220 Superwash® Sport
Hugs and Kisses Cardigan

Designed By Vera Sanon

Kid Knitting and Crochet Photo Contest
Grand Prize Winner
220 Superwash® Sport - Hearts and Kisses Cardigan
Design by Vera Sanon

This pretty cardigan is knit from the top down. It has a lovely heart panel on each front and a flared lace skirt at the bottom of the cardigan. Because of the top-down construction, the pattern can easily be adjusted for fit.

**Size:** 2 (4, 6, 8) – 22 (24, 26, 28)"

**Materials:**
Cascade Yarns 220 Superwash® Sport (100% Superwash Merino Wool) (136 yards/skein) – 3 (4, 5, 6) skeins

1 set of US # 5 (3.75 mm) –32” circular needle or needle size to obtain gauge
1 set of US # 4 (3.5 mm) - 32” circular needle
1 set of US # 4 (3.5 mm) 16” circular needle or DPN

*Optional:* 1 set of US #1 (2.5 mm) – 32” circular needle

Tapestry Needle
Stitch Markers
Scrap Yarn for holding stitches

**Gauge:** 24 sts & 34 rows = 4 inches in stockinette on larger sized needles.

**Pattern Notes:**

**Abbreviations:**
st/sts  stitch/stitches
CO    cast on
BO    bind off
PM    place stitch marker
SM    slip stitch marker
RM    remove marker
WS    wrong-side row
RS    right-side row
K     knit
P     purl
K1fb  Knit 1 st front & back (1 st increased)
K2tog knit 2 together
SSK   slip 1 st as if to K, slip 1 st as if to K, K both slipped sts
YO    Yarn over
Sl1-as if to K-K2tog-PSSO – Slip 1 stitch as if to K, K2tog, pass slipped stitch over
Sl1-Sl1- K1-PSSO – Slip 1 stitch, Slip 1 stitch, K1, pass both slipped stitches over
**M1L** (left-leaning increase) - Insert left needle, from front to back, under horizontal strand of yarn running between last stitch on left needle and first stitch on right needle; knit this stitch through back loop. 1 stitch increased.

**M1R** (right-leaning increase) - Insert left needle, from back to front, under horizontal strand of yarn running between last stitch on left needle and first stitch on right needle; knit this stitch through front loop. 1 stitch increased.

**Directions:**

For all sizes, CO 54 sts.

**Row #1:** K1; PM, K1, PM; K10; PM, K1, PM; K28; PM, K1, PM; K10; PM, K1, PM; K1

**Row #2:** P all sts

**Increase Row #1:**
- Kfb into 1st st; front
- M1L, SM, K1, SM, M1R, K to next marker; sleeve
- M1L, SM, K1, SM, M1R, K to next marker; back
- M1L, SM, K1, SM, M1R, K to next marker; sleeve
- M1L, SM, K1, SM, M1R, Kfb into last st front (64 sts on needles)

**Increase Row #2:** P all sts.

**Increase Row #3:**
- Kfb into 1st st, K to next marker front
- M1L, SM, K1, SM, M1R, K to next marker; sleeve
- M1L, SM, K1, SM, M1R, K to next marker; back
- M1L, SM, K1, SM, M1R, K to next marker; sleeve
- M1L, SM, K1, SM, M1R, K until 1 sts is left on needle, Kfb into last st front (74 sts on needles)

**Increase Row #4:** P all sts.

Repeat **Increase Row #3 & #4** one more time. (84 sts on needles)

**Next RS Row:**
- CO 16 sts at the beginning of row; K to next marker front
- M1L, SM, K1, SM, M1R, K to next marker; sleeve
- M1L, SM, K1, SM, M1R, K to next marker; back
Next WS Row:
* P1/K1 * (3 times), PM, P all sts, slipping all markers until 6 sts remain on needles, PM, * K1/P1 * (3 times)

**Important note:**
(1) The first and last 6 sts form the cardigan’s button bands. Continue working the first and last 6 sts in band pattern throughout the cardigan’s front until the bottom band.

(2) **Next RS Row – Row #1** (below), **Start working Heart Lace Pattern** from this point forward and work the heart pattern three times while simultaneously working raglan increases.

