128 Superwash
Post and Rail Cowl

Designed By Betty Balcomb
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This cowl combines two of my favorite design elements, 2 colors worked with slipped stitches rather than stranding and the wonderful 128 Superwash with its perfect weight and rich colors. Because the cowl is worked in the round color can be changed every single row to make lovely thin stripes.

Materials: 2 100 gram skeins of Cascade 128 Superwash yarn. Colors must have a sharp contrast. Pictured cowl colors are #841 and #856. Size 10 needles, 24 inch circular or size required to obtain gauge. Marker.

Gauge: 7 stitches per 2 inches in Stockinette stitch. BE SURE TO CHECK GAUGE!!

Size: about 27 inches around and 13 inches deep.

DIRECTIONS:

With darker color, CO on 108 sts. Place marker and join in the round being careful not to twist sts. Work 1 row of K2, P2 ribbing, attach light color and continue in K2, P2 ribbing for 5 more rows, changing color on every round. Begin pattern.

Pattern: Continue changing color on every round. You will have thin Rails of dark and light with Posts of the light.
Row 1 – With light, Knit to end of row.
Row 2 – With dark, *K5, Slip 1 with yarn in back, repeat from * to end of row.
Rows 3 thru 8, repeat rows 1 and 2.
Row 9 – With light, Knit to end of row.
Rows 11 thru 16 – Repeat rows 9 and 10.

NOTE: This pattern as written will only work in the round. Do not use these directions to knit something back and forth. It is not possible to get single row stripes when working flat without starting new yarn on each row.

Repeat rows 1 to 6 3 more times or to desired depth. (Pictured cowl is about 13 inches when cowl is slightly stretched.) Work row 1 only. Work 6 rows of K2, P2 ribbing, continuing to change colors on every row.

Bind off loosely. Weave in all ends.