220 Superwash® Merino

Red Hawk Cowl

Designed by
Adina Logsdon
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In loving memory of my nana and her love of family history.

Skill Level: Intermediate/ Advanced

Size: 9½” high x 32” circumference

Materials:
Cascade Yarns® 220 Superwash® Merino
100% Superwash Merino Wool
100 g (3.5 oz) / 220 yds (200 m)
2 skein of color #27 (Charcoal)
1 (2) skein(s) of color #29 (Red)
US 5 Circular Knitting Needles
3 Stitch Markers
Cable needle
Yarn needle

Gauge: 22 sts x 32 rows = 4” (10 cm) in Stockinette stitch

Abbreviations:
BO = Bind Off
CC = Contrast Color
CO = Cast On
C2F = Slip 2 sts onto cable needle, hold to the front of work, Knit 2 sts from Left needle, then knit 2 sts from cable needle.
K = Knit
MC = Main Color
P = Purl
PM = Place Marker
Rnd(s) = Round(s)
St(s) = Stitch(es)

Note: With 2 skeins each of yarn in contrasting colors you can make 2 cowls by alternating the MC and the CC for each cowl. With this yarn, it shouldn’t be necessary to test color fastness. However, if you do want to make sure your colors don’t bleed together, you can always knit with both colors to create your gauge swatch and then wash your test swatch in a vinegar bath.

Begin Pattern:
CO 189 sts. Being careful not to twist, join in the rnd. PM

Cabled Ribbing:
Rnd 1: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 2: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 3: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 4: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 5: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 6: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 7: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 8: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 9: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 10: *[K4, P1, K3, P1]; repeat from * to end of rnd.

**Note:** The pattern is in written or in chart form. There are 63 sts per chart, and the charts are repeated 3 times each. It may be helpful to separate the chart repeats with stitch markers. 189 sts total.

If you are following the chart, start with Rnd 1 of chart here.

**Right Facing Arrow in the Red Hawk Chart:**

**Note:** There are 6 arrows in the rnd.
Rnd 1: *[With MC, K16; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K21, (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K6]; repeat from * 3 times to end of rnd.
Rnd 2: *[With MC, K3; with CC, K1; with MC, K11; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K9; with CC, K1; with MC, K11; with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K7]; repeat from * 3 times to end of rnd.
Rnd 3: *[With MC, K2; with CC, K2; with MC, K10; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K9; with CC, K2; with MC, K10; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K8]; repeat from * 3 times to end of rnd.
Rnd 4: *[With MC, K1; with CC, K3; with MC K28; with CC, K3; with MC, K28]; repeat from * 3 times to end of rnd.
Rnd 5: *[With CC, K24; with MC, K7; with CC, K24; with MC, K8]; repeat from * 3 times to end of rnd.
Rnd 6: *[With CC, K24; with MC, K7; with CC, K24; with MC, K8]; repeat from * 3 times to end of rnd.
Rnd 7: *[With MC, K1; with CC, K3; with MC K28; with CC, K3; with MC, K28]; repeat from * 3 times to end of rnd.
Rnd 8*[With MC, K2; with CC, K2; with MC, K10; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K9; with CC, K2; with MC, K10; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K8]; repeat from * 3 times to end of rnd.
Rnd 9: *[With MC, K3; with CC, K1; with MC, K11; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K9; with CC, K1; with MC, K11; with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K7]; repeat from * 3 times to end of rnd.
Rnd 10: *[With MC, K16; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K21, (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K6]; repeat from * 3 times to end of rnd.

**Note:** You will have worked 10 rnd of ribbing and the Right Facing Arrow Chart.

**Feather section of the Red Hawk Chart:**
Rnd 11: Knit all sts to end of rnd.
Rnd 12: Knit all sts to end of rnd.
Rnd 13: *[With MC, K22; with CC, K1; with MC, K7; with CC, K5; with MC, K28]; repeat from * 3 times to end of rnd.
Rnd 14: *[With MC, K22; with CC, K5; with MC, K2; with CC, K3; with MC, K3; with CC, K5; with MC, K3, with CC, K1, with MC, K19]; repeat from * 3 times to end of rnd.
Rnd 15: *[With MC, K19; (with CC, K1, with MC, K2) 2 times, with CC, K4, with MC, K2; with CC, K4; with MC, K3; with CC K11; with MC, K14]; repeat from * 3 times to end of rnd.
Rnd 16: *[With MC, K20; with CC, K2; (with MC, K2; with CC, K4) 2 times; With MC, K2; with CC, K9; with MC, K1; with CC, K1; with MC, K2; with CC, K5; with MC, K9]; repeat from * 3 times to end of rnd.

