220 Superwash® Sport

Kauai Beach Cowl

Designed by Laurie Beardsley
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Skill Level: Easy / Intermediate

Size: 24” circumference x 6.5” tall

Materials:
Cascade Yarns® 220 Superwash® Sport
100% Superwash Merino Wool
50 g (1.75 oz) / 136.5 yds (125 m)
MC - 1 skein of color #210 (Deep Ocean)
CC1  1 skein of color #219 (Moon Rock)
CC2  1 skein of color #238 (Angel Blue)
US 6 (4.0 mm)/24” circular knitting needle or size needed to get gauge
Stitch marker
Yarn needle

Gauge:
22 sts x 40 rnds = 4” (10 cm) in Kauai Beach Pattern st.

Abbreviations:
BO = Bind Off
CC1 = Contrast Color 1
CC2 = Contrast Color 2
CO = Cast On
K = Knit
MC = Main Color
P = Purl
Rnd(s) = Round(s)
Sl = Slip
St(s) = Stitch(es)

Kauai Beach Stitch (multiple of 4 sts):
Rnd 1: K2, *[Sl1, K3]; repeat from * to 2 sts before end of rnd, Sl1, K1.
Rnd 2: K2, *[Sl1, K3]; repeat from * to 2 sts before end of rnd, Sl1, K1.
Rnd 3: K2, *[Sl1, K3]; repeat from * to 2 sts before end of rnd, Sl1, K1.
Rnd 4: P2, *[K1, P3]; repeat from * to 2 sts before end of rnd, K1, P1.
Rnd 5: *[Sl1, K3]; repeat from * to end of rnd.
Rnd 6: *[Sl1, K3]; repeat from * to end of rnd.
Rnd 7: *[Sl1, K3]; repeat from * to end of rnd.
Rnd 8: *[K1, P3]; repeat from * to end of rnd.
Begin Pattern:
With MC, CO 132 sts. PM. Being careful not to twist your sts, join in the rnd.
Work 6 rnds in Garter st (K the odd rnds, P the even rnds).
Change to CC1. Work Pattern rnds 1-4.
Change to CC2. Work Pattern rnds 5-8.
Change to MC. Work Pattern rnds 1-4.
Change to CC1. Work Pattern rnds 5-8.
Change to CC2. Work Pattern rnds 1-4.
Change to MC. Work Pattern rnds 5-8.
Continue in this manner, changing colors every 4 rnds, until a total of 56 rnds have been worked in pattern.

Note: The last rnd worked will be Rnd 4 with CC2.

Change to MC.
Work 6 rnds Garter st.
BO in K.

Finishing:
Weave in ends and block if necessary.