

Cascade Fixation
Basic Socks



SANDI'S BASIC SOCKS

MATERIALS: 2 balls Cascade Yarn's Fixation
Double pointed needles size 4 for cuffs and 6 for body
Yarn needle

Cast on 44 sts on 3 needles (size 4): Place 13 sts on needle #1, 18 sts on needle #2, 13 sts on needle #3. Work K2, P2 ribbing 10 rows.

Knit the pattern design desired for 6".

HEEL FLAP: Knit across 13 sts on needle #1. Turn and purl these 13 sts and 13 sts from needle #3. These will be the heel stitches. (26 sts) Work these sts for 14 rows in stockinette stitch starting with a purl row.

TURN HEEL:

Row 1: K17, sl 1, K1, pssso, TURN.

Row 2: Sl 1, P8, P2tog, TURN.

Row 3: Sl 1, K8, sl 1, K1, pssso. TURN.

Repeat rows 2 & 3 until 10 sts remain. You will end with Row 2.

GUSSET: Next row, sl 1, K to end, then pick up and knit 11 sts evenly along first side of heel. Using a 2nd needle, work across sts of instep (18) maintaining pattern. Using a 3rd needle, pick up and knit 11 sts evenly along 2nd side of heel and K 5 from end of 1st needle to balance sts on needles. (50 sts) Change to larger needles.

INSTEP: Knit 1 row.

Next round, knit to the last 3 sts on needle #1, K2tog, K1. Work across sts on needle #2 maintaining pattern. On needle #3, K1, sl 1, K1, pssso, Knit to end.

Repeat last two rounds until there are 44 sts left. Continue without shaping until about 2" from desired length.

Stop pattern.

TOE: Rnd 1: Knit to last 2 sts on needle #1, K2tog. On needle #2, sl 1, K1, pssso, knit to last 2 sts, K2tog. On needle #3, sl 1, K1, pssso, K to end.

Rnd 2: Knit.

Repeat the last 2 rounds to 12 sts. Break yarn off leaving a 10" tail and weave the toe sts together.

HOUNDSTOOTH SOCK

You'll need 2 balls of main color & 1 ball of contrast color.

The main color is for the knit sts. and the contrast color is for the purl sts.

1. & 2. *P1, k3* repeat around

3. & 4. *P2, k1, p1* repeat around.

Knit pattern for 7" on larger needles. Knit 1 row without pattern, then complete the sock using the basic sock pattern.

TEXTURED SOCK

You'll need 2 balls of 1 color- 1 for each sock. This pattern is easier when worked on 4 needles each having 11 sts. each.

1. p1 (p1, k1) 4 times, p2
2. p1 (k1, p1) repeat
3. k1 (k1, p1) 5 times
4. k2 (p1, k1) 4 times, k1
5. k3 (p1, k1) 3 times, k2
6. (k4, p1, k1, p1) repeat around ending with k4
7. (k5, p1) repeat around ending with p1
8. k4 (p1, k1, p1, k4) repeat
9. k3*(p1,k1) 2 times, p1 k3* repeat
10. k2 (p1, k1) 4 times, k1
11. (k1, p1) 5 times, k1
12. (p1, k1) 5 times, p1

End the patterning on the ankle after knitting row 2. Then knit 1 row plain before starting the foot instructions.

LACE SOCK

You will need 2 balls of one color.

Sk2p = slip 1, k2tog, then pass slipped st over.

Row 1: (yo, ssk, k3, k2tog, yo, (k1, p1) 4 times, K1) twice, yo, ssk, k3, k2tog, yo, (k1, p1) 2 times, k1.

Row 2: K8, *(p1, k1) 3 times, p1, k9* rep between *'s 2 times, end (p1, k1) 2 times.

Row 3: (k1, yo, ssk, k1, k2tog, yo, k2 (p1, k1) 4 times) twice, k1, yo, ssk, k1, k2tog, yo, k2 (p1, k1) 2 times.

Row 4: (K2, yo, sk2p, yo, k3, (p1, k1) 4 times) twice, k2, yo, sk2p, yo, k3, (p1, k1) 2 times.

Repeat these 4 rows for about 7" before starting the foot of basic sock pattern.

Before starting heel, move stitches around on needles so the lace pattern on needle #2 is centered on the 18 sts.