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Rnd 17: *[With MC, K15; with CC, K2; with MC, K3; with CC, K1; with MC, K2; with CC, K4; with MC, K3; with CC, K3; with MC, K2; with CC, K2; with MC, K1; with CC, K5; with MC, K2; with CC, K1; with MC, K2; with CC, K5; with MC, K1; with CC, K2; with MC, K7]; repeat from * 3 times to end of rnd.

Rnd 18: *[With MC, K16; with CC, K2; with MC, K1; with CC, K1, with MC, K1; with CC, K5; with MC, K3; with CC, K3; with MC, K2; with CC, K2; with MC, K1; with CC, K3, with MC, K1; with MC, K3; with CC, K5; with MC, K1, with CC, K1; with MC, K1; with CC, K3; with MC, K5]; repeat from * 3 times to end of rnd.

Rnd 19: *[With MC, K13; with CC, K36; with MC, K2; with CC, K1; with MC, K3; with CC, K4; with MC, K4]; repeat from * 3 times to end of rnd.

Rnd 20: *[With MC, K9; with CC, K10; with MC, K11; with CC, K1; with MC, K14; with CC, K10; with MC, K3; with CC, K2; with MC, K3]; repeat from * 3 times to end of rnd.

Rnd 21: *[With MC, K5; with CC, K6; with MC, K2; with CC, K2; with MC, K3; with CC, K2; (with MC, K2; with CC, K1) 2 times; with MC, K1; with CC, K2; with MC, K1; with CC, K1; with MC, K1; with CC, K2; with MC, K1; (with MC, K2; with CC, K2) 2 times; with MC, K4; (with CC, K4; with MC, K2) 2 times; with CC, K2; with MC, K1]; repeat from * 3 times to end of rnd.

Rnd 22: *[With MC, K2; with CC, K5; with MC, K7; with CC, K1; with MC, K4; with CC, K2; (with MC, K2; with CC, K1) 2 times; (with MC, K1; with CC, K1) 2 times; (with MC, K1; with CC, K2) 2 times; with MC, K2; (with CC, K1, with MC, K1) 2 times; with CC, K2; with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K1; with CC, K1, with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K2; with CC, K6; with MC, K1; with CC, K2); repeat from * 3 times to end of rnd.

Rnd 23: *[With CC, K4; with MC, K11; with CC, K1; with MC, K2; with CC, K4; with MC, K1; with CC, K3; (with MC, K1; with CC, K1) 3 times; (with MC, K1; with CC, K2) 2 times; with MC, K2; with CC, K2; with MC, K2; with CC, K3; with MC, K1; with CC, K1; with MC, K2; with CC, K3; with MC, K2; with CC, K6; with MC, K1; with CC, K2); repeat from * 3 times to end of rnd.

Rnd 24: *[With MC, K18; with CC, K2; with MC, K1; with CC, K2; with MC, K2; with CC, K3; (with MC, K1; with CC, K1) 2 times; with MC, K1; with CC, K2; with MC, K1; (with CC, K3; with MC, K2) 2 times; with CC, K4; with MC, K3; with CC, K2; with MC, K1; with CC, K1; with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K2; with CC, K6; with MC, K1; with CC, K2); repeat from * 3 times to end of rnd.

Rnd 25: *[With MC, K18; with CC, K1; with MC, K4; with CC, K1; with MC, K3; with CC, K1; with MC, K2; with CC, K2; with MC, K1, with CC, K2; with MC, K1; with CC, K3; with MC, K2; (with CC, K4; with MC, K2) 2 times; with CC, K2; with MC, K1; with CC, K1; with MC, K1; (with CC, K3; with MC, K2) 2 times; with CC, K4; with MC, K3; with CC, K2; with MC, K1; with CC, K1; with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K2; with CC, K6; with MC, K1; with CC, K2); repeat from * 3 times to end of rnd.

Rnd 26: *[With MC, K17; with CC, K2; with MC, K3; with CC, K1; with MC, K5; with CC, K1; with MC, K3; with CC, K1; with MC, K2; with CC, K2; with MC, K2; with CC, K3; with MC, K7; with CC, K2; with MC, K1; with CC, K1, with MC, K2; with CC, K2; with MC, K6; with MC, K1; with CC, K2); repeat from * 3 times to end of rnd.

