94 sts = 15", 100 sts = 16", 106 sts = 17", 112 sts = 18".

Your body and sleeve increases may need to stop at different rates.

Separating Sleeves
When you have your desired sts and length *knit to M, CO 6 sts, SM to LH needle, slip arm sts to waste yarn or knit onto a cable holder*, knit across your second body area and repeat process for second sleeve (in between *'s). Your body area is now joined in the round with an extra 6 sts at each side. Keep only your two side markers. Knit all sts.

Continue working your set pattern in the round for 10 (10, 11, 11, 12, 12) inches or 5 inches from desired length.

Starting with 196(208, 220, 236, 248, 260, 272, 288, 312, 324, 336) increase by M1 evenly 4(2, 0, 4, 2, 0, 3, 2, 3, 1, 4). 200(210, 220, 240, 250, 260, 275, 290, 315, 325, 340) sts remain.

Rib
Row 1: *K1, p1, k2, p1*.
Row 2: *K1, p1, RT, p1*.
Work these 2 rows for 5 inches.
With needle 2 sizes larger, BO all sts following row 1 pattern.

SLEEVES
Place your sleeves on DPN's or 2 circular needles. Pick up and knit 6 sts where your body CO sts, knit around your sleeve.
Work your set pattern in the round to your elbow.

Decreases
Starting with: 76 or 82
Row 1: K1, k2tog, knit to last 3 sts, k2tog, k1. (2 decreased)
Rows 2, 3, 4 & 5: Knit.

Starting with: 88 or 94 sts:
Row 1: K1, k2tog, knit to last 3 sts, k2tog, k1. (2 decreased)
Rows 2, 3 & 4: Knit.

Starting with 100, 106, or 112 sts:
Row 1: K1, k2tog, knit to last 3 sts, k2tog, k1. (2 decreased)
Rows 2 and 3: Knit.

55(55, 60, 60, 70, 70, 75, 75) sts remain.

Rib
Row 1: *K1, p1, k2, p1*.

Row 2: *K1, p1, RT, p1*.
Work these 2 rows for 3 inches.
With needle 2 sizes larger, BO all sts following row 1 pattern.

Repeat for 2nd sleeve.

FINISHING

With tapestry needle weave in all loose ends.
Soak sweater in cold water. Squeeze out water, lay flat and roll in towel to release more water.
Block to size.