



DK221

Cascade 220 Sport  
Northern Lights Stockings



Designed By Linda Voss Plummer



When chart is finished, work 5 rows stockinette in Color A. Work 1 purl rnd, then 14 more rows in st. The purl row is the turning row which will become the top of the stocking. The next 14 rows start the inside of the leg.

*Leg:*

Wrong side of cuff faces you, you will be working the right side of the leg. Therefore, when you turn the cuff down, both right sides face you. If this seems confusing, just *do* it and the light bulb will come on!

On last rnd, k to marker, sl m, wrap and turn as follows: When one st remains, bring yarn to front, slip next st, take yarn to back, turn work so that wrong side faces you. Slip marker back to left needle. Knit 1 rnd. Change to Color C and work in st st until leg measures 10" from purl rnd. At marker, change to Color B. Knit one rnd. On second rnd, knit until 18 sts before marker. The next 36 sts will be the heel sts.

Heel: If you are using 2 circs, divide the sts (36 on each) evenly on the two needles. If using dpns, arrange half the sts on one needle (which will be heel needle) and divide the rest of the other 2. For magic loop, you will have half of the sts on each side. The side with the marker in the middle will be the heel side.

You will be working back and forth on the heel sts, the others will just be waiting (instep sts).

*Heel Flap:*

*Working only heel sts., and working back and forth,*

Row 1: (rs) K into back of first st, \*sl 1 pwise with yarn in back, k1\* repeat to last st, bring yarn to front and slip st pwise.

Row 2: k into back of first st, p to last st, (yarn will already be in front) and slip st pwise.

Repeat these two rows for a total of 18 rows, ending having worked a purl row. *Turning heel:*

On heel needle, knit half of sts plus one. K2tog, k1, turn.

Slip first st pwise, p3, p2tog, p1, turn.

Row 1: Sl 1 pwise, k to one st before gap, k2 tog, k1, turn.

Row 2: Sl1 pwise, p to one st before gap, p2tog, p1

Repeat these two rows until you come to outside sts on each side.

*Gussets:*

You will now join in the round. With right side facing, knit across heel. With same needle, pick up and knit slipped sts along edge of heel flap. There should be 8 sts, but pick up sts in corner if necessary to avoid a hole.

The marker will now define beginning of rounds, even though it is in the middle of a needle.

Join these stitches in the round with the instep sts and knit every row until foot measures 8." Decrease for toe: K 6 k2 tog. k 5 rnds. K 5 k2tog, k4 rnds, k4, k2 tog, k 3 rnds, k3, k2tog, k1 rnd, k2, k2tog, k1 rnd, k1, k2, tog, k 2tog all the way around. Break yarn, pull through remaining sts and fasten off.