



**Sandi's Basic Socks (W109)
Using Cascade Fixation Pattern**



SANDI'S BASIC SOCKS

This pattern is the basic of all my hand knitted socks. Fits a woman's foot/shoe size 7-8 ½ . When i used fixation, the cuff is best when knit on US 4 needles and the body is knit using US 6.

BASIC PATTERN IS USED FOR ALL 3 SOCKS. CUFF DESIGNS FOR EACH SOCK FOLLOWS THE BASIC.

Cast on 44 sts on 3 needles: 13-18-13. K2, p2 rib for 10 rows on smaller needles. Knit the pattern design desired for 6 ½". After washing & drying, this becomes 4 ½".

Heel Flap: knit across the 13 sts. of the first needle, turn and purl these sts. Then using the same needle, purl across the 13 sts. on the 3rd needle. Work these 26 sts. for 14 rows starting with a knit row.

Turn Heel:

1. K17, sl 1, k1, pssso, turn
2. Sl 1, p8, p2tog, turn
3. sl 1, k8, sl 1, k1, pssso, turn.

Repeat the last 2 rows 5 times more, then the 2nd row again. (10 sts. remain)

NOTE: only the instep is patterned so that you have a softer "tread". One lace panel with a rib on either side creates this continual pattern to the toe.

Gusset: Next row, sl 1, k to end, then pick up and knit 11 sts. evenly along first side of heel. Using a 2 nd needle, knit across sts. of instep (18 sts). Using a 3rd needle, pick up and knit 11 sts. evenly along 2nd side of heel and k6 from end of 1st needle, thus balancing sts. on needle. (52)

Instep: knit 1 row. Next round, knit to the last 3 sts. on the first needle, k2tog, k1, knit across sts. on 2nd needle, then 3rd needle, k1, sl 1, k1, pssso, knit to end.

REPEAT THE LAST ROUNDS DECREASING UNTIL THERE ARE 44 STS. LEFT.
Continue without shaping until desired length, or at 6" stop pattern.

Toe: 1st round: knit to last 2 sts. on 1st needle, k2tog. On 2nd needle sl 1, k1, pssso, knit to last 2 sts, k2tog. On 3rd needle, sl 1, k1, pssso, knit to end. Knit 1 round.

Repeat the last 2 rounds to 12 sts. Break yarn off leaving a 10" tail and weave the toe sts. together.

HOUNDSTOOTH SOCK

You'll need 2 balls of main color & 1 ball of contrast color.

The main color is for the knit sts. and the contrast color is for the purl sts.

1. & 2. *P1, k3* repeat around
3. & 4. *P2, k1, p1* repeat around.

Knit pattern for 7" on larger needles. Knit 1 row without pattern, then complete the sock using the basic sock pattern.

TEXTURED SOCK

You'll need 2 balls of 1 color- 1 for each sock. This pattern is easier when worked on 4 needles each having 11 sts. each.

1. p1 (p1, k1) 4 times, p2
2. p1 (k1, p1) repeat
3. k1 (k1, p1) 5 times
4. k2 (p1, k1) 4 times, k1
5. k3 (p1, k1) 3 times, k2
6. (k4, p1, k1, p1) repeat around ending with k4
7. (k5, p1) repeat around ending with p1
8. k4 (p1, k1, p1, k4) repeat
9. k3*(p1,k1) 2 times, p1 k3* repeat
10. k2 (p1, k1) 4 times, k1
11. (k1, p1) 5 times, k1
12. (p1, k1) 5 times, p1

End the patterning on the ankle after knitting row 2. Then knit 1 row plain before starting the foot instructions.

LACE SOCK

You will need 2 balls of 1 color.

1. yo, ssk, k3, k2tog, yo, (k1, p1) 4 times, k1. The last 2 repeats will end (k1, p1) 2 times ending k1.
2. k8,*(p1, k1) 3 times, p1, k9*. The last repeat is (p1, k1) 2 times.
3. k1, yo, ssk, k1, k2tog, yo, k2 (p1, k1) 4 times. The last repeat will end with (p1, k1) 2 times.
4. k2, yo, sk2p, yo, k3, (p1, k1) 4 times. Last sequence will end with (p1, k1) 2 times.
Sk2p=slip 1, k2tog, then pass slipped st over

Repeat these 4 rows for about 7" before starting the foot of basic sock pattern.