Anchor Bay
Summer Breeze Cowl

Designed by
Ethel Weinberg
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Skill Level: Easy/Intermediate

Size: Approximately 30” x 6”, blocked

Materials:
- Cascade Yarns® Anchor Bay
  50% Cotton/50% Superwash Merino Wool
  100 g (3.5 oz) - 262 yds (240 m)
  1 skein, color #06 (Scarlet) shown
- US 6 circular & DPN knitting needles
- Stitch markers
- Yarn Needle

Gauge: 20 sts = 4” (10 cm) in Stockinette stitch

Abbreviations:
- BO = Bind Off
- CO = Cast On
- Dpn(s) = Double-Pointed Needle(s)
- K = Knit
- K2tog = Knit 2 stitches together
- PM(s) = Place Marker(s)
- Rnd(s) = Round(s)
- SSK = Slip 2 sts, one at a time as if to knit, to the right needle. Insert the left needle into the fronts of these 2 sts and knit them together.
- St(s) = Stitch(es)

Special Stitches:
- Cable CO: Cable Cast-On:
  Knit into the gap between the first and second sts on left-hand needle and place the knitted st onto left needle by slipping it knitwise; repeat twice.

Pattern Notes:
Make the cowl by (1) knitting an I-cord, (2) picking up sts in the I-cord and joining to work in the round, (3) working eyelet pattern, and (4) working I-cord bind-off.

Pattern Instructions:
Knit I-Cord
Step 1: CO 4 sts on DPNs.
Step 2: K 1 row; do not turn work.
Step 3: Slide sts to the other end of the needle; working yarn is now at the bottom of sts on the left-hand needle.
Step 4: K a second row, with working yarn in the back of the work.
Rep steps 3 and 4 until I-cord has 123 rows.
Step 5, BO: Slide sts to the other end of the needle and K2tog twice; slide the 2 remaining sts to the other end of the needle and K2tog; slip 1st st over 2nd st. Slip this st onto the circular needles.

**Pick Up Sts in the I-Cord and Join in the Round:**
With the needle (that is holding the single st) in the right hand, and with the I-cord to the left of the needle, insert right-hand needle through the chain in the I-cord that is next to the st already on the needle, and knit the st (2 sts on needle). Continue picking up and knitting sts in the I-cord chain until 124 sts are on the needle. (See Note 1 below).

**Note 1:** Use markers to indicate where sts are to be picked up along the I-cord. Before picking up sts in I-cord, lay the I-cord down on a flat surface, being careful not to twist. PMs in a straight line in the chains, every 10 rows or so, as a guide to indicate where sts are to be picked up.

**Work Eyelet Pattern:**
Rnd 1 (RS): K.
Rnd 2: K.
Rnd 3: *K2, k2tog, YO; repeat from * to end of rnd.
Rnd 4: K.
Rnd 5: K.
Rnd 6: K.
Rnd 7: *K2tog, YO, K2; repeat from *.
Rnd 8: K.
Repeat rnds 1-8, 4 times (32 rows).

**Work I-Cord BO:**
Step 1: CO 3 sts onto the left needle using Cable CO.
Step 2: K first 3 sts.
Step 3: SSK; 4 sts are on right-hand needle. Slip these sts back to left-hand needle.
Repeat steps 2 and 3 until 4 sts remain.
Slip these sts onto left-hand needle. K2tog twice. Slide sts back to left-hand needle; K2tog. Cut yarn, leaving a 6” tail, and thread through remaining loop and fasten.

**Finishing:**
Sew the CO I-cord edge to the BO edge.
Sew the 2 ends of the I-cord BO together.
Weave in loose ends. Wet block to open eyelets.