



Cascade Greenland
Happy Feet



Designed by
Betty Balcomb

CASCADE GREENLAND HAPPY FEET

Designed by Betty Balcomb

Greenland yarn is the perfect choice for a quick and easy pair of foot warmers to wear while curled up knitting, reading and/or watching TV. Especially when worked in ribbing, Greenland creates a wonderfully spongy fabric that hugs and cuddles. Add a little Heritage to the toes and cuffs for a bright bit of contrast.

Materials: 1 100 gram skein of Cascade Greenland. Pictured slippers are color #3512. 1 100 gram skein of Cascade Heritage Paints. Pictured slippers are color #9883. (There will be enough Heritage left over for a pair of socks or mittens.) Size 9 needles any type for foot, size 7 double point needles for cuff, size 7 any type for daisies, or size required to obtain gauge. Tapestry needle. Markers.

Gauge: 4 sts/inch in stockinette stitch. **BE SURE TO CHECK GAUGE!!**

Sizes: directions are for a woman's S(M, L). If only one number is given it applies to all sizes. Picture slippers are M and fit a woman's shoe size 7 to 8. Small fits 5-6 and large 9-10, the pattern is easy to adjust up or down for any foot size, the only direction that really changes is the length to the toe cap.

DIRECTIONS

With Greenland yarn and size 9 needles, cast on 41 sts.

Row 1: K2, *P1, K1, rep from * to last st, K1

Row 2: P2, *K1, P1, rep from * to last st, P1

Repeat rows 1 and 2 until piece measures 7-1/2(8, 9-1/2) inches. **NOTE:** This will look small/short, but the finished slippers have quite a bit of stretch and you want them to fit a little snug.

Form toe top:

Row 1: K20, K2tog, K19

Row 2: P

Row 3: *K3, K2tog, rep from * (32 sts)

Row 4: P

Row 5: K

Row 6: P

Row 7: Change to 3 strands of Heritage held together. To get 3 strands, measure off a strand that is a generous 6 yards, add this to one strand pulled from each end of the ball. *K2, K2tog,

rep from * (24 sts) Do not be daunted by holding 3 strands together, it is a breeze and that touch of color on the toe is well worth it.

Row 8: P

Row 9: *K1, K2tog, rep from * (16 sts)

Row 10: P

Row 11: *K2tog, rep from * (8 sts)

Row 12: P2, P2tog, P1, P2tog, P1 (6 sts).

Cut yarn leaving about a foot-long tail. Thread tail onto tapestry needle, run tail through 6 sts and pull tight.

Fold slipper in half lengthwise with wrong sides tog. Sew up heel using cast on tail. Measure 5 inches in from heel seam on each side and mark these spots. Sew instep/top-of-foot from tip of toe to the 5-inch markers.

With smaller size dpns and just 2 strands of Heritage held together, pick up and knit 44 sts around top (22 on each side). Place marker and join to work in the round. Work K2, P2 ribbing for 3 inches.

Ruffle bind off: K1, M1, pass 1st st over 2nd (1 st bound off), *K1, pss0, M1, pss0, rep from * to end.

5 Petal Flowers to decorate toes. Make at least one for each slipper, but feel free to make more.

With smaller needles and 2 strands of Heritage held together, cast on 36 sts leaving about a 10-inch tail. Knit 1 row. Next row, K1, *BO 6 leaving the st from the last BO on needle, rep from * to end of row. There should be 6 sts on the needle. Cut yarn leaving another 10-inch tail. Thread the 2 tails held tog onto a tapestry needle and run the tails through the 6 sts. Pull the tails to form a ring with 5 loops/petals. *Wrap the tails from the ctr around to back between 2 petals and push the needle up through the center securing the yarn. Rep from * to lock in each petal. Play with the flower a little to even out the petals and make it look like a flower. Sew to toe of slipper with tail which should be in the center of the flower. These are very easy despite the long directions. You will probably be making these little flowers to stick on all sorts of places!