



DK239

Cascade Fixation Boy Shorts



Designed by Amanda Lilley

Fixation Boy Shorts

By Amanda Lilley

Description: Boy-cut shorts were knitted in a highly stretchable fiber to conform to your body's measurements. A 6" negative ease was incorporated in the stitch count, which is given for Small, Medium, and Large sizes. Substituting yarn for this garment is not recommended. Cascade Fixation is 98.3% cotton and 1.7% elastic.

Materials: 2 (3, 3) balls Cascade Fixation in main color (#3131), 1 ball Cascade Fixation in contrasting color (#6085), 16" circular #4 needles, set of #6 double pointed needles, tapestry needle, stitch markers, five ½" buttons.

Gauge: 6 ½ sts and 10 ½ rows = 1"

Sizes: small (medium, large)

To fit around low waist (top of the shorts) 31 (35, 39)"; with negative ease the actual garment will measure 25 (29, 33)"

Abbreviations:

St, sts = stitch, stitches

K= knit; P = purl

RS= right side, WR= wrong side

MC = main color, CC= contrast color

M= marker, SM= slip marker, PM place marker

Yo= Yarn over

Tog= together

Rep= repeat

M1L= make one left: use left needle to lift horizontal strand between the two stitches that are on the needle. Lift the strand from front to back, knit into the back of the lifted strand.

M1R= Make one right: use the left needle to lift the horizontal strand between the two needles from back to front, knit into the front of the lifted strand.

W+T= slip next stitch to right hand needle, bring yarn to the front if you are working a knit row, or to the back if you are working a purl row; slip stitch back to left needle, bring yarn to back if working a knit row or to front if working a purl row, turn work.

Method of working: Use CC and circular 16" #4 needles to cast on 164 (192, 216) sts, PM, Join in the round.

Work k2, p2 ribbing for 1" Leave a tail and cut the CC yarn.

With MC cast on 3 sts onto right hand needle. K 41 (48, 54) sts, place first half-way hip marker; k 82 (96, 108) sts, place second half-way hip marker; k 41 (48, 54) sts; cast on 3 sts. Do not join. Turn work to wrong side.

Next row (WS): k6 sts, p to last 6 sts, k6.

*Buttonhole row (RS): k to last 5 sts, k2tog, yo, k3. (Work future buttonhole rows in the same manner)

Next row (WS): k6, p to last 6 sts, k6

Insert short rows: [Knit to 1 st before the second half-way hip marker, W+T, p to 1 st before the first half-way hip marker, W+T.

(Work to 5 sts before the last wrapped st; W+T.) 8 times.]

After all W+Ts have been worked continue to knit to the end of the row hiding all wraps as you come to them.*** Hiding a wrap: As you come to a wrapped stitch, lift the wrap up and onto your left needle so that it is beside the stitch it was wrapped around, knit the two stitches together through the back loop.

Next row (WS): k6, p to last 6 sts (hide remaining wraps as you come to them), k6.

Read through the following instructions completely before beginning.

Continue to work back and forth in stockinette stitch, keeping the first 6 sts and the last 6 sts in garter stitch. Work 38 more rows while at the same time inserting a *buttonhole every 7th row 1 time, and every 10th row 3 times and insert an** increase row on the 1st row and every 4th row 5(2,2) times.

**Increase row: k to 1 st before the ½ way marker, M1R, k1, SM, k1, M1L, k to 1 st before next ½ way marker, M1R, k1, SM, k1, M1L, k to end.

To help you keep track of the next 38 rows they are numbered below with a reminder of where to place buttonholes and increases. Cross the rows off as you complete them.

1 (RS) inc.	10	19	28	37 buttonhole
2 (WS)	11	20	29	38
3	12	21 inc. sm size only	30	
4	13 inc. size sm only	22	31	
5 inc.	14	23	32	
6	15	24	33	
7 buttonhole	16	25	34	
8	17 buttonhole, inc. sm size only	26	35	
9 inc.	18	27 button-	36	

Row 39 (RS): Bind off 6 sts, k to last 3 sts, PM, k3.

The marker that was just placed marks the center front of the shorts and the beginning of the round. Join in the round being sure the right placket with the buttonholes is on top of the left hand placket as you join. You should now have 3 markers: (center front/ beginning of round marker, and two half- way markers, one on each side).

Knit 10 (20, 30) rounds.

Next round: Work short rows from [to] (same as 'insert short rows' explained on pg. 2).

After all short rows have been worked, k to the end of the round ***hiding all wraps as you come to them.

Next round: hide remaining wraps as you come to them. K to 1st side marker, SM, k47 (51, 57) sts., PM to mark center back of shorts, k to end of round.

Begin crotch shaping: k1, M1L, k to 1 st before center back marker, M1R, k1, SM, k1, M1L, k to last st, M1R, k1.

Knit 1 round.

Next round: k2, M1L, k to 2 sts before center back marker, M1R, k2, SM, k2, M1L, k to last 2 sts, M1R, k2.

Knit 1 round. Next round: k3, M1L, k to 3 sts before center back marker, M1R, k3, SM, k3, M1L, k to last 3 sts, M1R, k3.

Knit 1 round.

Next round: k4, M1L, k to 4 sts before center back marker, M1R, k4, SM, k4, M1L, k to last 4 sts, M1R, k4.

Knit 1 round.

Next round: k5, M1L, k to 5 sts before center back marker, M1R, k5, SM, k5, M1L, k to last 5 sts, M1R, k5.

Knit 1 round.

Next round: k6, M1L, k to 6 sts before center back marker, M1R, k6, SM, k6, M1L, k to last 6 sts, M1R, k6.

Knit 1 round.

Next round: k7, M1L, k to 7 sts before center back marker, M1R, k7, SM, k7, M1L, k to last 7 sts, M1R, k7.

Knit 1 round.

Large size only: k8, M1L, k to 8 sts before center back marker, M1R, k8, SM, k8, M1L, k to last 8 sts, M1R, k8.

Knit around until the length of the front and the length of the back combined equal 19 (22, 25)"

Place the 14 (14, 16) crotch sts at the center front marker and the 14 (14, 16) crotch sts at the center back marker onto a length of scrap yarn; to do so take 7 (7, 8) sts from either side of the front and back markers (remove the markers).

Legs

Each leg is formed from $\frac{1}{2}$ of the back- side sts and $\frac{1}{2}$ of the front sts. As you work the first leg place the sts for the second leg onto scrap yarn and keep the sts for the first leg to be worked on your 16" circular needle.

The inside of the leg marks the beginning of the round.

Leaving a 10" tail, cut the MC.

Attach CC and knit around leg sts, PM, join in the round.

Next round: k1, *kfb, rep* around

Next round: knit

Use #6 needle to loosely bind off all sts.

Place the second leg sts onto 16" circular and work the same as the first leg.

Place the front crotch sts onto a double pointed needle, place back crotch sts onto another double pointed needle; use the Kitchener st to graft sts together.

Sew the placket into place. Weave in ends and attach buttons.

Enjoy