



**A new design from Estelle Yarns!**

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**Naturalia “Outlander-ish” Cowl**

**Designed by Helen Firing for Estelle Yarns**

**Difficulty Level:** Advanced Beginner

**Size and Finished Measurements:**

One size

Approximately 30” circumference by 11” tall

**Note:** this cowl is worked double-stranded to add some extra texture and coziness. Ask your yarn shop to wind your skein on their ball winder into a centre-pull ball so that you can knit from each end of the ball at once when working the double-stranded sections.

**Materials:**

1 200g/120m skeins Borgo de’ Pazzi Naturalia - Sorry! No picture is available as yet!  
32” 19mm/US 35 circular needle

**Gauge:** 4 sts x 6 rows = 4 ins/10 cm in garter st with yarn held double on 19mm/US 35 needle

**Method:**

Holding both strands together, cast on 10 sts.

Work in garter stitch (knit every row) for 42 rows. Work from beg will measure approx. 30”.

Cast off all sts. Leave remaining yarn for sewing up later – leave it uncut as a long loop.

**Finishing:**

Weave in cast on ends. Cut single strand of cast off end loop so that you have one short strand to weave into work and one longer strand that you can use to sew the cast on and cast off edges together with.

Lay piece out flat so that cast on and cast off edges meet in the middle. Turn one end over so that there is a moebius twist in the cowl. Sew together 2 edges with long strand of cast off edge yarn and weave in remaining ends.

No blocking required.