LaSalle Street Cardigan

Cascade 220® Sport

Designed by Nancy Rieck

Knitting Pattern DK174 - Intermediate/ Expert

Finished Measurements:

Chest: 32” (36, 40, 44, 48, 52)”. (Options given to customize size.) Length: 15” (15, 16, 16, 17, 17)”

Materials:

- Cascade Yarns® Cascade 220® Sport: 100% Peruvian Highland Wool; 50 g (1.75 oz) / 164 yds (150 m) 7 (8, 10, 11, 13, 14) skeins of color #9325 West Point Blue Heather
- US 3 (3.25 mm)/32” (40+)” circular needles
- 1 set of DPN knitting needles or size to obtain gauge.
- US 5 (3.75 mm) knitting needles for binding off
- Waste Yarn or Cable Holders
- Stitch Markers
- Cable Needle
- Tapestry/Darning Needle
- 17 - ½” Buttons

Gauge:

24 sts x 32 rows = 4” (10 cm) in Stockinette stitch on US 3 (3.25mm) needles. Adjust needle size if necessary to obtain the correct gauge.

Special Notes:

Repeat patterns in between **

Pattern Stitches:

Crossed Rib:

(Back and Forth)

Rows 1 and 3 (RS): *P1, K1*, P1

Abbreviations:

CO = Cast On
BO = Bind Off
M = Marker
PM = Place Marker
SM = Slip Marker
CRP = Crossed Rib Pattern
MCP = Meandering Cables Pattern
Cr3B = Crossed Rib 3 Back
C6F = Cable 6 Front
YB = yarn in back
CN = Cable Needle
M1 = (Make One) lift st below up to LH needle and k into it
Sl = Slip
St(s) = Stitch(es)
LH = Left Hand
K2tog = Knit 2 stitches together
YO = Yarn Over
YB = Yarn Back
psso = Pass Slip Stitch Over

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Rows 2, 4, and 6 (WS): * K1, P1*, K1

Row 5 (RS): *P1, Cr3B*, P1

Crossed Rib:

(In the round)

Rows 1, 2, 3, 4, & 6: *P1, K1*

Row 5: *P1, Cr3B*

Crossed Rib 3 Back:

Sl2 sts to CN and hold in back, K1, slip P st onto LH Needle and P, K1 from CN.

Cable 6 Front:

Sl3 sts to CN, K3, K3 from CN.

Meandering Cables:

Note: Sts should only be counted after the set up row, 15th, 16th, 27th and 28th rows.

Set up Row (WS): K2, *P6, K2*. (26 sts)

Row 1 (RS): P2, [K2tog, YO] twice, K2tog, *P2, K6, P2, [K2tog, YO] twice, K2tog* to last 2 sts, P2

