Luminosa

Lusciousness Cowl

Designed by
Ethel Weinberg

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Skill Level:
Easy/Intermediate

Size (Blocked):
21" top circumference
22¾" bottom circumference
8" height

Materials:
Cascade Yarns® Luminosa
52% viscose/44% baby alpaca/4% wool
100 g (3.5 oz) / 240 yds (220 m)
1 skein color #02 (Tiger’s Eye)
1 skein color #10 (Blue Topaz)
US 9 (5.5 mm) circular knitting needles or
size required to obtain gauge
Stitch Marker
Yarn needle

Gauge:
16 sts = 4” (10 cm) in Stockinette stitch

Abbreviations:
Bo = Bind Off
CC = Contrast Color
K = Knit
MC = Main Color
P = Purl
PM = Place Marker
Rnd(s) = Round(s)
St(s) = Stitch(es)

Pattern Stitches:
2-color Cast On:
Make a slip knot with MC (Blue Topaz) and CC (Tiger’s Eye) and place on the needle. With MC on thumb and CC on forefinger, then use the Long-Tail Cast On to needle. The slip knot does not count as a st. Once all the sts are CO, drop the slip knot from the needle.

Note: Latvian braids are 2 purl rnds (1 rnd is left-leaning and the other right-leaning). To avoid weaving extra loose ends, carry yarn up the inside of the cowl when changing colors rather than cutting yarn.

Pattern:
Use the 2-Color CO, CO 100 sts.
Drop the slip knot from the needle, PM, and join in the rnd being careful not to twist the sts.

Ribbing:
Rnds 1-4: With MC, *[K2, P2]; from * to end of rnd.
Main Pattern:
Rnds 5-6: With CC, Knit to end of rnd.
Rnds 7-8: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.
Rnds 9-10: With MC, Knit to end of rnd.
Rnd 11: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.

Note: On Rnds 12 and 31, make sure when switching yarns, yarn for next st is wrapped over the yarn used for previous st creating left-leaning sts.
Rnd 12: Bring both yarns to front of work as if to purl. *[P1 CC st on needle with CC, P1 MC st on needle with MC]; repeat from * to end of rnd.

Note: On Rnds 13 and 32, make sure when switching yarns, yarn for next st is wrapped under the yarn used for previous st creating right-leaning sts.
Rnd 13: Bring both yarns to the front of work as if to purl. *[P1 CC st on needle with CC, P1 MC st on needle with MC]; repeat from * to end of rnd.
Rnds 14-15: With MC, Knit to end of rnd.
Rnds 16-17: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.
Rnds 18-19: With CC, Knit to end of rnd.
Rnds 20-23: With CC, K to end of rnd.
Rnds 24-25: With CC, Knit to end of rnd.
Rnds 26-27: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.
Rnds 28-29: With MC, Knit to end of rnd.
Rnd 30: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.
Rnds 31: Bring both yarns to front of work as if to purl. *[P1 CC st on needle with CC, P1 MC st on needle with MC]; repeat from * to end of rnd.
Rnd 32: Bring both yarns to the front of work as if to purl. *[P1 CC st on needle with CC, P1 MC st on needle with MC]; repeat from * to end of rnd.
Rnds 33-34: With MC, Knit to end of rnd.
Rnds 35-36: *[K1 with CC, K1 with MC]; repeat from * to end of rnd.
Rnds 37-38: With CC, Knit to end of rnd.

Ribbing:
Rnds 39-42: With MC, *[K2, P2]; from * to end of rnd.

Finishing:
Next Rnd: Using the Basic Knit BO, work with MC and CC held together, and BO loosely. This non-stretchy BO creates a neckline top that is more closely fitted than the bottom CO edge.
Weave in all ends.
Damp block to measurements as necessary.