



DK192

Cascade Fixation  
Cabled Headband



Designed by Susie Bonell

# Fixation Cabled Headband

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Materials: Cascade Yarns Fixation: approx ¾ oz. #3611  
Size 7 double pointed needles  
Yarn needle

Size: 1 ¾" wide by head measurement

C6B: sl 3 sts to cable needle and hold in back of work, K3 sts, K 3 from cable needle.

C6F: sl 3 sts to cable needle and hold in front of work, K3 sts, K 3 from cable needle.

### Pattern Stitch

Row 1: K2, P1, K9, P1, K2.

Row 2,4 & 6: K3, Purl 9, K3

Row 3: K2, P1, C6F, K3, P1, K2.

Row 4: Same as row 2

Row 5: K2, P1, K9, P1, K2.

Row 7: K2, P1, K3, C6B, P1, K2.

Row 8: K3, P9, K3.

Repeat 8 rows for pattern.

Cast on 15 sts.

Begin pattern stitch and work until band fits around head when stretched comfortably and bind off.

Sew ends together and weave in end.