Cascade 128 Superwash
Weskit Vest

Designed by
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When I was in junior high, back in the days of school dress codes, one of the trendy styles was an outfit of a wool plaid skirt paired with a matching short pullover vest worn over an oxford cloth shirt. We called the vest a Weskit. I was reminiscing about those clothes and how cool I felt wearing them when I designed this sweater vest. The weskit works up quickly and easily with Cascade’s wonderful 128 superwash, a lovely soft bulky yarn.

**Materials:** 4(4, 5) skeins of Cascade 128 Superwash Yarn, Pictured weskit is color #867. Size 10 16” and 29-36” needles and size 10-1/2 29-36” circular needles OR NEEDLES REQUIRED TO OBTAIN GAUGE. Stitch holders, cable needle.

**Gauge:** 14 stitches to 4 inches in stockinette stitch on larger needles.

**Sizes:** small(medium, large). Pictured weskit is small. Instructions are for small with changes in parentheses. If only one instruction is given, it applies to all sizes.

**Measurements:**
- Bust: 38”(40”, 42”)
- Length: 23”(24”, 25”)

**Glossary:**
- **C4B** – Slip 2 sts to cable needle, hold in back, K 2 sts from left needle, K 2 sts from cable needle
- **C4F** – Slip 2 sts to cable needle, hold in front, K 2 sts from left needle, K 2 sts from cable needle
- **C8B** – Slip 4 sts to cable needle, hold in back, K 4 sts from left needle, K 4 sts from cable needle
- **PM** – place marker

**Directions:**

**NOTE:** The weskit starts with 2 separate balls of yarn, worked back and forth on 2 separate pieces of fabric. These are NOT back and front, they are left side and right side. After a few rows they will be joined into a single piece worked in the round until the armhole shaping. Then the garment will be finished first back and then fronts. I recommend reading the entire directions before beginning and then reading the entire back and front directions before beginning each of them. You will be doing things AT THE SAME TIME.
**Lower body:** Using separate balls of yarn and 29-36” smaller needles, CO 70(74, 78) sts 2 times. Working each set of sts separately, work 3 rows of seed stitch. Rows 1 and 3 are K1, P1 across row ending Kl. Row 2 is P1, K1 across row ending P1. Change to larger needles and set pattern. Row 1 – K4, P2, K26(28, 30), P1, K4, P1, K26(28, 30), P2, K4 across each set of sts. Row 2 – P4, K2, P26(28, 30), K1, P4, K1, P26(28, 30), K2, P4 across each set of sts. Repeat rows 1 and 2 working a C4B on the middle 4 stitches on 3rd row (not counting seed st) and then every 4th row. These 4-stitch cables will form the side seams. Continue until both pieces measure 3” ending with a wrong side row. On the last row, stop while there are still 4 sts on the left needle. Join pieces into the round on the next row as follows. Slip the 4 sts remaining on the right needle onto a cable needle and hold in back, K4 from left needle, K4 from cable needle (this is a C8B and sits in the middle of the back), continue in pattern until 4 sts before end of first piece, work another C8B joining the 2 pieces together again and forming the middle front. Place a marker to indicate which is the back. Your 140(144, 146) sts should now be joined in the round. Continue working in the round, maintaining pattern as established by working C4Bs at each side seam every 4th row and working C8Bs at center of front and back every 6th row. This means keeping track of 2 sets of numbers at the same time, but it soon becomes obvious and easy. Continue in the round until garment measures 13”(14”, 14-1/2”) from cast on edge.

**Back:** On next row divide for back and fronts. Work in pattern to the middle of the first 4-stitch cable. Place the front 70(74, 78) sts onto a holder starting and ending at the middle of the 4-stitch cables. Working on the 70(74, 78) sts which contain the marker for the back and working the C8B in the center every 6th row, BO 4 sts at the beginning of the next 2 rows. Decrease 1 st at each side on the next 3 right side rows, by working an SSK 1 st in from right edge and K2tog 1 st before end of left edge, 56(60, 64) sts remain. Work even, continuing to work C8B at center back every 6th row until back measures 23”(24”, 25”) from cast on edge. K15(16, 17), BO center 26(28, 30) sts, K15(16, 17). Place the shoulder sts on holders for later joining to fronts with 3 needle bind off.

**Fronts:** Place 70(74, 78) sts from holder onto needles. BO 4 sts at beginning of row and work in pattern to middle of C8B. Join new ball of yarn and work in pattern to end of row. Working both sides at once and being careful to keep sides separate, BO 4 sts at the beginning of the next row and 1 st each side at armhole edges 3 times as on back. AT THE SAME TIME, form V-neck by working decreases on each side of neck edge by doing a K2tog 2 sts before the purl sts before the neck edge cable and an SSK 2 sts after the purl sts after the neck edge cable, every other row 4 times and every 4th row until there are 15(16, 17) sts on each side. AND ALSO AT THE SAME TIME, work a C4B at the left neck edge and a C4F at the right neck edge every 4th row. (Note that the cables fall at the edges of the neck sides and form the neck border, no need to come back and pick up stitches to create a neck border later.) Continue until fronts measure 23”(24”, 25”) from cast on edge or same length as back. Join shoulders with 3-needle bind off.
**Armhole borders:** Using 16” smaller needles, with right side facing, beginning at center of either armhole, pick up and knit 1 st in each of the bound off sts and 1 st in 2 out of every 3 rows up one side and down the other ending with 1 st in each of the other set of bound off sts. The number of sts doesn’t matter so long as it is an odd number and the sides are 1 stitch off of being the same (to allow for the odd number of stitches). PM and join in the round and work 3 rows of seed stitch. Bind off reasonably loosely. Work second armhole to match.

**Finishing:** No sewing needed just weave in ends, closing up small holes at underarm as you weave in the nearby tail.