Rnd 27: *[With MC, K12; with CC, K1; with MC, K3; with CC, K2; with MC, K3; with CC, K1; with MC, K6; with CC, K1; with MC, K3; with CC, K2; with MC, K2; with CC, K3; with MC, K1; with CC, K8; with MC, K3; with CC, K3; with MC, K9); repeat from * 3 times to end of rnd.

Rnd 28: *[With MC, K7; with CC, K3; with MC, K3; with CC, K1; with MC, K15; with CC, K1; (with MC, K3; with CC, K1) 2 times; with MC, K9; with CC, K2; with MC, K14); repeat from * 3 times to end of rnd.

Rnd 29: *[With CC, K1; with MC, K9; (with CC, K1; with MC, K3) 2 times; with CC, K1; with MC, K15; with CC, K1; with MC, K3; with CC, K3; with MC, K21; with CC, K1); repeat from * 3 times to end of rnd.

Rnd 30: *[With CC, K8; with MC, K1; with CC, K3; with MC, K2; with CC, K2; with MC, K3; with CC, K1; with MC, K6; with CC, K1; with MC, K3; with CC, K2; with MC, K3; with CC, K1; with MC, K21; with CC, K3; with MC, K3); repeat from * 3 times to end of rnd.

Rnd 31: *[With MC, K6; with CC, K3; with MC, K2; with CC, K2; with MC, K1; with MC, K3; with CC, K1; with MC, K5; with CC, K1; with MC, K3; with CC, K2; with MC, K23; with CC, K2; with MC, K2; with CC, K1; with MC, K1; with CC, K2; with MC, K2; with CC, K4); repeat from * 3 times to end of rnd.

Rnd 32: *[With MC, K2; with CC, K4; with MC, K2; with CC, K3; with MC, K1; with CC, K2; with MC, K1; with CC, K3; with MC, K2; with CC, K1; with MC, K3; with CC, K1; with MC, K4; with CC, K1; with MC, K23; with CC, K1; with MC, K1; with CC, K2; with MC, K2; with CC, K4); repeat from * 3 times to end of rnd.
Rnd 33: *[With CC, K2; (with MC, K2; with CC, K3) 2 times; with MC, K1; with CC, K2; (with MC, K1; with CC, K1) 2 times; with MC, K1; with CC, K3; with MC, K2; with CC, K2; with MC, K1; with CC, K2; with MC, K2; with CC, K2; with MC, K1; with CC, K1; with MC, K1, with CC, K2; with MC, K3; with MC, K3; with CC, K2; with MC, K2; with CC, K2; with MC, K1; with CC, K2; with MC, K3; with CC, K2]; repeat from * 3 times to end of rnd.

Rnd 34: *[With MC, K1; with CC, K3; (with MC, K2; with CC, K2) 2 times; with MC, K1; with CC, K2; (with MC, K1; with CC, K1) 3 times; with MC, K1; with CC, K3; with MC, K1; with CC, K4; with MC, K2; with CC, K1; with MC, K11; with CC, K4; with MC, K1; with CC, K6; with MC, K2; with CC, K3; with MC, K2; with CC, K2; with MC, K1; with CC, K2; with MC, K2; with CC, K1]; repeat from * 3 times to end of rnd.

Rnd 35: *[With CC, K2; with MC, K1; with CC, K2; (with MC, K1; with CC, K1) 2 times; with MC, K2; with CC, K2; with MC, K1; with CC, K2; (with MC, K1; with CC, K1) 3 times; with MC, K2; with CC, K1; with MC, K2; with CC, K2; with MC, K4; with CC, K1; with MC, K7; with CC, K5; with MC, K2; with CC, K2; with MC, K1; with CC, K6; with MC, K1; with CC, K3; with MC, K2]; repeat from * 3 times to end of rnd.

Rnd 36: *[With MC, K4; (with CC, K2; with MC, K2) 2 times; with CC, K1; with MC, K1; with CC, K1; with MC, K1; with CC, K2; with MC, K1; with CC, K2; (with MC, K1; with CC, K1) 2 times; with MC, K2; with CC, K1; with MC, K7; with CC, K2; with MC, K6; with CC, 2; (with MC, K2; with CC, K4) 2 times]; repeat from * 3 times to end of rnd.

Rnd 37: *[With CC, K3; with MC, K14; with CC, K1; with MC, K11; with CC, K10; with MC, K12; with CC, K2; with MC, K3; with CC, K7]; repeat from * 3 times to end of rnd.