**Heart Lace Pattern** – Place markers and work heart lace pattern as follows:

**Row #1:**  
* K1/P1 * (3 times), SM, K2, PM, work next 13 sts in heart lace pattern, PM, K to next marker
M1L, SM, K1, SM, M1R, K to next marker;  -sleeve
M1L, SM, K1, SM, M1R, K to next marker;  -front
M1L, SM, K1, SM, M1R, K to next marker;  -back
M1L, SM, K1, SM, M1R, K to next marker;  -sleeve
M1L, SM, K1, SM, M1R, K until 15 sts remain to next marker,
PM, work next 13 sts in heart lace pattern, PM,
K2, SM, * P1/K1 * (3times)

**Row #2:**  
* P1/K1 * (3 times), SM, P all sts, slipping all markers until 6 sts remain on needles, SM, * K1/P1 * (3 times)

**Row #3:**  
* K1/P1 * (3 times), SM, K2, SM, work next 13 sts in heart lace pattern, SM, K to next marker
M1L, SM, K1, SM, M1R, K to next marker;  -sleeve
M1L, SM, K1, SM, M1R, K to next marker;  -front
M1L, SM, K1, SM, M1R, K to next marker;  -back
M1L, SM, K1, SM, M1R, K to lace marker, SM,
work next 13 sts in heart lace pattern, SM,
K2, SM, * P1/K1 * (3times)

**Row #4:**  
P1/K1, YO, K2tog, P1/K1 (Button Hole), SM, P all sts, slipping all markers until 6 sts remain on needles, SM, * K1/P1 * (3 times)
**Important Note:** *Continue to work a Button Hole every 10th row to cardigan’s waist band.*

**Row #5:**
* K1/P1 * (3 times), SM, K2, SM, work next 13 sts in heart lace pattern, SM, K to next marker - *front*  
  M1L, SM, K1, SM, M1R, K to next marker; - *sleeve*  
  M1L, SM, K1, SM, M1R, K to next marker; - *back*  
  M1L, SM, K1, SM, M1R, K to next marker; - *sleeve*  
  M1L, SM, K1, SM, M1R, K to lace marker, SM, work next 13 sts in heart lace pattern, SM,  
  K2, SM, * P1/K1 * (3 times) - *front*

**Row #6:**
* P1/K1 * (3 times), SM, P all sts, slipping all markers until 6 sts remain on needles, SM, * K1/P1 * (3 times)

Repeat **Row #5 & Row #6** until there are 38 (40, 41, 43) sts before the 1st raglan stitch marker. Stop working raglan increases.

**Note:**  
(1) *Don’t forget to work a WS Button Hole row every 10th row (WS row).*  
(2) *Continue working in heart shape lace pattern until there are 2 (3, 3, 3) hearts on each front.*

**Next RS Row:** * K1/P1 * (3 times), SM, K all sts until last marker, SM, * P1/K1 * (3 times)

**Next WS Row:** * P1/K1 * (3 times), SM, P all sts, slipping all markers until 6 sts remain on needles, SM, * K1/P1 * (3 times)

Repeat last two rows until raglan (armhole) measures 5 (5.5, 6, 7)°.

**Separate Sleeves & Join Front/Back:**

**Next RS Row:** * K1/P1 * (3 times), SM, K all sts until next marker; RM, K1, RM - *front*  
  Slip sleeve sts onto yarn holder; RM - *sleeve*  
  CO 5 (5, 7, 7) sts, K1, RM,  
  Continue and K all sts until next marker, RM, K1, RM - *back*  
  Slip sleeve sts onto yarn holder; RM - *sleeve*  
  CO 5 (5, 7, 7) sts, K1, RM,  
  Continue and K all sts until last marker, SM, * P1/K1 * (3 times) - *front*

**Next WS Row:** * P1/K1 * (3 times), SM, P all sts, slipping all markers until 6 sts remain on needles, SM, * K1/P1 * (3 times)  
154 (162, 170, 178) sts on needles.
Work 2 (4, 10, 12) more rows in pattern.

**Change to smaller needles:** Work 3 rows in reverse stockinette – Work 1 more button hole in row #2.

**RS Row #1:**  * P1/K1 * (3 times), SM, K all sts until button band marker, SM, * K1/P1 * (3 times)

**WS Row #2:**  * K1/P1 * (3 times), SM, K all sts until button band marker, SM, *P1/K1 * (3 times)

**RS Row #3:**  * P1/K1 * (3 times), SM, K all sts until button band marker, SM, * K1/P1 * (3 times)

**Change to larger needles:**

* P1/K1 * (3 times), K all sts until button band marker and increase 48 (46, 46, 46) sts evenly using M1L increase method, SM, * K1/P1 * (3 times)

202 (208, 216, 224) sts on needles.

