Category: Accessories/Knitted Scarves/Mobius/Cowls

Skill Level: INTERMEDIATE

Size:
One size fits most adults

Finished Measurements:
24” circumference at neck x 16” tall

Materials:
- Cascade Yarns®
  Friday Harbor
  80% Merino Wool / 20% Silk
  100 g (3.5 oz) / 219 yds (200 m)
- 1 skein of color #07 (Adriatic Blue)
- US 8 (5.0 mm)
  16-20” circular knitting needles
- 4 stitch markers
- Yarn needle

Designed by Shannon Dunbabin
Gauge:
16 sts x 24 rows = 4” (10 cm) in stockinette stitch

Abbreviations:
CO = cast on
K = knit
K2tog = knit 2 stitches together
Kfb = knit into front and back
P = purl
PM = place marker
Rnd = round
RS = right side
sm = slip marker
SSK = slip, slip, knit the two slipped stitches together (decreases 1 stitch)
St(s) = stitch(es)
WS = wrong side
YO = yarn over

Main body (worked flat)
Row 1 (RS): K2, [sm, Kfb, K to marker, Kfb, sm, K1] - 2 times, end K1
Row 2 (WS): K2, [sm, P to marker, sm, K1] = 2 times, end K1

Note: increases 4 sts per repeat

Garter Ridge (worked flat)
Row 1 (RS): K2, [sm, Kfb, K to marker, Kfb, sm, K1] - 2 times, end K1
Row 2 (WS) K all sts

Arrow Section (worked flat)
Row 2 (WS): K2, sm, P2, [P2, K3, P1] until 2 sts before marker, P2, sm, K1, sm, P2, [P2, K3, P1] until 2 sts before marker, P2, sm, K2
Row 3: K2, sm, Kfb, K1, [K2, P3, K1], until 2 sts before marker, K1, Kfb, sm, K1, Kfb, K1, [K2, P3, K1], until 2 sts before marker, K1, Kfb, sm, K2
Row 4: K2, sm, P3, [K3, P3] until 3 sts before marker, P3, sm, K1, sm, P3, [K3, P3] until 3 sts before marker, P3, sm, K2
Row 5: K2, sm, Kfb, K2, [P3, K3] until 3 sts before marker, K2, Kfb, sm, K1, sm, Kfb, K2, [P3, K3] until 3 sts before marker, K2, Kfb, sm, K2
Row 6: K2, sm, P4, [K1, P3, K2] until 4 sts before marker, P4, sm, K1, sm, P4, [K1, P3, K2], until 4 sts before marker, P4, sm, K2
Row 7: K2, sm, Kfb, K3, [P1, K3, P2] until 4 sts before marker, K3, Kfb, sm, K1, sm, Kfb, K3, [P1, K3, P2] until 4 sts before marker, K3, Kfb, sm, K2
Row 8: K2, sm, P5, [K3, P3] until 5 sts before marker, P5, sm, K1, sm, P5, [K3, P3] until 5 sts before marker, P5, sm, K2

Main Body (worked in the round)
Rnd 1: K2, [sm, Kfb, K to marker, Kfb, sm, K1] - 2 times, end K1
Rnd 2: K2, sm, K to marker, sm, P1, sm, K to marker, sm, K2

Garter Ridge (worked in the round)
Rnd 1: K2, [sm, Kfb, K to marker, Kfb, sm, K1] - 2 times, end K1
Rnd 2: K2, P until last 2 stitches, end K2

Arrow Section (worked in the round)
Rnd 1: K2, sm, Kfb, [P3, K3] - until 1 st before marker, Kfb, sm, K1, sm, Kfb, [P3, K3] until 1 st before marker, Kfb, sm, K2
Rnd 2: K2, sm, K2, [K1, P3, K2] until 2 sts before marker, K2, sm, P1, sm, K2, [K1, P3, K2] until 2 sts before marker, K2, sm, K2
Rnd 3: K2, sm, Kfb, K1, [K2, P3, K1], until 2 sts before marker, K1, Kfb, sm, K1, Kfb, K1, [K2, P3, K1], until 2 sts before marker, K1, Kfb, sm, K2
Rnd 5: K2, sm, Kfb, K2, [P3, K3] until 3 sts before marker, K2, Kfb, sm, K1, sm, Kfb, K2, [P3, K3] until 3 sts before marker, K2, Kfb, sm, K2
Rnd 6: K2, sm, K4, [P2, K3, P1] until 4 sts before marker, K4, sm, P1, sm, K4, [P2, K3, P1], until 4 sts before marker, K4, sm, K2
Rnd 7: K2, sm, Kfb, K3, [P1, K3, P2] until 4 sts before marker, K3, Kfb, sm, K1, sm, Kfb, K3, [P1, K3, P2] until 4 sts before marker, K3, Kfb, sm, K2
Rnd 8: K2, sm, K5, [K3, P3] until 5 sts before marker, K5, sm, P1, sm, K5, [K3, P3] until 5 sts before marker, K5, sm, K2

**Purl Ridge (worked in the round)**
Rnd 1: P2, Kfb, P to last 3 sts, Kfb, P2  
Rnd 2: P all sts

**Begin Pattern:**
CO 3 sts.  
K 5 rows.  
K 1 row, rotate 90 degrees, pick up 3 sts, rotate 90 deg, pick up 3 more sts - 9 sts on needle

Set up  
Row 1 (RS): K2, pm, K2, pm, K1, pm, K2, pm, K2  
Row 2: K all sts (sm when come to them)

Do 10 repeats of Main Body worked flat (49 sts)  
Do 1 repeat Garter Ridge worked flat (53 sts)  
Do 1 repeat Main Body worked flat (57 sts)  
Do 1 repeat Arrow Section worked flat (73 sts)  
Do 1 repeat Main Body worked flat (77 sts)  
Do 1 repeat Garter Ridge worked flat (81 sts)  
Do 10 repeats Main Body worked flat (121 sts)

Join in round  
Rnd 1: K2, [sm, Kfb, K to marker, Kfb, sm, K1] - 2 times, end K1 - do not turn work – PM to mark beginning of round.  
Rnd 2: K2, P until last 2 stitches, end K2 (125 sts)

Do 1 repeat Main Body (worked in the round) (129 sts)  
Do 1 repeat Arrow Section (worked in the round) (142 sts)  
Do 1 repeat Main Body (worked in the round) (145 sts)  
Do 1 repeat Garter Ridge (worked in the round) (149 sts)  
Do 5 repeats Main Body (worked in the round) (169 sts)  
Do 1 repeat Purl Ridge (worked in the round) (173 sts)
Picot Bind off (cast on 2, bind off 4)
Step 1: Cast on 2 stitches
Step 2: Knit 2
Step 3: Pass first stitch over second stitch
Step 4: Knit, pass first stitch over second stitch
Step 5: Knit, pass first stitch over second stitch
Step 6: Knit, pass first stitch over second stitch
Step 7: Slip stitch back to main needle