220 Superwash®

Smush Cowl

Designed by
Laurie Beardsley
Smush is a cowl with a marvelously smushy but dense fabric designed for men or women. You can easily adjust both the circumference and the depth to suit your needs.

Skill Level: Easy/Intermediate

Size: 31” (79 cm) circumference x 11” (28 cm) wide

Materials:
- Cascade Yarns® 220 Superwash®
  - 100% Superwash Wool
  - 100 g (3.5 oz) / 220 yds (200m)
  - 1 ball of #855 (Maroon) (Color 1)
  - 1 ball of #816 (Gray) (Color 2)
  - US 6 (4 mm)/24” (60cm) circular knitting needles, or size needed to get gauge
  - Stitch marker
  - Tapestry needle

Gauge: 13 sts x 36 rnds = 4”(10 cm) in K1, K1B pattern

Abbreviations:
- BO = Bind Off
- CO = Cast On
- K = Knit
- P = Purl
- St(s) = Stitch(es)
- K1B = Knit 1 into the stitch below the next stitch on the left needle, dropping the stitch from the left needle as you complete the new stitch
- Rnd(s) = Round(s)
- [] = Work instructions within brackets as many times as directed

Pattern Notes:
To change the circumference of the cowl, add or remove stitches in multiples of two.
To change the width of the cowl, add or remove rnds in the large color sections in multiples of four rnds.
Always maintain the transitional two rnds of each color between the large color sections.
When carrying yarn between color sections, you don’t need to twist the yarn.
Simply drop one color and pick up the other, making sure that the float isn’t tight enough to pucker the fabric.

Pattern Stitch:
Rnd 1: [K1, K1B] to end of rnd.
Rnd 2: P.
Rnd 3: [K1B, K1] to end of rnd.
Rnd 4: P.

**Pattern:**
With Color 1, CO 102 sts using the long-tail CO or any other loose CO method.
Join for knitting in the round, being careful not to twist.
Place marker for end of round.
Purl 1 rnd.
With Color 2, work Rnds 1 and 2 of the Pattern Stitch.
With Color 1, work Rnds 3 and 4 of the Pattern Stitch.
With Color 1, work 10 more rnds of the Pattern Stitch as established (starting with Rnd 1)

Continue working rnds in Pattern Stitch as established, alternating colors as follows:
Color 2 – 2 rnds
Color 1 – 2 rnds
Color 2 – 8 rnds
Color 1 – 2 rnds
Color 2 – 2 rnds
Color 1 – 16 rnds
Color 2 – 2 rnds
Color 1 – 2 rnds
Color 2 – 12 rnds
Color 1 – 2 rnds
Color 2 – 2 rnds
Color 1 – 8 rnds
Color 2 – 2 rnds
Color 1 – 2 rnds
Color 2 – 16 rnds
Color 1 – 2 rnds

With Color 2, work 1 rnd in Pattern Stitch as established.
With Color 2, BO in P.

**Finishing:**
Weave in ends.
Wash and lay flat to dry.
Do not stretch or block while drying.