**Start working Eyelet Lace Pattern ‘Skirt’:**

**Next WS Row:**  * K1/P1 * (3 times), SM, P 3 (2, 2, 2) sts, PM, * P 8 sts, PM * - repeat until 3 (2, 2, 2) sts remain before button band marker, PM, P3 (2, 2, 2), SM, *P1/K1 * (3 times)

**Smallest Size:** Please note that there is one extra stitch between the end of the button band and beginning of the lace pattern / end of lace pattern and beginning of button band. K this extra stitch in a RS row and P this extra stitch in a WS row.

**Next RS Row:**  * P1/K1 * (3 times), SM, k1, work 2 sts in lace pattern, SM, * work eyelet lace pattern repeat * 23 times, slipping all lace markers, work 2 sts in lace pattern, k1, SM, * K1/P1 * (3 times)

**All Other Sizes:**

Next RS Row: * P1/K1 * (3 times), SM, work 2 sts in lace pattern, SM, * work eyelet lace pattern repeat * --(24, 25, 26) times, slipping all lace markers, work 2 sts in lace pattern, SM, * K1/P1 * (3 times)

Repeat the 16 rows of the lace pattern 3 (4, 4.5, 5) times or until desired length (make sure to end in row # 8 or in row #16 of the lace pattern).

**Please Note:**
The lace pattern shifts in Row #9, this means that for the smallest size, there will be 2 sts before the start of the lace pattern, for all other sizes, there will be 1 st before the start of the lace pattern.
At the end of the row, for the smallest size, there will be 4 sts between the regular lace repeats and the button band sts and for all other sizes, there will be 3 sts between the regular lace repeats and the button band sts.

Continue working with larger needles for bottom border and work 5 rows in garter stitch, BO all sts loosely in next row.

**Sleeves:** (Work two)

*Note* Use magic loop method or use DPN to work sleeves in the round.

Place sleeve sts from stitch holder onto larger sizes circular needles, pick up 5 (5, 7, 7) sts along the armhole (front/back) edge and continue working sleeve in the round.

Work 5 (9, 13, 17) rows in stockinette stitch (K all sts while working in the round).

Change to smaller sized needles and work 4 rows in reverse stockinette stitch (P all sts while working in the round).

BO all sts in next row.

**Neckline:**

*Note* Optional – if you pick up sts with a small size needle such as a U.S. 1, this will give it a really nice and smooth edge.

With RS of neckline facing, pick-up 78 (84, 90, 96) sts. Work 4 rows in reverse stockinette stitch.

Row #1: K all sts.
Row #2: P all sts.
Row #3: K all sts.
Row #4: P all sts.
BO all sts in next row.

**Heart Lace Pattern:** 13 stitches & 15 Rows

Row 1: K1, K2tog, YO, K1, YO, SSK, K1, K2tog, YO, K1, YO, SSK, K1
Row 2: & even Rows: P all sts.
Row 3: K2tog, YO, K3, YO, Sl1-as if to K-K2tog-PSSO, YO, K3, YO, SSK
Row 5: K1, YO, SSK, K7, K2tog, YO, K1
Row 7: K2, YO, SSK, K5, K2tog, YO, K2
Row 9:  K3, YO, SSK, K3, K2tog, YO, K3
Row 11:  K4, YO, SSK, K1, K2tog, YO, K4
Row 13:  K5, YO, Sl1-as if to K-K2tog-PSSO, YO, K5
Row 15:  K6, YO, SSK, K5

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K on RS/P on WS
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/ K2tog
\ SSK
Δ Sl1-as if to K-K2tog-PSSO

**Eyelet Lace Pattern:** 8 stitches (plus 4 sts) & 16 Rows
**Row 1:** K2 * YO; Sl1-Sl1- K1-PSSO; YO; K5 * YO, SSK

**Row 2:** & even Rows 4, 6, 8, 10, 12, 14, 16: P all sts.

**Row 3:** SSK; YO * K3; YO, K2tog; K1; SSK; YO * K2

**Row 5:** K2 * YO; Sl1-Sl1- K1-PSSO; YO; K5 * YO, SSK

**Row 7:** K all sts

**Row 9:** K1 * K5; YO; Sl1-Sl1- K1-PSSO; YO * K3

**Row 11:** K1 * YO; K2tog; K1; SSK; YO, K3 * YO; Ktog; K1

**Row 13:** K1 * K5; YO; Sl1-Sl1- K1-PSSO; YO * K3

**Row 15:** K all sts
Finishing:
(1) **Optional:** Sew bind off edge of sleeves and neckline’s reverse stockinette stitch edging down so that it will lay “nice & rounded”.

(2) Sew on buttons.

(3) Weave in ends.

(4) Block cardigan.