Paradigm Shift®
Waimea Shawl
Designed by Shannon Dunbabin

Size:
72” long x 15” tall

Materials:
- Cascade Yarns® Paradigm Shift®
  100% Mercerized Cotton
  200 g (7.05 oz) / 371 yds (340 m)
- 2 skeins of color #07 (Spring)
- US 8 (5.0 mm) knitting needles
- Yarn needle

Gauge:
16 sts x 32 rows = 4” (10 cm) in Garter stitch

Abbreviations:
BO = Bind Off  
CO = Cast On  
K = Knit  
K2tog = Knit two stitches together  
P = Purl

SI1 = Slip 1 stitch  
St(s) = Stitch(es)  
YO = Yarn Over
Set-up:  
CO 4 P 1 row.  
Row 1: Sl1, K1, YO, K to end of row. (5 sts)  
Row 2: K to last 2 sts, YO, K2. (6 sts)  
Rows 3-8: Repeat Rows 1-2 three more times. (12 sts)  
Row 9: Repeat row 1. (13 sts)  
Row 10: BO 5 sts, K to last 2 sts, YO, K2. (9 sts)  
Row 11: Sl1, K1, YO, K1, *[YO, K2tog]; repeat from * to end of row.  
Row 12: K to last 2 sts, YO, K2.  
Rows 13-18: Repeat Rows 11 & 12 three more times.  
Row 19: Repeat Row 11.  
Row 20: BO 5 sts, K until last 2 sts, YO, K2.  
Repeat Row 1-20 thirteen more times (total of 14 repeats) or until desired length is reached, ending with Row 20.  
BO all sts.  

Finishing:  
Weave in all ends and block as necessary.