Row 2: K2, P5, K2, *P6, K2, P5, K2*

Row 3: P2, K1, [YO, K2tog] twice, P2, *C6F, P2, K1, [YO, K2tog] twice, P2*

Row 4: K2, P5, K2, *P6, K2, P5, K2*

Row 5: P2, K1, [YO, K2tog] twice, P2, *K6, P2, K1 [YO, K2tog] twice, P2*

Row 6: K2, P5, K2, *P6, K2, P5, K2*

Row 7: P2, K1, [YO, K2tog] twice, P2, *K6, P2, K1 [YO, K2tog] twice, P2*

Row 8: K2, P5, K2, *P6, K2, P5, K2*

Row 9: P2, K1, [YO, K2tog] twice, P2, *K6, P2, K1 [YO, K2tog] twice, P2*

Row 10: K2, P5, K2, *P6, K2, P5, K2*

Row 11: P2, K1, [YO, K2tog] twice, P2, *C6F, P2, K1, [YO, K2tog] twice, P2*

Row 12: K2, P5, K2, *P6, K2, P5, K2*

Row 13: P2, K2, YO, K1, YO, K2tog, P2, *K6, P2, K2, YO, K1, YO, K2tog, P2*

Row 14: K2, *P6, K2*

Row 15: P2, K6, P2, *YB, Sl1, K1, psso, [YO, Sl1, K1, psso] twice, P2, K6, P2*

Row 16: K2, P6, K2, *P5, K2, P6, K2*

Row 17: P2, C6F, P2, *YB, [Sl1, K1, psso, YO] twice, K1, P2, C6F, P2*

Row 18: K2, P6, K2, *P5, K2, P6, K2*

Row 19: P2, K6, P2, *YB, [Sl1, K1, psso, YO] twice, K1, P2, K6, P2*

Row 20: K2, P6, K2, *P5, K2, P6, K2*

Row 21: P2, K6, P2, *YB, [Sl1, K1, psso, YO] twice, K1, P2, K6, P2*

Row 22: K2, P6, K2, *P5, K2, P6, K2*

Row 23: P2, K6, P2, *YB, [Sl1, K1, psso, YO] twice, K1, P2, K6, P2*

Row 24: K2, P6, K2, *P5, K2, P6, K2*

Row 25: P2, C6F, P2, *YB, [Sl1, K1, psso, YO] twice, K1, P2, C6F, P2*

Row 26: K2, P6, K2, *P5, K2, P6, K2*

Row 27: P2, K6, P2, *K2, YO, Sl1, K1, psso, YO, K1, P2, K6, P2*

Row 28: K2, *P6, K2*

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Pattern:

CO 121 sts

Set up row (RS): *K1, P1*, K1

Work following for 1.5": Starting on Row 2 of Crossed Rib Pattern.

Sl1 purlwise, CRP to last st, P1.

Sl1 knitwise, CRP to last st, K1.

End with RS row.

Set up WS Row: Sl1 purlwise, work 13 sts in CRP, P2, PM, P2, set up row MCP, P2, PM, P2, set up row MCP, P2, PM, P2,set up row MCP, P2, PM, P1, work 13 sts in CRP, P1.

RS Row: Sl1 knitwise, work 13 sts in CRP, M1, K1, SM, K2, 1MCP, K2, SM, M1, K1, M1, K1, 1MCP, M1, K1, M1, K1, SM, K2, 1MCP, K2, SM, K2, work 13 sts in CRP, K1.

WS Row: Sl1 purlwise, work 13 sts in CRP, P2, SM, P2, 1MCP, P2, SM, P4, 1MCP, P4, SM, P2, 1MCP, P2, SM, P2, work 13 sts in CRP, P1.

You now have a set pattern of (Front) CRP, Stockinette stitch, M, (Sleeve) Stockinette stitch, MCP, Stockinette

stitch, M, (Back) Stockinette stitch, MCP, Stockinette stitch, M, (Sleeve) Stockinette stitch, MCP, Stockinette stitch, M, (Front) Stockinette stitch, CRP.

Increase Set of 10 Rows:

Row 1 (RS): *Work to 1 st before, M, M1, K1, SM, K1, M1, *work to 1 st before, M, M1, K1

Row 2 and all even rows through 10 (WS): Work pattern sts. (purling new sts.)

Row 3: *Work to 2 sts before, M, M1, K2, SM, K2, M1,* work to 2 sts before, M, M1, K2

Row 5: *Work to 3 sts before, M, M1, K3,*SM, K3, M1,* work to 3 sts before M, M1, K3

Row 7: *Work to 4 sts before, M, M1, K4,*SM, K4, M1,* work to 4 sts before M, M1, K4

Row 9: *Work to 5 sts before, M, M1, K5,*SM, K4, M1,* work to 5 sts before M, M1, K5

Increases Around All Markers:

Your increases will be worked around all the markers in sets of 10 rows. (8 sts increased each odd row.)

Increase Set of 10 Rows:

Row 1 (RS): *SM, K1, M1, work to 1 st before, M, M1, K1*

Row 2 and all even rows through 10 (WS) : Work pattern sts. (purling new sts.)

Row 3: *SM, K2, M1, work to 2 sts before M, M1, K2*.

Row 5: *SM, K3, M1, work to 3 sts before M, M1, K3*.

Row 7: *SM, K4, M1, work to 4 sts before M, M1, K4*.

Row 9: *SM, K5, M1, work to 5 sts before M, M1, K5*.

Repeat these 10 rows until you have your st count needed for each section. Your fronts will continue increasing even after you separate your sleeves and join your body areas.

Custom Fit Notes:

The size of your sweater depends on how long you repeat the Increase Set of 10 Rows. (Change to larger circulars if needed.) Try your sweater on to see how long your increases need to be. Place your stitches on a piece or waste yarn long enough to give you plenty of ease. Put the sweater on and check. You can modify and check to see if you need more or less sts, more or less rows before the underarm join. You will be casting on extra sts at your body join and sleeve area, so account for this. The sleeves join several inches below your arm pit.If you have the sts you need but want it longer, stop the increases and make it longer. Some sizes will obtain st count on different rows on fronts, back and sleeves. Some sizes will have odd number of sts for their st guide. The extra st can be added with the cast on sts when separating sleeves and body. Customize your sweater and choose a body and arm size that suits your body.

Here are your stitch guides before your join -

Front (each side): 49 sts = 30", 55 sts = 32", 61 sts = 34", 67 sts = 36", 73 sts = 38", 79 sts = 40", 85 sts = 42", 91 sts= 44", 97 sts = 46", 103 sts = 48", 109 sts = 50", 115 sts= 52".

