220 Superwash® Effects

Purple Thistle Cowl

Designed by
Adina Logsdon
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Skill Level:
Intermediate

Finished Size:
Approx. 6½” high x 36” Circumference

Materials:
Cascade Yarns® 220 Superwash® Effects
100% Superwash Wool
100 g (3.5 oz) / 220 yds (200 m)
1 skein color #10 (Lightening Storm)
US 6 Circular Knitting Needles
Stitch Markers
Yarn Needle

Gauge:
20 sts x 24 rows = 4” (10 cm) in Stockinette Stitch

Abbreviations:
BO = Bind Off
CO = Cast On
DW = Double Wrap Stitch
K = Knit
P = Purl
PM = Place Marker
Rnd(s) = Round(s)
Sl = Slip stitch from left needle to right needle
SM = Slip Marker
St(s) = Stitch(es)
½ERC = ½ Elongated Right Cross
½ELC = ½ Elongated Left Cross

Special Stitches:
Double Wrap:
Wrap yarn twice around needle before knitting stitch.

Elongated Stitch:
On next row after Double Wrap stitch, slip the stitch, dropping the extra wraps as the stitch is pulled off the left needle.

Note: The Elongated Stitches will be slipped while knitting the next 2 rows. When working the ½ Elongated Right and Left Cross stitches, the Elongated Stitches will be at the front of the work to make the cross effect.
½ERC (½ Elongated Right Cross):
Bring right needle in front of 2 sts on left needle. Knit the elongated stitch but do not remove it from left needle. Knit first 2 sts. Pull all 3 sts off left needle.

½ELC (½ Elongated Left Cross):
Drop elongated stitch from left needle. Knit 2nd and 3rd sts. Knit dropped elongated st.
*Note: (Completed ½ Elongated LC will be next to the ½ Elongated RC)*

Begin Pattern:
CO 180 sts.
Being careful not to twist, join in the rnd. PM
Work 5 Rnds of K2, P1 Rib pattern.

*Note: The Thistle pattern is in written and chart form. Use the way that is easiest for you. The chart is worked right to left for each round/row of the cowl/chart.*

Begin Purple Thistle pattern:
Rnd 1: Knit. SM
Rnd 2: 1DW, K4, *(2DW, K4); repeat from * to last stitch. 1DW. SM
Rnd 3: Sl1 dropping extra wraps, K4, *(Sl2 dropping extra wraps, K4); repeat from * to last st, Sl1 dropping extra wraps, SM
Rnd 4: Sl1, K4, *(Sl2, K4); repeat from * to last st, Sl1, SM
Rnd 5: Sl1, K4, *(Sl2, K4); repeat from * to last st, Sl1, SM
Rnd 6: ½ELC, K2, *(½ERC, K2, ½ELC, K2); repeat from * to last 3 sts, ½ERC, K2, SM
Rnd 7: Knit. SM
Rnd 8: K2, *(2DW, K4); repeat from * to end of rnd. SM
Rnd 9: K2, *(Sl2 dropping extra wraps, K4); repeat from * to end of rnd. SM
Rnd 10: K2, *(Sl2, K4); repeat from * to end of rnd. SM
Rnd 11: K2, *(Sl2, K4); repeat from * to end of rnd. SM
Rnd 12: *(½ERC, K2, ½ELC, K2); repeat from * to end of rnd. SM

Repeat the Purple Thistle pattern (Rnds 1 - 12) three times.
Work 5 Rnds of K2, P1 Rib pattern.

Finishing:
BO.
Weave in all ends.
Block if necessary.
Purple Thistle Chart

6 Stitch Pattern repeat is indicated between red lines.

Purple Thistle Chart Key

- Knit
- Knit with Double Wrap
- Slip Elongated Stitch
- ½ Elongated Right Cross Stitch
- ½ Elongated Left Cross Stitch

6 stitch Pattern repeat is indicated between red lines.