Spontaneous Worsted

Confirmation Cowl

Designed by

Shannon Dunbabin

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Skill Level:
Intermediate

Size:
22” circumference, 12” tall

Materials:
Cascade Yarns® Spuntaneous Worsted
100% Extrafine Merino Wool
100 g (3.5 oz)/ 208 yds (190 m)
1 skein color #14 (Sky Heather)
US 9 (5.5 mm) circular knitting needle or
size to obtain gauge
Yarn Needle
1 Stitch Marker

Gauge:
22 sts x 28 rows = 4” in Pattern Stitch

Abbreviations:
BO = Bind Off
CO = Cast On
K = Knit
K2tog = Knit 2 stitches together
P = Purl
RH = Right Hand
Rnd(s) = Round(s)
St(s) = Stitch(es)
SSK = Slip next 2 sts, RH needle into slipped sts and knit them together
S2KP2 = Slip next 2 sts, K next st, pass the 2 slipped sts over the knit st
YO = Yarn Over

Begin Pattern:
CO 96 sts. Being careful not to twist your sts, join in the rnd. PM.
Rnd 1: K all sts.
Rnd 2: P all sts.
Rnd 3: K all sts.
Rnd 4: P all sts.
Rnd 5: *[K1, YO] 4 times, K1, SSK, S2KP2, K2tog; repeat from * to end of rnd.
Rnd 6: K all sts.
Rnd 7: *[K1, YO] 4 times, K1, SSK, S2KP2, K2tog; repeat from * to end of rnd.
Rnd 8: K all sts.
Rnd 9: *[K1, YO] 4 times, K1, SSK, S2KP2, K2tog; repeat from * to end of rnd.
Rnd 10: K all sts.
Rnd 11: *(K1, YO) 4 times, K1, SSK, S2KP2, K2tog; repeat from * to end of rnd.
Rnd 12: K all sts.
Rnd 13: K all sts.
Rnd 14: P all sts.
Rnd 15: K all sts.
Rnd 16: P all sts.
Rnd 17: *[K3, YO, K1, YO, K4, S2KP2, K1]; repeat from * to end of rnd.
Rnd 18: K all sts.
Rnd 19: *[K3, YO, K1, YO, K4, S2KP2, K1]; repeat from * to end of rnd.
Rnd 20: K all sts.
Rnd 21: *[K3, YO, K1, YO, K4, S2KP2, K1]; repeat from * to end of rnd.
Rnd 22: K all sts.
Rnd 23: *[K3, YO, K1, YO, K4, S2KP2, K1]; repeat from * to end of rnd.
Rnd 24: K all sts.
Continue until almost desired length.

**Note:** The sample pictured has 3.5 repeats of rnds 1-24 and used almost every inch of yarn. If you are a loose knitter you may want to do just 3 repeats go down at least 1 needle size or purchase an extra skein of yarn.

**Finishing:**
Rnd 1: P all sts.
Rnd 2: K all sts.
Rnd 3: P all sts.
BO loosely.
Weave in ends.