



## **B&B SOCKS**

Using Cascade Heritage Sock Yarn



**Cascade  
Heritage  
Sock Yarn**

**Designed By  
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# B&B SOCKS

Two of my favorite sock designs are an allover basketweave pattern and a simple but elegant braided cable down the front of the cuff onto the top of the foot. I was trying to decide which of these to use when it occurred to me to combine them. No need to keep track of 2 separate patterns since they are both 8-row repeats. A match made in heaven – the basketweave and braid sock.

**Materials:** 1 100 gr. Skein of Cascade Heritage Hand Painted Sock Yarn.  
Size 2 US double point needles or SIZE REQUIRED TO OBTAIN GAUGE.  
Cable needle.

**Gauge:** 7 stitches to 1 inch in stockinette stitch.

**Size:** This sock will fit an average to wide woman's foot and a narrow to medium man's foot. For a narrower or wider sock, go down or up one needle size.

## Special Abbreviations:

C8F – slip 4 sts to cable needle, hold in front, K4 from left needle, K4 from cable needle.  
C8B – slip 4 sts to cable needle, hold in back, K4 from left needle, K4 from cable needle.  
SSK – slip 2 sts knitwise to right needle, insert tip of left needle into 2 sts and knit together through back.  
PM – place marker

**B&B Pattern:** directions inside brackets are for braid panel

Rows 1,2, 3 – P3, (K3, P5)2X, K3, PM, [P2, K12, P2], PM, (K3, P5)2X, K3, P2  
Row 4 – K22, [P2, C8F, K4, P2] K21  
Rows 5,6,7 – K2, (P5, K3)2X, P4 [P2, K12,P2], P4, (K3, P5)2X, K1  
Row 8 – K22, [P2, K4, C8B, P2], K21

## Directions:

Cast on 70 stitches. Divide the stitches so there are 20 sts on needle 1, 30 on needle 2 and 20 on needle 3. Join work in the round being careful not to twist.

First row, \*K1, K2 tog, P2, rep from \*(56 sts.) Work 11 more rows of K2, P2 ribbing.

Next row, K inc'g 3 sts evenly spaced around row. Rearrange sts so there are 15 on needle 1, 30 on needle 2 and 14 on needle 3. Work B&B pattern 8 times or until cuff is desired length. 8 repeats of pattern plus ribbed cuff will be about 7 inches.

Form heel flap: Set up row 1, K the sts from needle 1 onto needle 3 dec'g 1 st at end of row (28 sts). Set up row 2, Turn, slip 1 purlwise, P across row. Heel Flap row 1, \*slip 1 purlwise, K1, rep from \* across row. Heel Flap row 2, slip 1 purlwise, P across row. Repeat rows 1 and 2 14 more times. End with a P row.

### Turn heel bottom:

Row 1: Slip 1 purlwise, K14, SSK, K1, turn,  
 Row 2: Slip 1 purlwise, P5, P2tog., P1, turn.  
 Row 3: Slip 1 purlwise, K6, SSK, K1, turn..  
 Row 4: Slip 1 purlwise, P7, P2tog., P1, turn.  
 Row 5: Slip 1 purlwise, K8, SSK, K1, turn.  
 Row 6: Slip 1 purlwise, P9, P2tog., P1, turn.  
 Row 7: Slip 1 purlwise, K10, SSK, K1, turn.  
 Row 8: Slip 1 purlwise, P11, P2tog., P1, turn.  
 Row 9: Slip 1 purlwise, K12, SSK, K1, turn,  
 Row 10: Slip 1 purlwise, P13, P2tog., P1, turn.  
 Row 11: Slip 1 purlwise, K14, SSK. turn.  
 Row 12: Slip 1 purlwise, P14, P2tog., turn.

Form foot. K across row. pick up c. 17 sts. along the edge of the heel flap, 1 st. in each slipped edge st., and 1 or 2 sts. in gap between flap and instep to prevent a hole. With 2<sup>nd</sup> needle, K across the 30 sts. on needle 2, maintaining pattern of braid panel. With 3<sup>rd</sup> needle, pick up sts. along the other side of the heel flap to equal 1st side, then K 8 sts. from needle 1 onto needle 3. Continue to work in the round with stockinette st surrounding braid panel.

Form ankle gusset. Row 1 K across entire row, maintaining pattern of braid panel. Row 2, k across needle 1 to last 3 sts., K 2 tog, K1; K across 2<sup>nd</sup> needle maintaining braid panel, 3<sup>rd</sup> needle, K1, SSK, K to end of row. Rep. 1 and 2 rows until there are 14 sts. on needles 1 and 3. Continue on 58 sts, maintaining braid panel until foot is 1.5" shorter than foot, ending on row 2 or 6 of patte rn.

Form toe. Row 1, K across needle 1 to last 3 sts., K2 tog, K1; on needle 2, K1, SSK, K across to last 3 sts., K 2 tog., K1; on needle 3, K1, SSK, K to end of row. Row 2, K even across all 3 needles. Repeat these 2 rows 3 more times, Then work row 1 only 6 more times. Then knit the 4 sts. from needle 1 onto needle 3 (8 sts on each of 2 needles). Graft toe with Kitchener stitch or turn inside out and join with 3-needle bind off.