Cascade 220 Sport
Modern Argyle Pullover

Designed By Nancy Rieck
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FINISHED MEASUREMENTS
Chest: 32(36, 40, 44, 48, 52) inches. Options given to customize size.
Length: 15 (15, 16, 16, 17, 17) inches

MATERIALS
220 Sport 9(11, 13, 15, 17, 19) skeins
16, 24, 32 (40) inch circular needles and 1 set DPN's size 3 U.S./3.25mm
Or to gauge. Plus 2 sizes larger needle for binding off.

Notions Required: waste yarn or cable holder, markers, cable needle, tapestry needle.

GAUGE
24 sts x 32 rows = 4 inches in Stockinette (size 3 U.S./3.25mm)
Adjust needle size if necessary to obtain the correct gauge.

SPECIAL ABBREVIATIONS
M: Marker, PM: Place Marker, SM: Slip Marker, M1:(Make One) Lift st below up to LH needle and k into it, M1P:(Make One Purlwise) Lift st below up to LH needle and p into it, k1 tbl: knit into the back loop.
FC50: Front Cable Pattern, D10: Diamond Cable Pattern, 11lpc2: Work 11lpc twice, 11rpc2: work 11rpc twice.
Repeat patterns in between **

PATTERN NOTES
The Front Cable Pattern runs down the front of the pullover.
Diamond Cable Patterns follow the “raglan” lines and increases are made on each side of these patterns on odd rounds. The Diamond Cable Patterns continue down the body sides after the body and sleeves are separated.
Stockinette stitch is worked in between cable patterns.

PATTERN STITCHES
Rib Pattern (multiples of 3 knitted in the round)
Rnd 1: *K2, p1,*
Rnd 2: *K1 tbl, k1 tbl, p1,*

Front Cable Pattern (used only for 1st 3 rnds of Cable Pattern Set Up and Increases, refer to chart and key)
Rnd B: p3, k1 tbl, k1 tbl, p4, k1 tbl, p1, k1 tbl, p2, k1 tbl, p2, k1 tbl, p2, k1 tbl, p1, k1 tbl, p2, k1 tbl, p1, k1 tbl, p2, k1 tbl, p2, k1 tbl, p1, k1 tbl, p4, k1 tbl, k1 tbl, p3.

Front Cable Pattern (50 sts, refer to chart and key)
Rnd 2: p4, k1 tbl, k1 tbl, p4, k1 tbl, p1, k1 tbl, p2, k1 tbl, p2, k1 tbl, p2, k1 tbl, p1, k1 tbl, p2, k1 tbl, p1, k1 tbl, p2, k1 tbl, p2, k1 tbl, p1, k1 tbl, p4, k1 tbl, k1 tbl, p4.
Rnd 4: p3, k1 tbl, p2, k1 tbl, p4, k1 tbl, p1, k1 tbl, k1 tbl, p4, k1 tbl, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p1, k1 tbl, p4, k1 tbl, k1 tbl, p4, k1 tbl, p2, k1 tbl, p3.
**Diamond Cable Pattern** (10 sts, refer to chart and key)

**Rnd 1:** p4, c2f, p4.

**Rnd 2:** p4, k1 tbl, k1 tbl, p4.

**Rnd 3:** p3, 11rpc, 11lpc, p3.

**Rnd 4:** p3, k1 tbl, p2, k1 tbl, p3.

**Rnd 5:** p2, 11rpc, p2, 11lpc, p2.

**Rnd 6:** p2, k1 tbl, k1 tbl, p4, 11rpc2, 11lpc2, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 7:** p2, k1 tbl, p4, 11rpc, p2, 11lpc, p2, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 8:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p2, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 9:** p3, 11rpc, 11lpc, p3.

**Rnd 10:** p3, k1 tbl, p2, k1 tbl, p3.

**Rnd 11:** p3, 11rpc, 11lpc, p3.

**Rnd 12:** p3, k1 tbl, p2, k1 tbl, p3.

**Rnd 13:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 14:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 15:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 16:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 17:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 18:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 19:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**Rnd 20:** p3, k1 tbl, p4, 11rpc, p2, 11lpc, p4, 11rpc2, 11lpc2, p4, 11rpc, p2, 11lpc, p2.

**PATTERN**

With 16 inch circulars, CO 120(120, 120, 120, 138, 138) sts.

PM, being careful not to twist st, join in the round and work Rib Pattern for 1.5 inches.

**Set Up of Cable Patterns and Increases**

**Note:** FC50 starts with Rnds A, B, then C before switching to Rnds 1-20. After Rnds 1 and 2 are indicated, follow through the rest of the chart then repeat Rnds 1-20 throughout front cable area.

**Increasing will continue on the front. in the same areas as the back and sleeves.**

**Rnd 1:** SM, DC10, PM, k2, FC50 rnd A, k2, PM, DC10, PM, k1, M1, k4, M1, k1, PM, DC10, PM, k1, M1, k6, M1, k1, PM, DC10, PM, k1, M1, k4, M1, k1.

**Rnd 2:** SM, DC10, SM, k2, FC50 rnd B, k2, SM, DC10, PM, k to M, SM, DC10, SM, k to M, SM, DC10, SM, k to end.

**Rnd 3:** SM, DC10, SM, k2, FC50 rnd C, k2, SM, DC10, SM, k2, M1, k4, M1, k2, SM, DC10, SM, k2, M1, k6, M1, k2, SM, DC10, SM, k2, M1, k4, M1, k2.

