Highland Duo
Cell Stitch Cowl
Designed by Shannon Dunbabin

Skill Level:
Easy/Intermediate

Size:
9.5” long x 15.5” wide
(About 31” circumference)

Materials:
Cascade Yarns® Highland Duo
70% Baby Alpaca / 30% Merino Wool
100 g (3.5 oz) / 197 yds (180 m)
1 skein of color #2307 (Beet)
US 9/16-24” circular knitting needle
Stitch Marker
Yarn needle

Gauge:
18 sts x 20 rows = 4” (10 cm)
Gauge unimportant

Abbreviations:
BO = Bind Off
CO = Cast On
K = Knit
K2tog = Knit 2 stitches together
P = Purl
PSSO = Pass Slipped Stitch Over
St(s) = Stitch(es)
Sl = Slip
Rnd(s) = Round(s)
YO = Yarn Over

Pattern Set-Up:
CO 101 sts. Being careful not to twist sts, join in the rnd. PM.
Row 1: K1, *[YO, K2tog]; repeat from * to end of rnd.
Row 2: Knit all sts.

Cell Stitch Pattern:
Row 1: K1, *[YO, Sl1, K2Tog, PSSO, YO, K1]; repeat from * to end of rnd.
Row 2: Knit all sts.
Row 3: K2tog, YO, K1, *[YO, Sl1, K2tog, PSSO, YO, K1]; repeat from * until last 2 sts, YO, Sl1, K1, PSSO.
Row 4: Knit all sts.
Repeat rows 1-4 until almost desired length.
Then K1, *[YO, K2tog] - repeat from * to end of rnd.

Finishing:
BO. Weave in ends.