Cascade 220®

Celtic Cable and Rib Cowl

Designed by Linda Medina
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Skill Level: Intermediate

Sizes:
7.5” wide x 29” (38”) length

Materials:
Cascade Yarns® Cascade 220®
100% Peruvian Highland Wool
100 g (3.5 oz) / 220 yd (200 m)
2 skeins of #9322 (Silver Spruce Heather)
US 8 (5.0 mm) knitting needles or size to obtain gauge
Yarn Needle
4 Buttons 7/8” (22 mm)
Cable needle

Gauge:
26 sts x 23 rows = 4” (10 cm) Blocked,
in Celtic Cable & Rib Pattern

Note: Be sure to make and block a gauge swatch. This is a very stretchy Stitch Pattern and will look much smaller before blocking.

Abbreviations:
BO = Bind Off
BC = Back Cross: Slip next st to CN and hold at back, K1, then P1 from CN.
BKC = Back Knit Cross: Slip next st to CN and hold at back, K1, then K1 from CN.
CO = Cast On
CN = Cable Needle
FC = Front Cross: Slip next st to CN and hold at front, P1, then K1 from CN.
FKC = Front Knit Cross: Slip next st to CN and hold at front, K1, then K1 from CN.
K = Knit
LH = Left Hand
P = Purl
RH = Right Hand
Rnd(s) = Round(s)
RS = Right Side
St(s) = Stitch(es)
WS = Wrong Side
Special Stitches:

MB (Make Buttonhole):
With yarn in front, sl next st purl-wise. Move yarn to back and leave it there, *[sl next st from LH needle. Pass the 1st slip st over it]*; repeat from * 3 more times. Slip last BO st to LH needle. Turn work.
Use the Cable CO with the yarn at back as follows: *[Insert the RH needle between the 1st & 2nd sts on the LH needle, draw up a loop and place that loop on the LH needle]*; repeat from * 4 more times. Turn work.
Slip the 1st st with the yarn at back from the LH needle. Pass the extra CO st over it to close the buttonhole.

1 x 1 Rib Pattern Stitch: (Multiples of 2)
Rnd 1: *[K1, P1]*; repeat from * across.
Repeat Rnd 1 for Stitch Pattern.

Celtic Cable & Rib Pattern Stitch: (Multiples of 18 + 12)
Row 1 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 2 (RS): P3, *[BKC, P2, BKC, P3]*; repeat from * to end of row.
Row 3 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 4 (RS): P3, K2, P2, K2, *[P2, (BC, FC) twice, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 5 (WS): K3, *[P2, K2, P2, K2, K1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K3.
Row 6 (RS): P3, K2, P2, K2, *[P2, K1, P2, FKC, P2, K1, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 7 (WS): K3, *[P2, K2, P2, K2, P1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K3.
Row 8 (RS): P3, K2, P2, K2, *[P2, (FC, BC) twice, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 9 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 10 (RS): P3, K2, P2, K2, *[P3, BKC, P2, BKC, P3, K2, P2, K2]*; repeat from * to last 3 sts, P3.
Row 11 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 12 (RS): P3, K2, P2, K2, *[P2, (BC, FC) twice, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 13 (WS): K3, *[P2, K2, P2, K2, K1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K3.
Row 14 (RS): P3, K2, P2, K2, *[P2, K1, P2, FKC, P2, K1, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 15 (WS): K3, *[P2, K2, P2, K2, P1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K3.
Row 16 (RS): P3, K2, P2, K2, *[P2, (FC, BC) twice, (P2, K2) twice]*; repeat from * to last 3 sts, P3.
Row 17 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 18 (RS): P3, *[BKC, P2, BKC, P3]*; repeat from * to end of row.
Row 19 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 20 (RS): *[P2, (BC, FC) twice, (P2, K2) twice]*; repeat from * to last 12 sts, P2, (BC, FC) twice, P2.
Row 21 (WS): K2, P1, K2, P2, K2, P2, K1, K2, *[P2, K2, K2, K1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K2, P2, K1, K2.
Row 22 (RS): *[P2, K1, P2, FKC, P2, K1, (P2, K2) twice]*; repeat from * to last 12 sts, P2, K1, K2, P2, FKC, P2, K1, P2.
Row 23 (WS): K2, P1, K2, P2, K2, P1, K2, *[P2, K2, K2, K1, K2]*; repeat from * to end of row.
Row 24 (RS): *[P2, (FC, BC) twice, (P2, K2) twice]*; repeat from * to last 12 sts, P2, (FC, BC) twice, P2.
Row 25 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 26: P3, *[BKC, P2, BKC, P3]*; repeat from * to last 9 sts, BKC, P2, BKC, P3.
Row 27 (WS): K3, *[P2, K2, P2, K3]*; repeat from * to end of row.
Row 28 (RS): *[P2, (BC, FC) twice, (P2, K2) twice]*; repeat from * to last 12 sts, P2, (BC, FC) twice, P2.
Row 29 (WS): K2, P1, K2, P2, K2, P2, K1, K2, *[P2, K2, K2, K1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K2, P2, K1, K2.
Row 30 (RS): *[P2, K1, P2, FKC, P2, K1, (P2, K2) twice]*; repeat from * to last 12 sts, P2, K1, K2, P2, FKC, P2, K1, P2.
Row 31 (WS): K2, P1, K2, P2, K2, P1, K2, *[P2, K2, K2, K1, K2]*; repeat from * to last 9 sts, P2, K2, P2, K2, P2, K1, K2.
Row 32 (RS): *[P2, (FC, BC) twice, (P2, K2) twice]*; repeat from * to last 12 sts, P2, (FC, BC) twice, P2.
Repeat Rows 1 - 32 for st pattern.

Begin Pattern:
CO 48 sts.
**Bottom Ribbing:**
Row 1: *[P1, k1]; repeat from * to end of row.
Repeat Row 1 for 6 rows.

**Scarf:**
Work Celtic Cable & Rib Pattern for 4 (6) repeats, then repeat Rows 1-18 (Rows 1-20).

**Top Ribbing:**
Row 1: *[P1, K1]; repeat from * to end of row.
Row 2: *[P1, K1]; repeat from * to end of row.
Row 3: *[P1, K1]; repeat from * to end of row.
Row 4 (Buttonhole Row): P1, K1, P1, MB, *[P1, K1] 2 more times, P1, MB] 3 times]; repeat from * to last 4 sts, [P1, K1] twice.

*Note: Be sure that you end with 4 sts after making buttonholes.*

Row 5: *[P1, K1]; repeat from * to end of row.
Row 6: *[P1, K1]; repeat from * to end of row.

**Finishing:**
BO in 1 x1 Rib pattern.
Weave in all ends.
Block as necessary.
Sew on buttons.