



ARTICHOKE ANKLE SOCK

Using
Cascade Heritage Sock Yarn



Designed By
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Note in my Em Dash Sock pattern that I advised that you would have enough of the Hand Painted yarn left over to make a second pair of socks. This is the second pair that I made and there was still a nice hank of yarn left to trim out another pair. I call these socks Artichoke because the pattern on the folded down cuff reminds me of an artichoke.

Materials: 1 100 gr. skein of Cascade Heritage Hand Painted Sock Yarn, Size 2 US double point needles or **SIZE REQUIRED TO OBTAIN GAUGE.**

Gauge: 7 stitches to 1 inch in stockinette stitch.

Size: This sock will fit most women. For a narrower or wider sock, go down or up one needle or stitch count can be changed in multiples of 4 after the cuff is completed.

Special Abbreviations:

L&K – Insert left needle from front to back into horizontal bar between stitches, lift the bar and knit into it **without** twisting the stitch, essentially a make one that purposely leaves a hole under the stitch.

MB – Make Bobble. K into the front back front back of stitch creating 4 sts from 1, turn and P the 4 sts, turn and K the 4 sts, turn and P the 4 sts, turn and pass 2nd, 3rd and 4th sts over the first, K the remaining st again.

W&T – Wrap and Turn. Change position of yarn from front to back or back to front, depending on whether row is knit or purl, slip next st. purlwise from left needle to right needle, wrap yarn around st and slip it back to left needle and turn to begin next row.

Artichoke Pattern: (multiple of 11 sts)

Row 1 – *P5, K1, P5, repeat from *

Row 2 (and all even rows) – Knit

Row 3 – *P2tog, P3, L&K, K1, L&K, P3, P2tog, repeat from *

Row 5 -- *P2tog, P2, L&K, K3, L&K, P2, P2tog, repeat from *

Row 7 -- *P2tog, P1, L&K, K5, L&K, P1, P2tog, repeat from *

Row 9 -- *P2tog, L&K, K3, MB, K3, L&K, P2tog, repeat from *

Row 10 – Knit

Directions:

Cast on 66 stitches. Divide the stitches so there are 22 sts on each needle. Join work in the round being careful not to twist. Work the 10 rows of Artichoke pattern 3 times, eliminating bobbles on last Row 9. K 1 more round dec'g 10 sts evenly spaced (56 sts). P 1 round for turning ridge. Rearrange sts so there are 14 on needles 1 and 3 and 28 on needle 2. Turn cuff inside out. To minimize hole that happens because you are reversing the direction of the knitting, slip last st on needle 3 to needle 1, wrap the st and slip it back to needle 3. Work 10 rows of K2, P2 Ribbing. Knit 30 rows or to desired length.

Work short row heel: Work on 28 sts of needles 1 and 3 combined, leaving 28 sts on needle 2 idle.

Row 1, K27 sts, W&T last st. Turn

Row 2, P26, W&T last st. Turn

Row 3, K25, W&T 2nd to last st. Turn

Row 4, P24, W&T 2nd to last st. Turn

Continue in this manner, W&T 1 more st. on each row before the previous wrapped st. until you have slipped and

wrapped 10 sts on each side and 8 sts remain unwrapped. You have completed the part of the heel that goes down the back of the heel and will now work the part that goes on the bottom-of-the-foot.

Row 1, K to the 1st wrapped st. and K through both the wrap and the st. W&T the next st. creating 2 wraps on that st. Turn.

Row 2, P to the 1st wrapped st and P through both the wrap and the st. W&T the next st., again making a 2nd wrap on that st. Turn

Continue back and forth, knitting or purling one more double wrapped st and W&T 1 more st. on each row until all 28 sts. have been double wrapped and then either knitted or purlled. When working the double-wrapped sts. knit or purl through the lower wrap and the st. on the needle leaving the middle wrap to form a line up the edge of the heel.

When short row heel is complete, return to the round and continue foot on 56 sts. You may want to pick up 1 or 2 sts in the gap on each side between the heel and instep and immediately knit the extra sts tog. with the sts. next to them. Work even until foot is 1-1/2" shorter than foot.

Form toe: Row 1, K across needle 1 to last 3 sts., K2 tog, K1; on needle 2, K1, SSK, K across to last 3 sts., K 2 tog., K1; on needle 3, K1, SSK, K to end of row. Row 2, K even across all 3 needles. Repeat these 2 rows 3 more times, Then work row 1 only 6 more times. Then knit the 4 sts. from needle 1 onto needle 3 (8 sts on each of 2 needles). Graft toe with Kitchener stitch or turn inside out and join with 3-needle bind off. Weave in ends.