



FW116

Cascade Heritage &
Heritage Hand Paints
Hearts and Flowers Baby Hats



Designed by Betty Balcomb

HEARTS AND FLOWERS BABY HAT

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As much as I love to knit socks and lacy items from Heritage, perhaps my favorite way to use this lovely washable yarn is to double strand it for baby garments. The fabric that results from 2 strands held together on size 5 or 6 needles is a joy. Be sure to wind the yarn on a winder, not by hand, so you can pull one strand from each end. Particularly with the hand painted version it is important to have the strands running in the opposite direction to create a color distribution that never pools. These hats start with a simple beanie style but get fancy with adornments. My hats are just 2 of many possibilities.

Materials: 1 100 gram ball of Heritage in a pale solid color and 1 100 gram skein of Heritage in a bright hand paint. The pictured hats are Colors 5618 (cream) and 9883 (painted pinks). This is enough yarn for at least 3 hats. Size 5 and 6 needles, both 16" circular and double points **OR SIZE TO OBTAIN GAUGE.** Marker.

Gauge: 11 sts to 2 inches. **BE SURE TO CHECK GAUGE.**

Sizes: First size is for a little baby (0-6 months), second is for a bigger baby (up to 18 months), and third should fit a toddler. Pictured hats are the smallest size.

Directions

With smaller circular needle and 2 strands of yarn, cast on 84(92,100) sts. Place marker and join in round being careful not to twist stitches. Set up row: *K2, P2, K1, K2tog, P2, K2, P1, P2tog, rep from * to end of round (this gives an edge that is nice and stretchy). Work in K2, P2 ribbing for 1-1/4 inches. On next round, change to larger needles and K inc'g sts evenly spaced so there are 80 (90, 100) sts. Continue knitting every round until hat measures 4-3/4(5-1/2, 6) inches from cast on edge.

Dec. for crown: as follows:

Medium size only:

Row A: [K44, K2tog] 2X (88 sts)

Row B: K

Row C: [K9, K2tog] 8X (80 sts)

Row D: K

Large size only:

Row A: [K23, K2tog] 4X (96 sts)

Row B: K

Row C: [k10, K2tog] 8X (88 sts)

Row D: K
Row E: [K9, K2tog] 8X (80 sts)
Row F: K

For all sizes:

Row 1. [K8, K2tog] 8X (72 sts)
Row 2. K
Row 3. Change to double point needles, dividing sts evenly.
Row 4. [K7, K2tog] 8X. (64 sts.)
Row 5. K
Row 6. [K6, K2tog] 8X. (56 sts.)
Row 7. K
Row 8. [K5, K2tog] 8X. (48 sts.)
Row 9. K
Row 10. [K4, K2tog] 8X. (40 sts.)
Row 11. K
Row 12. [K3, K2tog] 8X. (32 sts.)
Row 13. K
[Row 14. K2, K2tog] 8X. (24 sts.)
Row 15. K
Row 16. [K1, K2tog] 8X. (16 st.)
Row 17. K2tog 8X. (8 sts.)

Cut yarn leaving about a 7" tail. Thread yarn onto tapestry needle, pass it through the 8 sts and pull tail tight. Now you are ready to make some adornments for your plain little cap.

ADORNMENTS

Hearts. Make at least 3, but feel free to make more. With smaller needles and 2 strands of yarn, CO 2 sts.

Row 1. P2
Row 2. K1, M1, K1,
Row 3. P3
Row 4. K1, M1, K1, M1, K1
Row 5. P5
Row 6. K2, M1, K1, M1, K2
Row 7. P7
Row 8. K3, M1, K1, M1, K3
Row 9. P9
Row 10. K4, M1, K1, M1, K4
Row 11. P11
Row 12. K5, M1, K1, M1, K5
Row 13. P13

Row 14. K13

Row 15. P13

Row 16. K6, Slip 1 Kwise, K1, pass slipped st over, K5, turn

Row 17. P6, turn leaving 6 sts on needle

Row 18. SSK, K2, K2tog, turn

Row 19. P4, turn

Row 20. SSK, K2tog, pass 1st st over 2nd. Cut yarn leaving about a 20" tail to sew heart in place on hat.

Now turn to wrong side, reattach yarn at inside of heart and P6 sts still on needle, turn and repeat rows 18-20.

NOTE: These are very easy to make despite the long directions.

Sew 3 or more hearts around hat alternating with flowers as in picture or just do a bunch of hearts.

5 Petal Flowers. Make at least 4, but feel free to make more.

With smaller needles and 2 strands of Heritage held together, cast on 36 sts leaving about a 10-inch tail.

Knit 1 row. Next row, K1, *BO 6 leaving the st from the last BO on needle, rep from * to end of row.

There should be 6 sts on the needle. Cut yarn leaving another 10-inch tail. Thread the 2 tails held tog onto a tapestry needle and run the tails through the 6 sts. Pull the tails to form a ring with 5 loops/petals.

*Wrap the tails from the ctr around to back between 2 petals and push the needle up through the center securing the yarn. Rep from * to lock in each petal. Play with the flower a little to even out the petals and make it look like a flower.

Sew one flower on top of hat with tail which should be in the center of the flower. Sew 3 or more around hat alternating with hearts as in picture or just do a bunch of flowers.

Again, these are very easy despite the long directions.

I-Cord.

Work a 4-stitch I-cord as follows: With 2 of the smaller double point needles CO 4 sts,, slide the stitches to the other end of the needle and pulling the yarn across the back of the sts K the 4 sts. Again slide the stitches to the other end of the needle and pulling the yarn across the back of the sts K the 4 sts. Continue this way, sliding and knitting, until the cord is long enough to form into the shape you want to put on your hat. Bind off by knitting 2tog twice and then passing 1st st over 2nd. My heart with curly tail uses about 15" of I-cord. Another possibility is forming letters, the baby's name if it's short or just an initial or 2. Make a long I-cord for cursive letters, or lots of short ones to form block letters. Or using some green yarn, make a long I-cord and sew it around the hat in a ripple and tack flowers onto the stem in several places.

Weave in ends.