Avalon

Criss-Cross Shell

Designed by Cheryl Beckerich

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Skill Level:
Intermediate

Sizes:
S (M, L, XL, 2XL)

Materials:
Cascade Yarns® Avalon; 50% Cotton, 50% Acrylic; 100 g (3.5 oz) / 175 yds (160 m), 4 (4, 5, 5, 6) skeins in color #24 (Lavendula)
US 7 (4.5 mm) – 24” Circular Knitting Needles or size needed to obtain gauge
US 7 (4.5 mm) – 16” Circular Knitting Needles
Stitch markers
5 Stitch holders
Tapestry needle

Gauge:
17.25 sts x 22 rows = 4” in Stockinette stitch
1 repeat of the Center Motif is 4¾” wide and 5” long.

Finished Dimensions:
34 (38, 42, 46, 50) inches at bust
23.5 (24, 24.5, 25, 25.5) inches in length

Abbreviations
BO = Bind off
CO = Cast on
K = Knit
k2tog = Knit 2 stitches together to decrease 1 stitch
kfb = Knit into the front and the back of the stitch to increase 1 stitch
LT = Left twist (slip the first stitch as if to knit, then insert the left needle into the slipped stitch in front of the right needle, and slip this stitch back to the left needle. This changes the orientation of the first stitch. Next knit into the back loop of the second stitch on the left needle, then knit the first and second stitch together. Slip both stitches off left needle).
P = Purl
PM = Place marker
RS = Right Side
RT = Right twist (knit 2 together leaving both loops on the left needle, insert right needle between the 2 stitches and knit the first stitch again. Slip both stitches off left needle.

ssk = Slip 1 stitch as if to knit, slip a second stitch as if to knit. Insert left needle into the front of the 2 slipped stitches and knit the 2 stitches together to decrease 1 stitch).

St(s) = Stitch(es)
St st = Stockinette stitch.
WS = Wrong side.

**Center Motif**, worked over 28 sts x 28 rows
Row 1 (RS): K6, RT 7 times, LT, k6.
Row 2 and all even rows through row 28: Purl
Row 3: K5, RT 7 times, LT twice, k5.
Row 5: K4, RT 7 times, LT 3 times, k4.
Row 7: K3, RT 7 times, LT 4 times, k3.
Row 9: K2, RT 7 times, LT 5 times, k2.
Row 11: K1, RT 7 times, LT 6 times, k1.
Row 13: RT 7 times, LT 7 times.
Row 15: K1, LT 6 times, RT 7 times, k1.
Row 17: K2, LT 5 times, RT 7 times, k2.
Row 19: K3, LT 4 times, RT 7 times, k3.
Row 21: K4, LT 3 times, RT 7 times, k4.
Row 23: K5, LT 2 times, RT 7 times, k5.
Row 25: K6, LT, RT 7 times, k6.
Row 27: K7, RT 7 times, k7.
Begin Pattern:

Back

Hem

With longer circular needles, CO 72 (80, 88, 98, 108) sts. Beginning with a RS row, work in st st for 5 rows. Knit one row (WS). This row creates purl ridge to mark the point where the hem will fold.

Begin Center Motif

k26 (30, 34, 39, 43) sts, pm, k1, [k1, kfb] 8 times, k3, pm, k26 (30, 34, 39, 43). 80 (88, 96, 106, 114) sts. Purl 1 row. Knit to the first marker, work row 1 of the center motif, knit to end of row. Continue working in St st to the first marker, the center motif between the two markers, and St st after the second marker. Work 3 full repeats of the 28 row motif, then work rows 1-9 once. Continue the center motif while beginning armhole shaping.

Shape Armhole

BO 3 (4, 5, 6, 7) at the beginning of the next 2 rows, then decrease 1 st on each end every RS row 3 (4, 4, 5, 6) times using an ssk decrease at the beginning of the row and a k2tog decrease at the end of the row. 68 (72, 78, 84, 88) sts. Continue working even until armhole measures 7.5 (8, 8.5, 9, 9.5) inches from initial armhole BO.

Shape Neck

Next WS row, p16 (17, 19, 21, 23), place these sts on a st holder, k4 (5, 6, 7, 7), k1, [k1, k2tog] 8 times, k3, k4 (5, 6, 7, 7), p16 (17, 19, 21, 23). Cut yarn and place the last 16 (17, 19, 21, 23) sts on a st holder.

Neck Hem

Join yarn to neck sts. Work 5 rows in St st beginning with a RS row. BO.

Front

Hem

With longer circular needles, CO 72 (80, 88, 98, 108) sts. Beginning with a RS row, work in St st for 5 rows. Next row (WS), knit to mark the point where the hem will fold.
Begin Center Motif

k26 (30, 34, 39, 43) sts, pm, k1, [k1, kfb] 8 times, k3, pm, k26 (30, 34, 39, 43). 80 (88, 96, 106, 114) sts.

Purl 1 row. Knit to the first marker, work row 1 of the center motif, knit to end of row.

Continue working in st st to the first marker, the center motif between the two markers, and st st after the second marker.

Work 3 full repeats of the 28 row motif, then work rows 1-9 once. Begin armhole shaping while continuing the center motif through row 13.

Shape Armhole and Neck

BO 3 (4, 5, 6, 7) at the beginning of the next 2 rows, then decrease 1 st on each end every RS row 3 (4, 4, 5, 6) times using an ssk decrease at the beginning of the row and a k2tog decrease at the end of the row.

At the same time, begin neck shaping after completing row 13 of center motif.

On row 14 of the center motif, purl to first marker, place worked right front sts on a st holder, then k1, [k1, k2tog] 8 times, k3, and place these sts on a separate st holder, purl to the end of row (left front).

Continue remaining armhole decreases, while beginning neck shaping on left front. Knit one row. Work remaining WS rows as k3, purl to end of row. Begin neck decreases on the next row, then every 8 (6, 6, 4, 4) rows 3 (4, 5, 6, 6) times as follows: knit until 5 sts remain in row, k2tog, k3.

16 (17, 19, 21, 23) sts. Work even until armhole measures 7.5 (8, 8.5, 9, 9.5) inches from initial armhole BO. Place sts on st holder to join to back once front is complete.

Transfer right front sts from st holder to needle. Join yarn to begin right front on a RS row, continuing any remaining armhole decrease. Knit one row. Work remaining WS rows as purl until 3 sts remain, k3.

Begin neck decrease on the next row, then every 8 (6, 6, 4, 4) rows 3 (4, 5, 6, 6) times as follows: k3, ssk, knit to end of row. 16 (17, 19, 21, 23) sts. Work even until armhole measures 7.5 (8, 8.5, 9, 9.5) inches from
initial armhole BO. Place sts on st holder to join to back once front is complete.

Transfer neck sts from st holder to needle. Join yarn to begin neck hem on a RS row. Work in st st for 5 rows. BO.

**Finishing**

Join front to back using a 3 needle BO on each shoulder. Sew both front and back neck hems, folding each hem to the WS along the purl ridge then sew the hem down along the BO edge being careful to hide all sts so that they won’t be seen on the RS. Sew side seams, including the hem. Fold bottom hem up along the purl ridge, then sew to WS along the CO edge.

With 16 inch circular needle, pick up 68 (74, 81, 87, 92) sts around armhole.

Knit one round, the BO purl-wise. Repeat on remaining armhole.

Work in all loose ends, then dampen the shell with cool water and lay flat to dry.
Criss-Cross Chart

- Knit on RS, P on WS
- RT - Right Twist
- LT - Left Twist

28 Stitches in Motif

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