**Rnd 4:** SM, DC10, SM, k2, FC50 rnd D, k2, SM, DC10, PM, k to M, SM, DC10, SM, k to M, SM, DC10, SM, k to end.

**Rnd 5:** SM, DC10, SM, k1, M1, k1, FC50 rnd 5, k1, M1, k1, SM, DC10, SM, k3, M1, k4, M1, k3, SM, DC10,
SM, k3, M1, k16, M1, k3, SM, DC10, SM, k3, M1, k4, M1, k3.

**Rnd 6 and 8:** SM, DC10, SM, k to FC50, FC50, k to M, SM, DC10, PM, k to M, SM, DC10, SM, k to M, SM, DC10, SM, k to end.

**Rnd 7:** SM, DC10, SM, k2, M1, k1, FC50, k1, M1, k2, SM, DC10, SM, k4, M1, k4, M1, k4, SM, DC10, SM, k4, M1, k16, M1, k4, SM, DC10, SM, k4, M1, k4, M1, k4.

**Rnd 9:** SM, DC10, SM, k3, M1, k1, FC50, k1, M1, k3, SM, DC10, SM, k5, M1, k4, M1, k5, SM, DC10, SM, k5, M1, k16, M1, k5, SM, DC10, SM, k5, M1, k4, M1, k5.

**Rnd 10:** SM, DC10, SM, k to FC50, FC50, k to M, SM, DC10, PM, k to M, SM, DC10, SM, k to M, SM, DC10, SM, k to end.

Your pattern is now set. You will continue to work your Front Cable and Diamond Cable Patterns, increasing around all your DC10 areas. Stockinette stitch areas will continue to increase and be worked in stockinette.

**Set of 10 Increase Rows**

**Note:** 8 sts are inc on each inc rnd.

**Rnd 1:** *SM, D10, SM, k1, M1, work to 1 st before marker, M1, k1, SM, D10, SM,; rep from * around.

**Rnd 2 and all even-numbered rnds:** Work around.

**Rnd 3:** *SM, D10, SM, k2, M1, work to 2 sts before marker, M1, k2, SM, D10, SM,; rep from * around.

**Rnd 5:** *SM, D10, SM, k3, M1, work to 3 sts before marker, M1, k3, SM, D10, SM,; rep from * around.

**Rnd 7:** *SM, D10, SM, k4, M1, work to 4 sts before marker, M1, k4, SM, D10, SM,; rep from * around.

**Rnd 9:** *SM, D10, SM, k5, M1, work to 5 sts before marker, M1, k5, SM, D10, SM,; rep from * around.

**Rnd 10:** Work around.

Rep Rnds 1–10 for inc pat.

Repeat these increase rows until you have the sts needed for each section. Some sections may stop increasing before others especially if customizing size. See Stitch Guide below.

**CUSTOM FIT NOTES**

The size of your sweater depends on how long you repeat the Increase Set of 10 Rows. (Change to larger circulars if needed.) Try your sweater on to see how long your increases need to be. Place your stitches on a piece or waste yarn long enough to give you plenty of ease. Put the sweater on and check. You can modify and check to see if you need more or less sts, more or less rows before the underarm join. You will be casting on extra sts at your body join and sleeve area, so account for this. The sleeves join several inches below your arm pit for comfortable fit.

If you have the sts you need but want it longer, stop the increases and make it longer.

**STITCH GUIDE**

**Front**
Custom options for 30(34, 38, 42, 46, 50)

**Back**
DC10, 78(84, 90, 96, 102, 108) st sts, DC10.
Custom options for 30(34, 38, 42, 46, 50)
DC10, 74(80, 86, 92, 98, 104) st sts, DC10.

**Sleeves**
66(72, 78, 84, 90, 96) st sts.
Custom Options
60 sts = 11 inches, 66 sts =12 inches, 72 sts = 13 inches, 78 sts = 14 inches, 84 sts = 15 inches, 90 sts = 16 inches, 96 = 17 inches
Divide body & sleeves
*Knit across front sts, remove marker, cast on 6 underarm sts, place left sleeve stitches on waste yarn, removing markers; rep from * across back and right sleeve sts, placing new beg of rnd marker in center of underarm sts following back.

Note: Your new CO sts will be 6 st sts in between 2 DC10 areas.
Continue working your cable patterns with st sts in between for 12(12, 13, 13, 14, 14) or 3 inches from desired length. On your last row increase 2 sts by M1 evenly spaced in your back st st area. 112(124, 136, 148, 160, 172) sts.

Work Rib Pattern for 3 inches.
With larger needles, BO all sts following rib pattern.

SLEEVES
Place sleeve sts onto DPN’s or 2 circular needles.
Pick up and knit 6 sts at join.
Work in st st in the round for 6 inches.

Decreases
(if you used the 11 inch sleeve option, follow smallest size)
Row 1: K1, k2tog, work to last 3 sts, k2tog, k1. (2 decreased)
Rows 2, 3 and 4: Knit.
Repeat these 4 rows for a total of 12(12, 12, 18, 18, 24, 24) sts decreased.
60(66, 66, 72, 72, 76) sts

Work all rounds for 8 inches or until 3 inches from desired length. Try your sweater on. This sleeve is meant to “blouse” slightly over your ribbed cuff.

On last round in your Stockinette area decrease evenly 15(21, 18, 24, 21, 25) sts by k2tog to reach 45(45, 48, 48, 51, 51) sts.

Cuff
Work Rib Pattern for 3 inches.
With larger needles, BO all sts following rib pattern.

FINISHING
With tapestry needle weave in all loose ends. Block to size.

Enjoy!

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Nancy Rieck
Summer 2011
Front Center Chart

Diamond Chart

Body: 32(36, 40, 44, 48, 52) inches in circumference

Ribbing
Neck: 1.5 inches
Body: 3 inches
Sleeves: 3 inches

Sleeves: 11-17 inches in circumference
Customized Length

Neck: 18 inches in circumference (all sizes)