Back: 92 sts = 30", 98 sts = 32", 104 sts = 34", 110 sts = 36", 116 sts = 38", 122 sts = 40", 128 sts = 42", 134 sts = 44", 140 sts = 46", 146 sts = 48", 152 sts = 50", 158 sts = 52".

Arms (each section): 68 sts = 11", 74 sts = 12", 80 sts = 13", 86 sts = 14", 92 sts = 15", 98 sts = 16", 104 sts = 17", 110 sts = 18", 116 sts = 19".

Separating Sleeves:

When you have your desired sts and length *work to M, CO6 sts, SM to LH needle, slip arm sts to waste yarn or knit onto a cable holder*, work across your back body area and repeat process for second sleeve (in between *'s). Your back and side body areas are now joined in the round with an extra 6 sts at each side. Keep your 2 markers at each front area.

Work your established body pattern still continuing your

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increases on your 2 front areas.

Once you have obtained your sts count for your front areas you will be making a button hole in the center of the rib on your right wearing side as follows:

On row 3 (RS) BO the center purl st. (st 7 from the end)

On row 4 CO the center knit st. (st 8 from the end)

Work your button holes every rows 3 & 4 from here to the end of your sweater body.

Continue working your pattern for 12(12, 13, 13, 14, 14) or 3 inches from desired length.

On your last RS row increase evenly in your Stockinette stitch areas by M1 to obtain 221(237, 253, 272, 293, 309, 329, 345, 365, 381, 401, 417).

Some sizes will not need increases.

Row 1 (RS): Sl1 knitwise, CRP to last st, K1.

Row 2: Sl1 purlwise, CRP to last st, P1.

Work these 2 rows for 3 inches.

End with Row 3 of CRP. (No button hole made).

BO all sts following Row 4 of pattern st.

Sleeves:

Place your sleeves on DPN's or 2 circular needles.

Pick up and knit 6 sts where your body CO sts are.

Work all sts in the round to your elbow keeping your 1MCP down the center of your sleeve.

Decreases:

Starting with - 80(86, 92, 98, 104, 110, 116, 122) sts

(If you have a different starting st count, decrease using the rows below to one of the st counts above, then continue.)

Row 1: K1, K2tog, work to last 3 sts, K2tog, K1. (2 decreased)

Rows 2, 3 and 4: Work pattern.

Repeat these 4 rows for a total of 8(12, 12, 18, 18, 24, 24, 30, 30) sts decreased.

Work all rounds until 3 inches from desired length.

Try your sweater on. This sleeve is meant to "blouse" slightly over your ribbed cuff.

On last round in your Stockinette stitch area decrease evenly by K2tog to reach 44(44, 48, 48, 48, 52, 52, 56) sts.

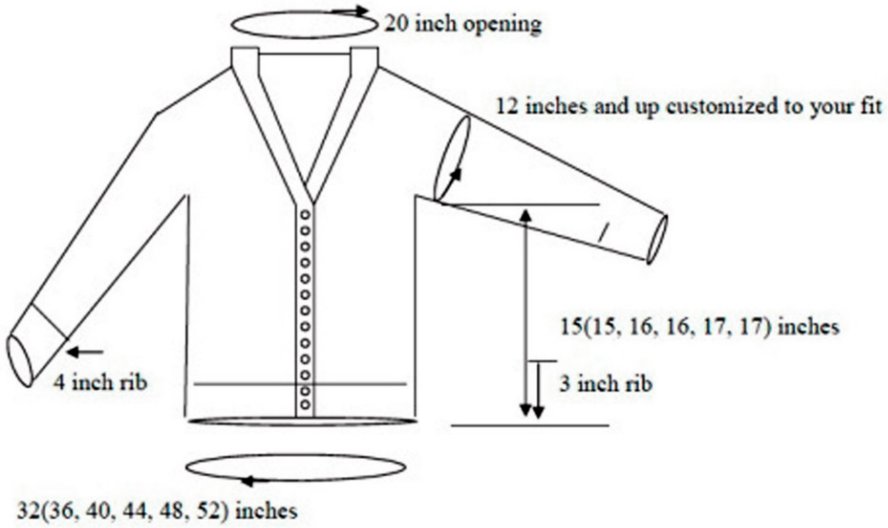
Cuff:

Work CRP in the round for 3".End with Row 3 of pattern.
BO all sts following Row 4 of pattern st.

Repeat for 2nd sleeve.

Finishing:

With tapestry needle weave in all loose ends. Soak knitwear in cold water. Squeeze out water, lay flat and roll in towel to release more water. Block to size.



