



**Tootsie's Footsies (W103)
Using Cascade Fixation Pattern**



Tootsie's Footsies (W103)

Designed by Jima Lee Painter of Sheep's Clothing

MATERIALS:

2 sk. of Fixation by Cascade Yarns
needles: double pointed #4 or size
to obtain gauge.

GAUGE:

20 sts. in pattern = 4" stretched
3" relaxed
Gauge in st.st. in 6 sts.=1" relaxed

LACE PATTERN

- 1.* ssk, yo twice, k2 tog* repeat around
2. *K1; K1, P1(into double yarn over); k1*repeat around

The Sock:

Loosely cast on 40 sts. distribute on 4 needles as follows: 12, 12, 8, 8.

Knit 2 rows. Begin lace pattern. Continue until sock measures 4" or 2" less than desired length ending with row 2 of lace pattern.

Shape Heel:

1. sl1, k 10, k 2 tog, k1, turn
1. sl1, p3, p2tog, p1, turn
1. sl1, k4, k2tog, k1, turn
1. sl1, p5, p2tog, p1, turn
1. sl1, k6, k2tog, k1, turn
1. sl1, p7, p2tog, p1 turn
1. sl1, k8, k2tog, k1, turn
1. sl1, p9, p2tog, p1, turn
1. k remaining 12 sts. of the heel flap

GUSSET:

Pick up and knit 13 sts. these and ½ of the heel sts. are on 1 needle. Work in lace pattern across the instep. (these 20 sts. are on needle 2 and 3). Pick up and knit 13 sts. on other side of gusset. (these and ½ of the heel sts go on needle 4) Work across 6 sts. of the heel shaping. This continues 1 round.

Work repeats of the following 2 rows until there are 40 sts. total on the needle. (9 repeats)

1. k sts on needle 1; work in lace pattern across needle 2 and 3, k sts. on needle 4.
1. On needle 1, k 16, k 2 tog, k1. On needle 2 and 3 work lace patters. On needle 4 k1,ssk, k16.

Continue knitting the sts. on needles 1 and 4 and working the stitches on needles 2 and 3 in the lace pattern until 2 ¼" shorter than desired foot length. Knit 1 round.

TOE SHAPING:

Alternate these 2 rows until there are 4 sts. left on each needle:

1. needle 1, k to last 3 sts, k2tog, k1. Needle 2, k1 ssk, k to end of needle. Needle 3, k to last 3 sts., k2tog., k1. Needle 4, k1, ssk, k to end of needle.
1. Knit

Graft or kitchner these 8 sts. together. Sew in ends.

DOTS AND STRIPES

Fixation = 2 balls of main color & 1 ball of contrast color

Needles: double pointed size 3 & 4

Gauge: (slightly stretched) 5 sts. =1"

Cast on 44 sts on #3 needles and work in k2, p2 rib for 1 ¼". Change to #4 needles and knit 1 row. Work pattern repeats as follows:

1. knit with contrast color
2. purl with contrast color
3. knit with contrast color
4. With main color knit 4 rows.
9. With contrast color* k1, Sl 1 with yarn in back* repeat around.
10. With contrast color * p1, sl 1 with yarn in back *repeat around.
11. Thru 15. Knit

Repeat until sock is 4" long or 2" less than desired length.

HEEL FLAP:

Heel flap is done in last 11 sts. and first 11 sts. of the round. With contrast color knit first 11 sts of next round, turn. Sl the first st, p 21 sts, turn. * sl1, k1 * repeat across, turn. Repeat the last 2 rows until heel flap is 2" long ending with a wrong side row.

SHAPE HEEL:

1. Sl1, k11, k2tog, k1, turn
2. Sl1, p3, p2tog, p1, turn
3. Sl1, k4, k2tog, k1, turn
4. Sl1, p5, p2tog, p1, turn
5. Sl1, k6, k2tog, k1, turn
6. Sl1, p7, p2tog., p1, turn
7. Sl1, k8, k2tog, k1, turn
8. Sl1, p9, p2tog, p1, turn
9. Sl1, k10, k2tog, turn
10. Sl1, p10, p2tog, turn

GUSSET:

With contrast color, sl1, knit across the remaining 11 sts. of the heel. Pick up and knit 1 stitch for every slipped st. on the heel flap (14-16). Knit in pattern across the instep stitches. Pick up and knit stitches along right side of the heel flap equal in number to those picked up on left side. Work the first 6 sts. of the heel, this marks the end of your row. Remember to work across the bottom of the foot in knit stitches. Continue in pattern as you decrease the gusset sts. until you have 11 sts. on each side. Needle 1 has ½ the heel sts. plus sts. picked up for left side of heel flap. Knit to last 3 sts. k2tog, k1. Needle 2 & 3 instep sts., work in pattern. Needle 4 has stitches picked up on right side of heel flap and ½ the heel sts., k1, ssk, knit to end. Work decrease rows every other row until you have the original number of sts. Now work in pattern until sock foot length measures 1 ½" to 1 ¾" less than desired foot length.

TOE SHAPING:

Change to contrast color, arrange your sts. on the needles as follows: 11 sts. on each needle. Alternate decrease rounds with a knit round. Decrease round, needle 1 & 3, work to last 3 sts, k2tog, k1. On needles 2 & 4, k1, ssk, knit to end. Continue decreasing until 16 sts. remain. Kitchener together the toe and weave in ends.

ANKLET:

Cast on 44 sts on #4 needle in main color. Knit 7 rounds, knit 2 rounds in contrast color, next row is *yo, k2tog * repeat to end, Knit 1 more round, then knit 6 rounds in main color. On next row, turn provisional cast on to the inside and by unzipping your crochet chain 1 st. at a time and knit together row 1 & row 17. Knit until sock cuff is 1 ½" long, or 2" less than desired height of sock.

HEEL FLAP: knit nest 11 sts., turn (sl1, 21 sts. across, turn *sl1, k1 *) repeat until heel flap is 2" long.

SHAPE HEEL: Work as for DOTS & STRIPES until sock is completed.