**Category:** Accessories/Knitted Scarves/Mobius/Cowls

**Skill Level:**

INTERMEDIATE

# 220 Superwash® Aran Morpheus Cowl

## Designed by Shannon Dunbabin

**Size:**
One Size Fits Most

**Finished Measurements:**

22” circumference, 12” tall

**Materials:**

- Cascade Yarns®
  220 Superwash® Aran
  100% Superwash Merino
  Wool; 100 g (3.5 oz)/
  150 yds (137.5 m);
- 2 skeins color
  # 1985 (Duck Egg Blue)
- US 9 (5.5 mm) circular
  knitting needle or
  size to obtain gauge
- Yarn Needle
- 1 Stitch Marker

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**220 Superwash® Aran**
**Morpheus Cowl |** by Shannon Dunbabin

**Gauge:**

18 sts x 28 rows = 4” in pattern

**Abbreviations:**

CO = Cast On
BO = Bind Off
K = Knit
P = Purl
YO = Yarn Over
St(s) = Stitch(es)
K2tog = Knit 2 stitches together
SSK = Slip next 2 sts, RH needle into slipped sts and knit them together
S2KP2 = Slip next 2 sts, K next st, pass the 2 slipped sts over the knit st

**Note:** The sample pictured has 3.5 repeats of Rounds 1-24 and used almost every inch of yarn. If you are a loose knitter you may want to do just 3 repeats, go down 1 needle size or purchase an extra skein of yarn.

**Begin Pattern:**

CO 96 sts

Place marker to join in the round being careful not to twist stitches.
Round 1: K all sts
Round 2: P all sts
Round 3: K all sts
Round 4: P all sts
Round 5: *[(K1, YO) - 4 times, K1, SSK, S2KP2, K2tog] - repeat from * to end of round
Round 6: K all sts.
Round 7: *[(K1, YO) - 4 times, K1, SSK, S2KP2, K2tog] - repeat from * to end of round
Round 8: K all sts.
Round 9: *[(K1, YO) - 4 times, K1, SSK, S2KP2, K2tog] - repeat from * to end of round
Round 10: K all sts
Round 11: *[(K1, YO) - 4 times, K1, SSK, S2KP2, K2tog] - repeat from * to end of round
Round 12: K all sts
Round 13: K all sts

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Round 14: P all sts
Round 15: K all sts
Round 16: P all sts
Round 17: *[K3, YO, K1, YO, K4, S2KP2, K1] - repeat from * to end of round
Round 18: K all sts
Round 19:*[K3, YO, K1, YO, K4, S2KP2, K1] - repeat from * to end of round
Round 20: K all sts
Round 21: *[K3, YO, K1, YO, K4, S2KP2, K1] - repeat from * to end of round
Round 22: K all sts
Round 23: *[K3, YO, K1, YO, K4, S2KP2, K1] - repeat from * to end of round
Round 24: K all sts

Continue until almost desired length

End with

Round 1: P all sts
Round 2: K all sts
Round 3: P all sts

Bind off loosely

Weave in ends

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