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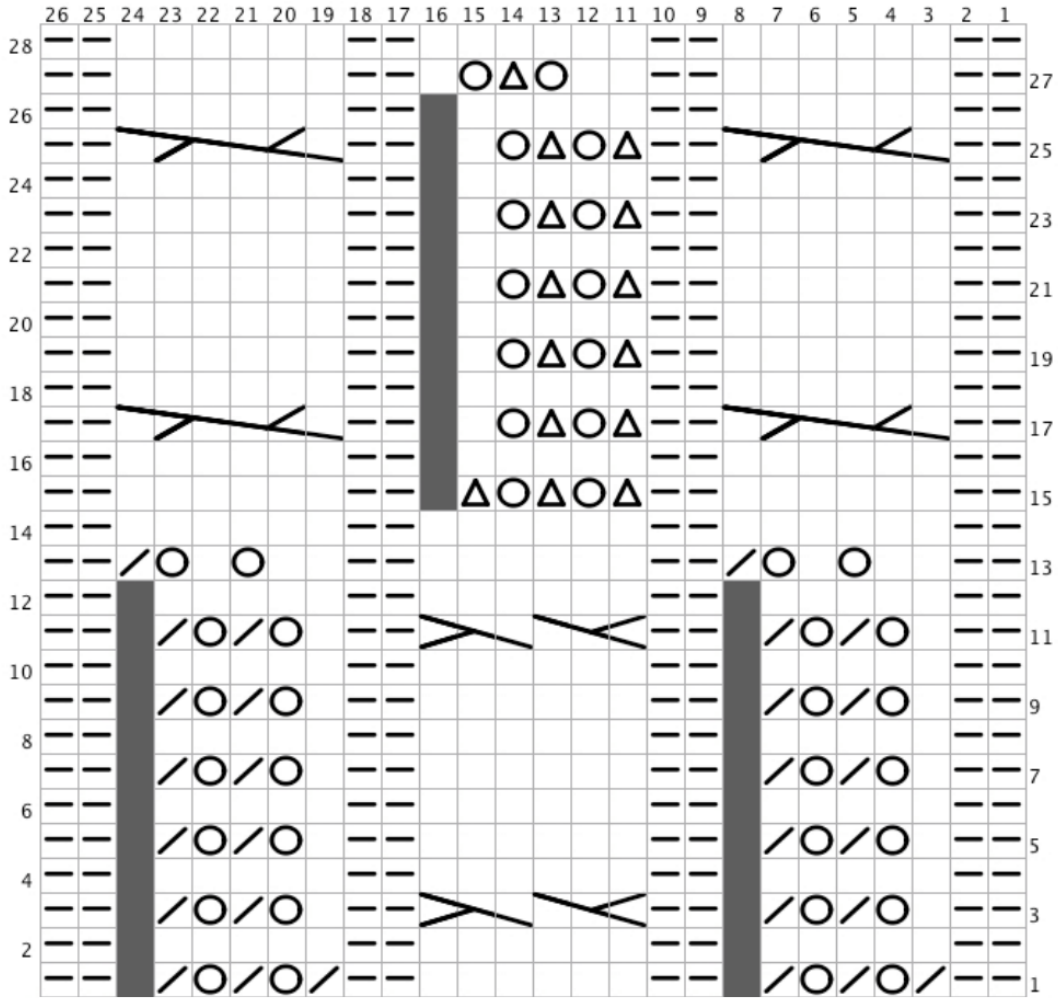
La Salle Street Chart



For La Salle Street Cardigan pattern, one 26 st chart is worked down each sleeve and the back of the sweater. To repeat this pattern for another use repeat columns 1-16 ending with columns 17-26. (multiples of 16+10) Row 14 can be used for a set up row.

Key:	
Cable 6 Front c6f (RS) Sl 3 to front, k3, k3 sts from cn (WS) Sl 3 to back, p3, p3 sts from cn	Purl p (RS) Purl (WS) Knit
Cable 6 Left c6l (RS) Sl 3 sts to f, k3, k3 from cn (WS) Sl 3 sts to f, p3, p3 from cn	Sl1 Kwise K1 Psso sl1 kwise k1 psso (RS) Sl1 Knitwise knit next stitch, pass slipped stitch over (WS) Sl1 Knitwise knit next stitch, pass slipped stitch over
Knit k (RS) Knit (WS) Purl	No Stitch x (RS) No Stitch (WS) No Stitch
Knit 2 Together k2tog (RS) Knit 2 stitches together (WS) Purl 2 Together	Yarn Over yo (RS) Yarn Over (WS) Yarn Over

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