Rnd 38: *[With CC, K35; with MC, K17; with CC, K4; with MC, K3; with CC, K1; with MC, K2; with CC, K1]; repeat from * 3 times to end of rnd.

Rnd 39: *[With CC, K1; with MC, K3) 2 times; with CC, K3; with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K3; with CC, K5; with MC, K1; with CC, K1; with MC, K1; with CC, K2; with MC, K21; with CC, K3; with MC, K1; with CC, K1; with MC, K1; with CC, K4]; repeat from * 3 times to end of rnd.

Rnd 40: *[With MC, K2; with CC, K1; with MC, K2; with CC, K5; with MC, K1; with CC, K2; with MC, K2; with CC, K3; with MC, K3; with CC, K4; with MC, K2; with CC, K1; with MC, K3; with CC, K2; with MC, K2; with CC, K2; with MC, K1; with CC, K5]; repeat from *3 times to end of rnd.

Rnd 41: *[With MC, K1; with CC, K1; with MC, K1; with CC, K9; (with MC, K2; with CC, K4) 2 times; with MC, K2; with CC, K2; with MC, K29; with CC, K5; with MC, K1]; repeat from * 3 times to end of rnd.

Rnd 42: *[With CC, K10; with MC, K3; (with CC, K4; with MC, K2) 2 times; with CC, K1; with MC, K2; with CC, K1; with MC, K33; with CC, K1]; repeat from *3 times to end of rnd.

Rnd 43: *[With MC, K4; with CC, K1; with MC, K3; with CC, K5; with MC, K3; with CC, K3; with MC, K2; with CC, K5; with MC, K37]; repeat from * 3 times to end of rnd.

Rnd 44: *[With MC, K13; with CC, K5; with MC, K7; with CC, K1; with MC, K37]; repeat from *3 times to end of rnd.

Rnd 45: Knit all sts to end of rnd.

Rnd 46: Knit all sts to end of rnd.

Note: You will have worked 10 rnds of Ribbing, and 10 rnds of Right Facing Arrow Chart and 35 rnds of the Red Hawk Chart.

Left Facing Arrow of the Red Hawk Chart:

Note: There are 6 arrows in the rnd.

Rnd 47: *[With MC, K6; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K21; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K16]; repeat from * 3 times to end of rnd.

Rnd 48: *[With MC, K7; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K11; with CC, K1; with MC, K9; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K11; with CC, K1; with MC, K3]; repeat from * 3 times to end of rnd.

Rnd 49: *[With MC, K8; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K10; with CC, K2; with MC, K9; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K10; with CC, K2; with MC, K2]; repeat from * 3 times to end of rnd.
Rnd 50: *[With MC, K28; with CC, K3; with MC, K28; with CC, K3; with MC, K1]; repeat from * 3 times to end of rnd.
Rnd 51: *[With MC, K8; with CC, 24; with MC, K7; with CC, K24]; repeat from * 3 times to end of rnd.
Rnd 52: *[With MC, K8; with CC, 24; with MC, K7; with CC, K24]; repeat from * 3 times to end of rnd.
Rnd 53: *[With MC, K28; with CC, K3; with MC, K28; with CC, K3; with MC, K1]; repeat from * 3 times to end of rnd.
Rnd 54: *[With MC, K8; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K10; with CC, K2; with MC, K9; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K10; with CC, K2; with MC, K2]; repeat from * 3 times to end of rnd.
Rnd 55: *[With MC, K7; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K11; with CC, K1; with MC, K9; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K11; with CC, K1; with MC, K3]; repeat from * 3 times to end of rnd.
Rnd 56: *[With MC, K6; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K21; (with CC, K2; with MC, K2) 2 times; with CC, K2; with MC, K16]; repeat from * 3 times to end of rnd.

**Note:** If you are following the chart, this is where the last ribbing section of the cowl begins.

**Cabled Ribbing:**
Rnd 1: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 2: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 3: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 4: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 5: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 6: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 7: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 8: *[K4, P1, K3, P1]; repeat from * to end of rnd.
Rnd 9: *[C2F, P1, K3, P1]; repeat from * to end of rnd.
Rnd 10: *[K4, P1, K3, P1]; repeat from * to end of rnd.

**Finishing:**
On the last rnd, BO all sts.
Weave in all ends.
Block as necessary.

**Chart and Key for Red Hawk Cowl:**

**Note:** All sts are knit in the rnd. It is important to carry both colors across the row using Fair Isle techniques. I prefer to carry the floats on the back no more than 3 sts across to prevent snagging. Chart is worked (all rows) from right to left.